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The Bay Area’s Best Outdoor Workout Spots
Following two years of uncertainty spurred by the pandemic, there’s finally light at the end of the tunnel as some long-established community programs and services fully reopen and others make their debut during a new era of in-person — and virtual— activities. To help residents in Menlo Park, Atherton, Woodside and Portola Valley reconnect with one another and their communities, Info Menlo 2022 highlights the many different opportunities now available in which to participate and explore the area and shines a spotlight on some of the people who are creating positive change beyond their neighborhoods.

From the return of in-person theater performances, concerts and the May Day parade to the opening of a new Chinese cultural club, this issue of Info Menlo 2022 looks at where we are two years after the start of the pandemic and aims to capture what it means to be part of this community and the greater Midpeninsula.

Inside, you will find key resources and data needed to connect with neighborhood leaders, reach out to your city and school leaders, find resources, participate in the community or find advocates for seniors and those in need.

In addition to Info Menlo, you can visit AlmanacNews.com to stay up to date on local news. Subscribe to Express, a daily newsletter, and have the news delivered right to your inbox. Or check out Weekend Express, emailed on Thursdays, for the scoop on arts and entertainment. Both are free: sign up at AlmanacNews.com/express.

If you’ve got suggestions for next year’s Info, please email editor@almanacnews.com. We appreciate your feedback.

Linda Taaffe, John Bricker
Info Menlo editors

On the cover: Scenes from life in the Menlo Park area. Photos by Magali Gauthier, Michelle Le, Natalia Nazarova, Veronica Weber, and courtesy All Five. Photo illustration by Douglas Young.

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Bay Laurel Dr, Menlo Park • Offered at $7,250,000

Heather Dr, Atherton • Offered at $12,800,000

Reservoir Road, Atherton • Offered at $6,750,000
With the Santa Cruz Mountains on the west and the San Francisco Bay on the northeast, the Midpeninsula’s location provides plenty of opportunities to get outdoors and explore all nature has to offer within minutes of downtown. From day excursions on the boardwalk at the Baylands to overnight trips in the redwoods to freshwater fishing in the foothills, it’s possible for residents to escape the urban pace daily, year-round if they choose.

For those looking to explore the outdoors and some of nature’s unique offerings in the greater Menlo Park, Atherton, Woodside and Portola Valley area, here are four ways to get started. For a full list of nature preserves, parks and outdoor recreational offerings, see Open Space in the Info Resource Guide on page 30.

**CALIFORNIA KING TIDES**

**DEC. 23-24 | JAN. 21-22, 2023**

The Palo Alto Baylands Nature Preserve provides visitors the perfect place to witness the exceptionally high and low tides that only happen a few days each winter when the Earth, sun and moon align, creating a gravitational pull on the ocean. These tides, known as king tides, can rise above 9 feet — or about 2 feet higher than the average tide — causing flooding in parts of the Baylands. They also may force some rare birds out of hiding, making it more likely to see things you don’t normally observe in the marshland. “It’s an exciting time to look for endangered species,” Palo Alto naturalist Corinne DeBra said about the king tides. The annual phenomenon attracts more than 1,000 visitors to the baylands.

Here’s how to see the king tides at the Palo Alto Baylands Nature Preserve:

**GUIDED WALKS**

[Environmental Volunteers](evols.org)

During the king tides, the non-profit Environmental Volunteers leads free interpretive walks through the baylands that stop at sites that provide the best views to admire the higher-than-normal tides and learn about tidal systems. Trained volunteers explain what king tides are, how they affect the marsh and point out species, such as egrets, ducks and sparrows.

**If you go on your own ...** Make sure to stop at the Environmental Volunteers EcoCenter (2560 Embarcadero Road), where the king tides are most notable. The water comes up past the banks and floods the path leading to the building. Remember to wear waterproof shoes.

To find the best viewing times, see a tide map with high tide and heights at [bit.ly/KingTide23Map](http://bit.ly/KingTide23Map). For a quick guide to some common wildlife at the Baylands, go to [inaturalist.org/guides/431](http://inaturalist.org/guides/431).

If you want to help document the king tides ... Take and share photos of the shoreline with the California Coastal Commission, which is documenting changes to help experts predict how the baylands may look in the future as marsh plants lose their habitat due to sea level rise.

For more information about the California King Tides Project, go to [coastal.ca.gov/kingtides](http://coastal.ca.gov/kingtides).

If you can’t make it to see the king tides ... Explore the flora and fauna at the 1,940-acre preserve anytime of the year. The Baylands...
is home to a unique mixture of tidal and freshwater habitats and serves as a major migratory bird stopover on the Pacific Flyway. Stop by the Lucy Evans Baylands Nature Interpretive Center (2775 Embarcadero Road), which features exhibits about the Baylands and hosts walks and other activities.

**SPRING WILDFLOWERS**

**MARCH, APRIL, MAY**

Native wildflowers are the harbinger of spring along the Midpeninsula as blooms make their annual debut, carpeting local hillsides in a vivid color palette not seen the rest of the year. While local preserves are home to hundreds of wildflower species that flower from early spring all the way through the later winter months, March, April and May bring the highest frequency and diversity of blooms — and plenty of opportunities to enjoy the grasslands in full color. The area’s serpentine soil, a geological and ecological phenomenon steeped in tectonic activity over millions of years, supports the annual flower showing. This soil, composed primarily of serpentinite, is so toxic and depleted of common soil nutrients that only a few species of plants can survive in it. “Weeds and other invasive plants have a hard time in this soil. And, as a result, what remains are the native flowers that have evolved with it,” said Matt Dolkas of the Peninsula Open Space Trust.

Here’s where to see spring wildflowers in and around the greater Menlo Park area:

**GUIDED WALKS**

**Edgewood Park and Nature Preserve, Redwood City**

Docents from Friends of Edgewood (friendsofedgewood.org) lead 3-mile leisurely walks starting at the Bill and Jean Lane Education Center at Edgewood County Park and Nature Preserve (10 Old Stage Coach Road) on Saturday and Sunday mornings from early March through June. The preserve’s serpentine soil nurtures special natives: Look for chick lupine and purple coyote mint that is limited to California. Western monarchs love to feed off this native’s pollen, so keep an eye out for this butterfly species that is experiencing an unexpected resurgence, thanks in part to backyard gardeners who make a point to propagate natives.

**If you go on your own ...** Wildflowers can be viewed at more than a dozen preserves and trails in the area. The Midpeninsula Open Space District’s website (bit.ly/MROSDWildflowers) includes a comprehensive list of places where residents can hike on their own to view spring blooms.

**For those interested in identifying wildflowers along these hikes, download the district’s wildflower guide (bit.ly/HowtoidentifyWildflowers).**

**If you’re looking for a relatively easy excursion ...** Head to Palo Alto’s Pearson-Arastradero Preserve (bit.ly/ArastraderoPreserve), which has more than 10 miles of trails easily accessible off Interstate Highway 280 (1530 Arastradero Road, between Page Mill and Alpine roads). The Arastradero Creek Trail is a relatively easy, one-way 1.44-mile trail with moderate hills. Enter from Foothills Nature Preserve and pass the lake before making the hike uphill. The gravel and dirt trail is nice and wide in most locations. There’s little shade, so go early in the season for the best showing and to avoid the heat. Lots of sky lupines and California poppies are visible from various spots along the route. The park is open 8 a.m. until sunset.

**If you’re looking for a more challenging excursion ...** Head to Russian Ridge Open Space Preserve (Skyline Boulevard and Page Mill / Alpine Road). There are lots of trail options at this 3,000-acre preserve. For the most bang for your buck, start at the Ridge Trail where Page Mill Road and State Route 35 meet on the northwest corner. Take the trail to the top of Borel Hill and soak in the 360-degree view. Continue to the Ancient Oaks and Charquin trails for a full 5.7-mile loop. Varied topography allows for shade- and sun-loving wildflowers to grow under oaks and fallen trees and out in the open. All of the grassland trails, including the loop listed above, offer lots of wildflower-viewing possibilities. Hikers might spot vibrant red Indian paintbrush or white Fernald’s Iris on sloping sunny hillsides. Look for western houndstongue, which is part of the borage family and thrives under the shade of oak trees. The park is open a half-hour before sunrise to a half-hour after sunset.

**CAMPING**

**MAY-OCTOBER**

Peninsula residents looking for an overnight getaway in the great outdoors don’t have to travel far. The area is home to thousands of acres of city, county and state parks, some of which offer tent camping. Here’s where to camp less than 15 miles from downtown Menlo Park:

**Foothills Nature Preserve after dark**

Towle Campground is located in the 1,400-acre Foothills Nature Preserve (11799 Page Mill Road, Palo Alto) about 8.5 miles southwest of downtown Menlo Park. After being exclusive to Palo Alto residents for more than five decades, the preserve opened its gates to the general public in December 2020. Campers from beyond Palo Alto now have access to 15 miles of hiking trails, three ecosystems (chaparral, oak woodland and grasslands), redwood groves, streams, rare native plants and a variety of wildlife, including bobcats, mountain lions, wild turkeys and deer. The preserve includes picnic areas, an artificial turf recreation area and a man-made lake for fishing and non-motorized boating. Each

Continued on page 8

Lupine and poppies are among the native wildflowers that bloom each spring at Arastradero Creek Trail. Courtesy Peninsula Open Space Trust.
If you want to camp in the redwoods ... Book a reservation at Toyon Campground in Huddart Park (1100 Kings Mountain Road, Woodside) May-October. Toyon Campground includes three areas set in a dense forest of redwood, madrone and oak located about 9.3 miles from downtown Menlo Park. Campers can explore miles of hiking and equestrian trails that wind through forested slopes, steep canyons and a redwood forest in the 900-acre park. The area also features barbecue pits, a playground and grassy meadows. Reservations must be made at least two days in advance. Sites are $40 per night and available May-October.

If you want to backpack overnight anytime of the year ... Hike to Black Mountain Backpack Camp in Monte Bello Preserve (4301 Page Mill Road, Los Altos), open year-round. Black Mountain Backpack Camp (bit.ly/BackpackCampBrochure) is the only campsite located in the Midpeninsula Open Space District. Located about 14 miles from downtown Menlo Park, the camp often serves as the first stopping place for backpackers wishing to hike from the valley to the coast. Campers can explore 3,436 acres of rolling grasslands and dense creekside forests. The preserve is noted for its rich wildlife and diverse ecosystem. The camping area itself features vistas with sweeping views of Santa Clara Valley. The campground is a 1.5-mile hike from the Page Mill Road parking lot and includes a 500-foot uphill climb. Four single campsites and one group site are available for one- or two-night stays throughout the year. A permit is required, and there is a $2 fee per camper, per night.

Fishing

YEAR-ROUND

The Midpeninsula provides opportunities for locals to cast a fishing line in freshwaters in the foothills on the west or from a pier over the San Francisco Bay on the northeast. Depending on the season, one can catch anything from spotted and striped bass, catfish, bat rays and leopard sharks to white sturgeon. Here’s where to go for a day of fishing along the Midpeninsula:

Boronda Lake

Located near the main entrance of Foothills Nature Preserve (11799 Page Mill Road), Boronda Lake allows freshwater fishing from its small public dock, as well as from small, non-motorized boats. This small lake reaches about 10 feet at its deepest point. Fishing is permitted year-round, but according to fishing enthusiasts, spring and early summer tend to be the best times to reel in a catch. The most popular species caught here are large-mouth bass, red-ear ed sunfish, crappies, channel catfish and spotted bass (see fish guide: bit.ly/3pVFFjw). Park staff ask visitors to practice catch-and-release of large fish to maintain the brood stock. All anglers age 16 and over must have a California Sport Fishing License. Canoes are available for rent on the weekends and holidays from May-October. There’s a $6 vehicle entrance fee.

If you’re interested in fishing on the dock of the bay ... The Dumbarton Fishing Pier in Don Edwards San Francisco Bay National Wildlife Refuge (2 Marshlands Road, Fremont) is located directly beneath the Dumbarton Bridge, which spans from East Palo Alto to Fremont. The pier is open year-round, but winter and spring bring a greater variety of fish, according to fishing enthusiasts on pierfishing.com/dumbarton-pier. Common species caught here include bat rays, leopard sharks, white sturgeon, striped bass and shiner surfperch. No license is required to fish from the public pier. Check in advance to make sure the road leading to the pier is not closed during bird-nesting season, April to August.

If you’re interested in fishing while listening to live music ... Head over to the Port of Redwood City (460 Seaport Court, Redwood City) on Sundays during the spring for the port’s free “Rock the Dock” concert series, which is held near the entrance of the newly upgraded concrete fishing pier. The public pier features grate flooring to enable visitors to see down to the water below and includes informational signs on the types of fish living in the bay. Common species caught here include leopard sharks, white sturgeon, jack-snel, striped bass and bat rays. The pier is open 24 hours. No fishing license is required.

Check the concert schedule at redwoodcityporto/events.

— Information compiled by Linda Taaffe and John Bricker
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<th>MENLO PARK</th>
<th>PALO ALTO</th>
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<td>SALE PRICE VS. LIST PRICE</td>
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<td>107.3%</td>
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44 Maple Avenue, Atherton
$4,250,000 | 4 beds, 3.5 baths, 44MapleAve.com

1605 Bay Laurel Drive, Menlo Park
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1360 Garden Lane, Menlo Park
$10,595,000 | 6 beds, 5.5 baths, 1360Garden.com

1044 Menlo Oaks Drive, Menlo Park
$2,350,000 | 3 beds, 2 baths, 1044MenloOaks.com

323 Santa Rita Avenue, Palo Alto
$7,995,000 | 4 beds, 3 baths

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$5,125,000 | 3 beds, 2 baths

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COMPASS
Even during the height of the pandemic shutdown, the local arts scene never went completely dark. Whether moving exhibits outdoors or presenting theater performances virtually, the Midpeninsula’s creative minds found alternative ways to keep the arts alive, adding yet another layer to the area’s already rich and eclectic arts offerings. As venues reopen and hybrid offerings continue to be an alternative, the coming months should provide more opportunities than ever to enjoy the arts along the Midpeninsula.

For those looking to view, create or experience some of the unique offerings in the greater Menlo Park area, here are some suggestions to get started. For a full list of local museums, arts programs and performance venues, see The Arts in the Info Resource Guide on page 29.

**Art in the outdoors**

**DJERASSI SCULPTURE HIKES**

The one-time cattle ranch that late Stanford chemist Carl Djerassi (creator of the first oral contraceptive pill) transformed into a world-renowned artists’ haven opens its doors to the public every Sunday from March through November for a rare look at the massive art sculptures that dot the 580-acre private property. The 3.5-mile guided hikes (which include an elevation change of 300 feet over three hours) take visitors through Djerassi ranch’s redwood forests, grasslands and mountain vistas to view about 40 pieces of art created over the past four decades by artists of the residency program that Djerassi started in 1979. Each sculpture emphasizes the relationship between nature and art. The collection includes a broad mix of pieces, including a 17-foot-tall wooden Japanese torii gate on a hillside, a miniature clay village built under a grove of redwoods and a sculpture that can only be entered by traversing a winding tunnel in absolute darkness. Public hikes are limited to 20 people. Reservations are available on a first-come, first-served basis and always fill up quickly. Djerassi Ranch (2325 Bear Gulch Road, Woodside) offers 12 free hikes a year; the rest of the hikes cost $50 per person.

For more information, go to djerassi.org/events/spring-public-hikes | dgoldberg@djerassi.org

If you want a guided art tour, but don’t feel like hiking ... The Cantor Arts Center at Stanford University features a variety of exhibits within its walls but also offers the chance to enjoy the best of both worlds: the great outdoors and an array of unique art. On the second and third Sunday of each month, the center holds docent-led tours of its diverse collection of outdoor sculpture, which is well-known for its numerous works by renowned 19th-century sculptor Auguste Rodin, as well as more modern 20th-century pieces by artists such as Charles Ginnever, Bruce Beasley and Douglas Abdell. Tours are free and meet in front of the museum (328 Lomita Drive at Museum Way, Stanford) at 2 p.m., unless otherwise noted.

For more information, go to events.stanford.edu.

If you want to explore outdoor art on your own ... Every September, Menlo Park’s Art Ventures Gallery makes the most of the Bay Area’s perfect fall weather with self-guided tours of unique, large-scale sculptures placed outdoors throughout...
Menlo College’s campus (1000 El Camino Real, Atherton). Visitors to the annual Silicon Valley Sculpture (SVS) fair can enjoy the exhibit of sculptures by over 30 different artists. The sculpture festival, which also features performance art, aims to emphasize the importance of art in our everyday lives. This year’s theme is “water” and will run from Sept. 22-25. General admission tickets are $30 and can be purchased online.

For more information, siliconvalleysculpture.com.

If you want to explore sculptures and exhibits virtually ...

Stanford University offers live, guided visits of the Cantor Arts Center and Anderson Collection via Zoom. Guided virtual tours last 40 minutes and provide visitors a general overview of the museums and major highlights of their collections. The Cantor’s collection spans 5,000 years and includes more than 38,000 works of art from around the globe, on display in 24 galleries. The Anderson features a large private collection of modern and contemporary American art. Virtual guided visits of the museums are free, but requests must be submitted four weeks in advance of a scheduled tour. Tours must include at least 10 participants and are not available on weekends.

For more information, go to bit.ly/VirtualTourInfo.

One-stop destinations for viewing and creating art

NEWLY OPENED EPACENTER

The EPACenter (pronounced “epicenter”) offers a wide range of artistic disciplines for youth ages 6 to 25. The 25,000-square-foot space (1950 Bay Road, East Palo Alto) opened its doors in spring 2022. It features an amphitheater, a maker space, art studio spaces, a dance studio, an art gallery and more. Students can participate in a wide array of classes and internships in the arts, including photography, dance, theater, and graphic, fashion and skateboard design. Students in the internship program can learn skills in fashion design, graphic design, public art and filmmaking, all while earning $17.79 per hour. The center also hosts concerts, festivals, performances, poetry readings and other community events.

For upcoming classes or events, go to epacenter.org | 877-372-2787.

If you’re interested in listening to and learning about chamber music ...

For the past 20 years, Atherton’s Music@Menlo has provided the opportunity for audiences to enjoy and learn about chamber music during its flagship chamber music festival at Menlo School (50 Valparaiso Ave., Atherton) held over three weeks each summer. Music@Menlo offers master classes in which audiences can watch young performers learn from experienced musicians, as well as artist talks and lectures offering insights into featured music. Concerts highlight the works of specific composers and programming explores various aspects of the composers’ life and works. Its youth programs welcome musicians ages 10 to 30 for intensive training and performance. The 2022 summer festival marked the return of Menlo’s first “full” edition since the pandemic returned. For those who don’t want to wait until summer 2023 to enjoy the festival, Music@Menlo now offers concert series and lectures throughout the year. Past concerts can be viewed online at musicatmenlo.org.

If you’re interested in visual children’s art classes, anytime ...

In addition to its twice-yearly, in-person Family Days at the Cantor Arts Center (328 Lomita Drive at Museum Way, Stanford) featuring performances and art-making activities, the Stanford museum offers virtual art activities on YouTube. The Art For All videos combine lessons about featured artists and their artwork with related hands-on art projects in clips that are 5 minutes or less. There are also archived videos from the Cantor Art Center’s Second Sunday at Home program that were streamed during the social-distancing era of the pandemic. From these videos, families can choose from a wide variety of art projects, including how to weave, make a bird migration station, create clay sculptures or put together a collage.

For more information, go to museum.stanford.edu/programs/ family-programs#virtual.

If you’re interested in virtual or in-person art workshops ...

The Pacific Art League (668 Ramona St., Palo Alto) offers workshops, exhibits and artist talks year-round at its Palo Alto studio. The Art League, which celebrates its 101st anniversary in November, serves more than 2,500 students of all ages, backgrounds and skill levels each year through an array of art workshops taught in-person, online — and even outdoors. Youth ages 10-17 can participate in the center’s Expressive Art Open Studio on select Fridays for free. For those who prefer to view art, rather than create it, the Art League showcases several exhibits a year in person and on its online gallery. From November-December, the League will showcase its 101st Anniversary Exhibition.

For more information, go to pacificartleague.org | 650-321-3891.

Above: Music@Menlo Artistic Codirector David Finkel leads a master class. Courtesy Music@Menlo.

Facing page: Divina Buenrostro, left, scoops out balls of cookie dough with Wanis Moutri while chef Alaun Grimaud looks on in the new kitchen during the “You, Me, and the Art of Pastry” class inside the EPACenter during the grand opening in East Palo Alto on April 23. Photo by Adam Pardee.

Continued on page 14
Movies in public venues

CLASSIC FILMS

Peninsula film lovers can once again catch a classic movie and hear the Wurlitzer organ play at Stanford Theatre (221 University Ave., Palo Alto). After shutting down for more than two years during the pandemic, the downtown Palo Alto movie palace reopened in July 2022. The theater often hosts festivals highlighting the works of certain actors or directors.

Find the full lineup of films at stanfordtheatre.org.

If you’re interested in taking in a film festival with a cause ...

Stanford’s United Nations Association Film Festival (unaff.org) offers 11 days of screenings of 60 films at venues in Palo Alto, East Palo Alto and the Stanford University campus Oct. 20-30. (San Francisco also hosts an evening of screenings.) The documentary films focus on human rights and vary in length from shorts to feature-length, making it easy to take in a session of as many as three or four films in an afternoon or evening.

Founded in 1998 by Stanford educator and film critic Jasmina Bojic in conjunction with the 50th anniversary of the signing of the Universal Declaration of Human Rights, the festival is one of the oldest solely documentary film festivals in the nation. Many of the documentaries screened at the festival have gone on to win Academy Awards. This year marks its 25th anniversary.

— Information compiled from Embarcadero Media stories written by Heather Zimmerman and Kate Bradshaw.
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Woodsider launches homegrown campaign to protect young athletes from sexual abuse

Carri Kehring’s We Ride Together program aims to educate community and start dialogue on ‘taboo subject’

BY SUE DREMANN

W e Ride Together is about more than just horseback riding. Founded by mother and Woodside resident Carrie Kehring, the nonprofit is an educational, support and advocacy organization aiming to help the riding community understand and fight against sexual abuse.

Kehring’s journey to protect riders from abuse began when a local equestrian coach was arrested for allegedly abusing a minor, a story only too familiar to Kehring. Her own daughter had come forward saying she had been groomed and abused by a different instructor, an Olympic athlete of high standing, she said.

Since its inception in July 2021, Kehring’s effort to support her daughter and other equestrian survivors of sexual abuse and harassment has gone from homegrown and self-funded to a budding nonprofit organization seeking funding to expand its outreach and resources to all sports.

“It hits a variety of sports, a variety of people and a variety of neighborhoods and communities every day,” she said. “People just don’t talk about the subject. It’s taboo. We want people to talk about it and not feel bullied.”

The equestrian trainer who abused Kehring’s daughter was indicted and is under a lifetime coaching ban, but for Kehring, her work is just beginning.

“We wanted to make sure that others don’t suffer the way my family had,” Kehring said.

We Ride Together offers online educational tools and resources so people can get help, report abuse or learn how to communicate with someone about being abused. There are tips for federations, training schools and coaches on keeping the barn or clubhouse safe and what to say to a survivor. It offers resources to understand the different forms abuse takes. Most of all, it provides help for survivors. It posts the anonymous stories of those who have been abused and public service announcement (PSA) videos by those who have come forward. People just like Kehring’s daughter.

In fact, when her daughter went public with her story in a PSA, We Ride Together received hundreds of phone calls, Kehring said.

One of the hardest things for adults to grasp is the relationship between the coach and the victim, leading to a misunderstanding and lack of support for the young survivors, she said.

“It’s common for the victim to accept physical contact or other kinds of abuse as a trade-off or as part of the price paid to get benefits from the aggressor,” she said.

“The major cases of sexual abuse involve seduction and deception, not force. It’s through grooming and coercion,” Kehring said.

The tactics can start off slowly and grow over time. The abuser might give the intended victim preferential treatment such as a favorite position on a team or individualized, quality instructional time.

The coach who abused Kehring’s daughter was an icon of his sport and groomed her daughter for two years, she alleged. When the teenager stepped forward, some in the community reacted in “utterly horrifying” ways with Facebook posts, she said.

At one point, Kehring nearly lost her daughter to suicide.

“He had a lot of people defending him. We also found that a significant portion of the equestrian community viewed it as an extramarital affair,” she said.

Her daughter was 16 years old.

“They were arguing. ‘Should his life really be ruined?’ That’s what started the campaign. We have to unpack this. These attitudes are so off from normal,” she said.

The attitudes in the equestrian community that her family experienced aren’t any different than in other sports, Kehring stressed. Across the board, many sports federations are recognizing that sexual abuse is a huge problem they don’t know how to address.

But “the campaign set a lot of people straight,” she said.

After she formed We Ride Together, Kehring saw the tone shift away from hatred of her daughter to people understanding they shouldn’t be criticizing the victim.

The response went worldwide after her daughter released the video. A woman in Sweden sent her daughter a gift and note thanking her for her courage, Kehring said.

The turnaround and embracing of We Ride Together’s message gives her hope.

“If you can’t talk about it, you can’t fix it,” she said.

A awareness is growing. Congress passed the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017 in the aftermath of the widely publicized abuses of Olympic athletes by their former physician, Larry Nassar. The bill was sponsored by Sen. Dianne Feinstein and established the U.S. Center for SafeSport, which develops and enforces policies, procedures, and training to prevent abuse and misconduct.

The center also has the power to revoke the permission to coach of those who are accused of, or who engaged in, misconduct. It maintains a centralized disciplinary database of revoked and suspended individuals.

The primary way athletes suffering abuse or people wanting to know how they can help victims can act is to take advantage of the wealth of information and resources offered through We Ride Together’s website. The website lists many mental health resources victims can go to for help, like the United States Equestrian Federation, which offers confidential counseling from state-licensed counselors available 24/7.

The website also shares the stories of the survivors of sexual abuse, with detailed personal experiences recorded by the survivors themselves. Although the site warns that these stories can be triggering for those who have experienced, it also recognizes their importance.

“Stories have the power to change the world,” the site states. “So do survivors.”

The site also offers material guiding both survivors and those who want to support them, from telling coaches how they can make their barns safer to advice on how to respond when a survivor discloses their experience and how to care for yourself as a survivor supporter. •

More information about We Ride Together can be found at weridetogether.today. Information about the U.S. Center for SafeSport can be found at uscenterforsafesport.org
When it came time to sell our family home, we looked at the top Realtors in the area, and chose the Kavanaugh Group. Their whole team was an absolute delight to work with and I wouldn’t hesitate to recommend them to anyone!
New cultural club in Menlo Park celebrates Chinese traditions

Little Bookworm Library is brainchild of Atherton mom

O n any given week at the Little Bookworm Library in Menlo Park, children can be found making kites, color ink paintings, rice paper and an array of other crafts during Chinese Culture classes. In another area of the library, children and parents learn how to make Chinese desserts and other dishes in the Little Chef Cooking Class. And at Chinese Story Time, preschoolers are enthralled by specially curated books written in Mandarin.

Part library, part community center, the Little Bookworm Library provides a place where Chinese families can celebrate their heritage while encouraging literacy, and the broader community can learn about Chinese culture.

The newly opened library is the brainchild of Atherton mom LuLu Roberts, who moved to the Midpeninsula from Taiwan in 2008. As a mother of four young children, Roberts said she struggled to find children's books or story times in Mandarin at the Menlo Park public library.

Roberts decided to create the Joy Culture Foundation, the nonprofit Chinese cultural club that operates the Little Bookworm Library.

"I want to pass down my heritage to my kids," Roberts said. "It is so important for them to recognize who they are."

Roberts said she believes that many second-generation Chinese American children deny the Asian part of their ancestry or "become molded into a stereotype."

"It is hard because their skin color is different, and the culture their parents infuse them with is different," Roberts said.

Many Asian immigrant mothers also struggle, Roberts said. Life can be challenging because they lack English language skills or because they do not drive, she said. Using seed money from her husband's family, who cofounded the investment company Kohlberg, Kravis and Roberts, she established the Joy Culture Foundation with a board of directors that shares her vision.

Roberts said she wanted to establish a cultural space in Menlo Park because of the area's central location on the Peninsula and because she lives within minutes of downtown. It was not an easy search, and the pandemic caused a delay in her timeline, she said. Roberts said everything came together during the summer of 2021 after a landlord unexpectedly called to offer her 2,200 square feet of space in a building he owned in downtown Menlo Park.

"I seem to surround myself with supportive people," Roberts laughed. The space at 934 Santa Cruz Ave. includes a private courtyard and dedicated parking. "It was a perfect fit," she said. Relying on a small staff, along with the work of many volunteers, the Little Bookworm Library opened in February — just in time for the Lunar New Year celebrations. Roberts pointed out that it was not just the work of interested Asian families that created the library. "There were students from Menlo Atherton High School who came to build the shelving," she said, noting, "We welcome all races — people who are interested in Chinese culture." The foundation consists of three facets: play spaces, programs and the library.

Roberts lights up when she describes the mommy/baby programs that take place in the colorful, toy-filled section of the center. "They can come and have quality time here with their babies," said Roberts, adding that it is a chance for bonding to occur between mother, child and other mothers.

Ivy Sun, who lives in Santa Clara, brings her 3-year-old daughter, Summer, to the center nearly every other week to participate in the Mandarin story times and other preschool programs.

"This is a place where I can feel safe. ... The children have fun and make as much noise as they want," Sun said. Programs offered for school-aged children are usually taught in both English and Mandarin by experienced educators. They include a wide range of classes, from art workshops to calligraphy to cooking to mental math. Two multipurpose rooms are used for classes while parents sit outside in a shaded courtyard and socialize. "I love it when I see parents out here having their own party," Roberts said.

The library holds contemporary books, many published in Taiwan, that are written specifically for elementary school children. Roberts said that there are books in both traditional and simplified Mandarin, as well as graphic novels for the older kids — and their parents. The goal is to provide the all-important advantage of language skills.

"These children will be biliterate so they can read in Chinese," Roberts said. She pointed out that studies show it takes 13 years for a person to learn enough language skills to use them for a lifetime. "Language is a tool, but ultimately, it is about the culture and community they get to be within," Roberts said. "First-generation parents were so busy trying to fit in, they lost their heritage and now want to get it back."

Roberts said she believes the parent-child participation aspect really helps that process. The foundation operates on a membership basis, with families paying $50 a year to use the center and borrow books from the lending library. Roberts said there are currently 200 members, all of whom heard about the foundation through word of mouth.

Families as far away as San Jose and Hayward have become members. Jennifer Nguyen said she, her husband and two elementary age children make the 30-minute drive down the Peninsula from San Francisco to the Little Bookworm Library every weekend.

“Our family is quite Americanized, and we only speak English at home, so we did not have much opportunity to partake in cultural activities prior to the Joy Culture Foundation,” Nguyen said. Nguyen said her entire family uses the library: Her children participate in classes, such as calligraphy, while she and her husband look for books to take home and read together as a family.

“Ultimately, we want to help the community understand who we are,” Roberts said. “We are all different, but everyone is included.”

The Joy Culture Foundation/Little Bookworm Library is located at 934 Santa Cruz Ave., Menlo Park.

GET INVOLVED

To become a member of the Little Bookworm Library or sign up for classes, go to thejoyculturefoundation.org.

To support the nonprofit Joy Culture Foundation, find volunteer opportunities or make a donation go to thejoyculturefoundation.org/volunteer-donate.
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Noticing a dramatic drop off in the number of girls who play baseball as they get older, Portola Valley resident Cal Thomas said he decided to create an all-girls softball league to keep them playing.

The new league, which kicked off its inaugural season in spring 2022, is part of Alpine Little League Menlo Park and the surrounding area. There are 145 girls enrolled in the new league, forming 11 teams of girls ages 7 to 12, and about 30 coaches.

Thomas’ younger daughter played on the only all-girls team — called the Thunder Sisters — in the Alpine league last summer.

“At the end of the year, the girls said they all wanted to play again,” he said. Parents began meeting in October 2021 to quickly form a girls league. “Logistically to get it going, it was a lot of paperwork. ... It was not the traditional run up in practices and exposure that kids would generally get. The No. 1 goal and priority (for the league) is for fun and engagement.”

Girls’ participation in baseball is nearly on par with boys during the tee-ball season for ages 5 to 6, but dramatically drops off by the time girls reach AA baseball (ages 6-11) and plummets to nearly zero in the majors division (ages 9-12), league organizers said.

Girls were more likely to have never played sports (43.1% girls vs. 34.5% boys) and less likely to be currently playing sports (36.4% girls vs 45.6% boys), according to a 2020 U.S. study by the Women’s Sports Foundation.

Kristi Cannon, a mother of three Alpine league players and a former Santa Clara University softball pitcher, said Menlo-Atherton High School’s head girls softball coach told her only half of the girls on their team had ever played softball before trying out at the Atherton school.

“It’s pretty shocking and eye-opening to see we don’t have a lot of softball opportunities for girls,” said Cannon, one of the lead coaches in Alpine’s girls league.

Thomas’ daughter Catherine, 12, is in the league and said she’s excited she no longer has to drive all the way to Palo Alto to play softball. She enjoys playing the catcher position and getting to spend time with her friends.

Softball is in her blood. Back in the day, Catherine’s great-grandfather created an all girls league in San Bernardino so her great grandmother, Carol, could play.

“It shows sometimes we haven’t come as far as we need to,” Thomas said.

Kristen Cahill, a parent volunteer with the league, said baseball teaches kids to work through adversity as a team, which is a valuable skill for girls to have access to.

“You hear baseball is a sport of failure; you hit the ball 30% (or less) of the time,” she said. Cannon noted playing sports teaches girls how to work through things that are hard and work on a team.

League teams play games at Las Lomitas Elementary School in Atherton, Nealon Park in Menlo Park, Oak Knoll School in Menlo Park and at the Portola Valley Town Center. Girls on the four teams in the older division play 18 games, while girls in the seven teams in the younger division play 15.

For more information and to register for the 2023 season, go to alpinelittleleague.com. If you are interested in volunteering with Alpine Little League, email president@alpinelittleleague.com.
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Medication Pickups • Referrals to In-Home Services
Calls from Friendly Voices (Avenidas Partner)
Trips to Social Outings

Avenidas Rainbow Collective

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Cultural Competency Workshops • Information & Assistance
Caregiving Support & Resources

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INFO RESOURCE DIRECTORY

O ur annual Info Resource Directory aims to connect Menlo Park, Atherton, Woodside and Portola Valley residents with local community resources. This comprehensive guide includes information about the area’s parks, government, schools, youth programs and arts, as well as services for seniors and those in need.

SENIO RS
Activities, resources and services located in Menlo Park, unless otherwise noted.

COVID-19 INFORMATION & RESOURCES
California Department of Aging
• Through the California Department of Aging, seniors can access information on how to schedule an appointment for COVID-19 vaccines and find assistance, support and other COVID-19-related resources.
• 833-422-4255 (4CA4ALL), Vaccine Information Line / aging.ca.gov/covid19

Horizon Networks
• A free online service that connects seniors to high school volunteers for one-on-one online video chats. The program also connects seniors to activities such as interactive yoga, meditation sessions and music performances.
• thehorizonnetwork.org

FRIENDSHIP NETWORKS
Avenidas Care Partners Information and Assistance telephone line
• Free service that seniors can call for information, resources, support or just a friendly voice.
• 650-289-5433

DOOR-TO-DOOR SERVICES
Avenidas
• Through its Door-to-Door program, the nonprofit senior services agency Avenidas provides free home delivery of essential items, such as groceries, toiletries and prescriptions.
• 650-289-5411 / avenidas.org

MEAL DELIVERY
Meals on Wheels
• Delivers meals to seniors in San Mateo and Santa Clara counties.
• If you live in San Mateo County, go to penvol.org/mealsnowheels.
• If you live in Santa Clara County, go to mysourcwise.com/meals or call 408-350-3200.

SENIOR HOUSING
Channing House
850 Webster St., Palo Alto
• Independent-living, assisted-living, skilled nursing
• 650-327-0950 / channinghouse.org

Gordon Manor/Hopkins Manor
1616 Gordon St., Redwood City
• Facilities with a family atmosphere that help to transition individuals into assisted living; Alzheimer’s and dementia care; short-term respite care and hospice care available
• 650-542-0578 / justlikefamily.com

The Sequoias Portola Valley
501 Portola Road, Portola Valley
• Variety of apartment options, with assisted living and memory care; skilled nursing available at on-site health center; activities and programs: a fitness center, swimming pool, full-service dining and buffet, housekeeping, linen service, studios and a library
• 650-851-1501 / thesequoiaspv.org

Vi at Palo Alto
600 Sand Hill Road, Palo Alto
• Independent-living, assisted-living, skilled nursing, memory support; 62 and older
• 650-853-5000 (main office) / viliving.com

WEBSTER HOUSE
401 Webster St., Palo Alto
• Independent-living, assisted-living; 65 and older
• 650-327-4333 / covia.org/webster-house

Avenidas Village
4000 Middlefield Road, Palo Alto
• A membership program that provides 24/7 concierge support, transportation assistance, cultural outings and more.
• 650-289-5405 / Avenidas.org/village-overview

Institute on Aging Peninsula
881 Fremont Ave., Suite A2, Los Altos
• Nonprofit licensed home health agency offering home care, personal care, case management and consultation. Offers specialized dementia and Alzheimer’s care.
• 415-750-4111 / ioaging.org

Peninsula Volunteers Inc.
800 Middle Ave.
• A nonprofit organization promoting welfare of seniors. Major programs and facilities include Little House Activity Center, Meals on Wheels, Crane Place and Partridge/Kennedy Apartments and Rosener House Adult Day Services.
• 650-326-0665 / penvol.org

Rosener House Adult Day Services
500 Arbor Road
• Operated by Peninsula Volunteers, the facility supports structured activity programs for adults with Alzheimer’s disease and other functional or cognitive impairments. The weekday program assists participants through health, social and support services. Fees based on costs and families’ ability to pay.
• 650-322-0126 / penvol.org/rosenerhouse

Ladera couple Debra Meyerson and Steve Zuckerman ride their tandem bike together towing their puppy Rusti through Portola Valley in preparation for their cross-country bike trip to raise awareness for stroke and aphasia earlier this year. Photo by Magali Gauthier.
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THE ARTS

Facilities located in Menlo Park, unless otherwise noted.

LITERARY ARTS

Books Inc.
855 El Camino Real #74, Palo Alto
• Virtual and in-person book launches, book clubs and author lecture series
booksinc.net

Kepler’s Literary Foundation
• Virtual and in-person author events, conversations, classes and seminars
keplers.org

GALLERIES

Bryant Street Gallery
532 Bryant St., Palo Alto
• American contemporary artists
bryantstreet.com

Gallery House
320 S. California Ave. (Printers Cafe), Palo Alto
• Rotating exhibits by local member artists
galleryhouse2.com

Peabody Fine Art Gallery
603 Santa Cruz Ave.
• Family-owned gallery; original paintings, bronze sculpture and limited edition works by internationally known artists
peabodygallery.com

Palo Alto Children’s Theatre
Lucie Stern Theatre, 1305 Middlefield Road, Palo Alto
• Neighborhood playhouse focused on American theater; livestream performances from the Barn
losaltostage.org

Palo Alto Players
Lucie Stern Theatre, 1305 Middlefield Road, Palo Alto
• Comedies, dramas, classics and musicals
paplayers.org

The Pear Theatre
1110 La Avenida St. Suite A, Mountain View
• Hosts full plays, plus an annual short-works festival, “Pear Slices,” created by members of its playwrights’ guild; celebrating its 21st season through July 2023.
thepear.org

MOVIE THEATERS

Aquarius Theatre
430 Emerson St., Palo Alto
• landmarktheatres.com

STANFORD ART DISTRICT

Stanford University’s Arts District provides ample opportunities to experience the arts. Since 2006, Stanford has been on a hectic pace to create a concentration of museums, galleries and performance spaces around Palm Drive, opening new arts buildings as well as renovating existing facilities. Visitors can easily spend the entire day exploring the district’s sculpture garden, free museums and modern architecture, or taking in a performance.

MUSEUMS & PERFORMANCE SPACES

Anderson Collection at Stanford University
314 Lomita Drive
• Modern American paintings and sculptures
anderson.stanford.edu

Bing Concert Hall
351 Lasuen St.
• Music, dance, theater performances
live.stanford.edu/venues/bing-concert-hall

Cantor Arts Center at Stanford University
328 Lomita Drive
• 24 art galleries, Rodin Sculpture Garden
museum.stanford.edu

Dinkelspiel Auditorium
471 Lagunita Drive
• Used by Stanford’s Department of Music
music.stanford.edu/venues/dinkelspiel

Frost Amphitheater
351 Lasuen St. (at Roth Way)
• 20-acre, tiered outdoor performance space
live.stanford.edu/venues/frost-amphitheater

McMurtry Building
355 Roth Way
• Indoor-outdoor screening and exhibition spaces, Coulter Art Gallery
arts.stanford.edu/mcmurtry-building/

Memorial Auditorium
351 Jane Stanford Way
• Home of the Department of Theater & Performance Studies (TAPS) and the largest indoor facility on campus designed for regular performance use
live.stanford.edu/venues/memorial-auditorium

Nitery Theater
Nitery Building in the Old Union, 514 Lassuen Mall
• Black-box theater, student productions
taps-cairsv2.stanford.edu

Pigott Theater
351 Jane Stanford Way
• Used by Stanford’s Drama Department
taps.stanford.edu/performance-spaces/

Roble Gymnasium
373 Santa Teresa St.
• Rehearsal, dance and performance spaces for students
taps.stanford.edu/performance-spaces/

Thomas Welton Stanford Art Gallery
419 Lassuen Mall
• Features student, faculty and other artists’ work
art.stanford.edu/exhibition-spaces/stanford-art-gallery

WORLD-RECOGNIZED ARTISTS

American contemporary artists
Bryant Street Gallery, 532 Bryant St., Palo Alto

European Impressionists
Portola Art Gallery, 75 Arbor Road, Palo Alto

Peabody Fine Art Gallery, 603 Santa Cruz Ave., Palo Alto

Thomas Welton Stanford Art Gallery, 419 Lassuen Mall, Palo Alto

Michael White, San Jose Artist

A curator installs “The Faces of Ruth Asawa” exhibition at the Cantor Arts Center at Stanford University. The center offers in-person and virtual tours. Courtesy Andrew Brodhead.
Preserves are open from dawn until a half-hour after sunset unless otherwise noted. Parks located in Menlo Park unless otherwise noted.

OPEN SPACE

Coal Creek Open Space Preserve
Skyline Boulevard, 1.2 miles north of Page Mill Road
- Acres: 500 / Miles of Trails: 5.4
- Hiking, biking, horseback riding; dogs on leash
- openspace.org/preserves/coal-creek

El Corte de Madera Creek Open Space Preserve
Skyline Boulevard, 1.5 miles south of Kings Mountain Road
- Acres: 2,817 / Miles of Trails: 35.9
- Special features: Steep, heavily forested terrain; rare and fragile sandstone formations; redwoods; creek headwaters. Popular with bicyclists
- Hiking, biking and horseback riding; no dogs allowed
- openspace.org/preserves/el-corte-de-madera-creek

Los Trancos Open Space Preserve
Page Mill Road, 1.5 miles east of Skyline Boulevard
- Acres: 279 / Miles of Trails: 5.2
- Mountaintop trails, guided tours along San Andreas Fault.
- Hiking and horseback riding; no dogs or bikes allowed
- openspace.org/preserves/los-trancos

Purisima Creek Redwoods Open Space Preserve
Skyline Boulevard, 4.5 miles south of Hwy 92
- Acres: 4,711 / Miles of Trails: 24
- Special features: Purisima Creek Canyon with redwoods, creek, ferns, wildflowers; trails rise from canyon to 1,600 feet; historical logging road.
- Hiking, biking and horseback riding; no dogs allowed
- openspace.org/preserves/purisima-creek-redwoods

Ravenswood Open Space Preserve
Bay Road, East Palo Alto
- Acres: 376 / Miles of Trails: 1.9
- Access to San Francisco Bay Trail, wetlands boardwalk
- bit.ly/RavenswoodPreserve

Teague Hill Open Space Preserve
Kings Mountain Road, above the town of Woodside
- Acres: 626 / Miles of Trails: 1
- Hiking and horseback riding
- openspace.org/preserves/teague-hill

Thornewood Open Space Preserve
La Honda Road, 1.6 miles past the Portola Road intersection in Woodside
- Acres: 167 / Miles of Trails: 1.5
- Special features: Historic Thornewood Estate; redwoods and oaks; Schilling Lake
- Hiking, horseback riding; dogs on leash
- openspace.org/preserves/thornewood

Windy Hill Preserve
Skyline Boulevard, Portola Valley
- Acres: 1,335 / Miles of Trails: 12
- Grassland ridges; redwood, oak and fir forests; sweeping view of the coastline; restrooms, picnic area
- Hiking, biking, horseback riding; dogs on leash
- openspace.org/preserves/windy-hill

CITY & TOWN PARKS

Parks open daily a half-hour before sunrise to a half-hour after sunset, unless otherwise noted.

TOWN OF ATHERTON

Holbrook-Palmer Park
150 Watkins Ave.
- Acres: 22
- Ball field, tennis courts, playground, gardens and walking paths; Main House, Jennings Pavilion and Carriage House are available for rental

Sharon Hills Park
Altshul Avenue at Volpara Back Avenue
- Benches and walking path

CITY OF MENLO PARK

Community Services Department: 650-330-2200 menlopark.org/255/Parks

Bedwell Bayfront Park
1600 Marsh Road
- Acres: 160
- Benches, bike trail, drinking fountain, natural wooded area, restrooms, trails and walking path

Burgess Park
701 Laurel St.
- Acres: 9.31
- Baseball diamond, open play field, playground, soccer field and tennis court

Fremont Park
Santa Cruz Avenue and University Drive
- Acres: 0.38
- Benches, drinking fountain, lighted walkways and shaded areas

Jack W. Lyle Park
640 Fremont St.
- Acres: 4.55
- Basketball court, benches, open play field, playground, restrooms and walking path

Kelly Park
100 Terminal Ave.
- Acres: 8.3
- Basketball court, parking, restrooms, soccer field, synthetic field and track

Karl E. Clark Park
313 Market Place
- Acres: 1
- Open play field, playground and walking path

Mega Park
1 Facebook Way
- Acres: 2.2
- Privately owned but publicly available open space with bike/pedestrian bridge connecting to the Bay Trail

Nealon Park
800 Middle Ave.
- Acres: 9
- Off-leash dog area, picnic areas, playground, softball field and tennis court

Seminary Oaks Park
299 Santa Monica Ave.
- Acres: 3.51
- Benches, open play field, picnic tables, playground and rock garden

Sharon Hills Park
3919 Alpine Road
- A natural-turf standard-size soccer field used by adult and youth leagues

Portola Valley Town Center
Facilities
765 Portola Road
- Sports complex includes soccer and softball fields, two tennis courts, an all-sports court, a skateboard ramp and a children’s playground called “Little People’s Park”
- 650-851-1700 / portolavalley.net/about/town-center

Rossotti Field
3919 Alpine Road
- A natural-turf baseball field typically used by Little League teams

TOWN OF PORTOLA VALLEY

Ford Field
3329 Alpine Road
- A natural-turf baseball field typically used by Little League teams

Triangle Park
Portola and Alpine roads
- Rest stop for bicyclist and destination for walkers; picnic tables

SAN MATEO COUNTY PARKS

San Mateo County Department of Parks operates 20 county parks covering more than 17,000 acres. Hard liquor, smoking and remote-controlled planes/drones are prohibited in all park areas. For more information, call 650-363-4020; for reservations, call 650-363-4021

RECREATIONAL FACILITIES

ARCHERY

King’s Mountain Archers
P.O. Box 2794, Redwood City. Located at Huddart Park, Kings Mountain Road, Woodside
- Field-archery club meets for tournaments the second Sunday of each

TOWN OF WOODSIDE

Barlky Fields and Park
5001 Farm Hill Blvd.
- Woodside’s only park and playing fields, which includes spaces for soccer and Little League baseball
- 650-851-6790 / woodsidetown.org/community/barlky-fields-and-park-0

EDGECOM PARK & NATURAL PRESERVE

10 Old Stagecoach Road, Redwood City
- Acres: 15
- Special features: woodlands and grasslands; spring wildflowers
- Hiking

FLOOD PARK

215 Bay Road
- Acres: 21
- Special features: Picnic areas, softball, tennis, horse shoes, volleyball and petanque

Huddart Park
1100 Kings Mountain Road, Woodside
- Acres: 974 acres
- Special features: Redwood and evergreen forests; playground and barbecue pits
- Hiking, horseback riding

WUNDERLICH PARK

4040 Woodside Road, Woodside
- Acres: 942
- Special Features: Historic Folger estate and stable on site; oaks, madrones, redwoods and open meadows
- Hiking and horseback riding

Huddart Park
1100 Kings Mountain Road, Woodside
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Photo by Magali Gauthier.
Alpine Road

• cycling.stanford.edu/local-routes
• This local favorite is a 26-mile loop of flat highways.

The Loop

• One of the most strenuous climbs around, The Loop twists and turns for more than 8 miles from Skyline Boulevard, where it tops out around 2,000 feet.

MOUNTAIN BIKING

Alpine Road

• This road winds into the hills along Corte Madera Creek from Portola Valley; turns to dirt when it starts to climb, a couple

miles west of Portola Road. The rutted dirt road climbs 2.5 miles before it merges with Page Mill Road near Skyline Boulevard. From Sand Hill Road to Page Mill, the route is 4.1 miles with 1,250 feet elevation gain.

• cycling.stanford.edu/local-routes

BADMINTON

Synergy Badminton Club

190 Constitution Drive

• Geared for every level of play, Synergy Badminton Club offers lessons taught by professionals, summer camps, private, and group lessons. Monthly and annual memberships; drop-in and prepaid court rentals available.

• 650-838-9318 / synergybadminton.com

BASKETBALL

Arrilaga Family Gymnasium

600 Alma St.

• Drop-in basketball on Monday, Wednesday, Friday noon-2 p.m ($2 fee); Saturday 1-4 (free)

• 650-330-2220 / menlopark.org (search “Youth Sports”)

BIKING

Cañada Road

• Mostly flat road that parallels I-280 for about 7.4 miles from Woodside Road to Hwy 92, past such scenic attractions as the Filoli Estate and the Pulgas Water Temple; On most Sundays, the road is closed to auto traffic 9 a.m.-3 p.m. from the Filoli entrance to Hwy 92, creating an ideal refuge for cyclists and in-line skaters.

• San Mateo County Bicycle Sunday Info Line: 650-361-1785 / parks.smcgov.org/bicycle-sunday

Kings Mountain Road

• Beginning out of Woodside, Kings Mountain Road provides a good route to reach Skyline Boulevard. The climb is 4.3 miles long with numerous switchbacks and ascends 1,540 feet. Weekend traffic is heavy compared to the weekdays, but the scenery is always worth it.

• graphics.stanford.edu/~lucasp/grade/ kingsmountain.html

Old La Honda Road

• This narrow, winding road is the easiest and most peaceful way to climb to Skyline Boulevard. Access is from Portola Road, less than a mile after it merges with Sand Hill Road. The climb is a 3.35-mile ascent, climbing around 1,300 feet. Descending the road is tricky, however, and not recommended. Some take Highway 84 instead.

• cycling.stanford.edu/local-routes

Page Mill Road

• One of the most strenuous climbs around, Page Mill Road twists and turns for more than 8 miles from Skyline Boulevard, where it tops out around 2,000 feet.

• cycling.stanford.edu/local-routes

The Loop

• This local favorite is a 26-mile loop of flat to mildly hilly terrain through Woodside and Portola Valley. The total climb is 1,170 feet. This route heads southwest past I-280 along Sand Hill Road.

• cycling.stanford.edu/local-routes

MOUNTAIN BIKING

Alpine Road

• This road winds into the hills along Corte Madera Creek from Portola Valley; turns to dirt when it starts to climb, a couple
ICE SKATING

Nazareth Ice Oasis
3140 Bay Road, Redwood City
- Public sessions, skating parties, adult and youth hockey, and figure skating. Private and group lessons in figure skating and hockey through the Ice Oasis Skating School.
- 650-364-8090 / iceoasis.com

Winter Lodge
3009 Middlefield Road, Palo Alto
- The only permanent outdoor skating rink west of the Sierras is open September-April. Admission and rental fees. Weekly lessons offered at all levels for both children and adults. Hosts private, broomball and small birthday parties.
- 650-493-4566 / winterlodge.com

GOLF COURSES

Emerald Hills Golf Course
938 Wilmington Way, Emerald Hills
- Nine-hole, par-three course; practice cage, putting and chipping greens; snack shop and patio.
- 650-368-7820 / emeraldhillsgolfcourse.com

Burgess Skate Park
700 Alma St.
- Open for a half hour before sunrise to sunset. Users are required to wear helmets and elbow and knee pads.

SKATEBOARDING

Burgess Skate Park
938 Wilmington Way, Emerald Hills
- Nine-hole, par-three course; practice cage, putting and chipping greens; snack shop and patio.
- 650-368-7820 / emeraldhillsgolfcourse.com

KIDS

Facilities located in Menlo Park, unless otherwise noted.

SCHOOLS

Belleville Child Development Center
410 Ivy Drive
- Preschoolers 3 to 5 years old; bilingual staff
- 650-330-2270 / menlopark.org/219/Belle-Haven-Child-Development-Center

Belleville Haven Youth Center
100A Terminal Ave.
- K-6; transportation provided from Belleville Community School to the site
- 650-330-2297 / menlopark.org/221/Belle-Haven-Youth-Center

Congregation Beth Jacob Preschool
1550 Alameda de las Pulgas, Redwood City
- Toddler co-op and preschool classes; Jewish values and experience.
- 650-366-8481 / bethjacobbrwc.org/preschool.html

Carillon Preschool
815 Portola Road, Portola Valley
- 18 months to 5 years; thematic, play-based program.
- 650-529-1135 / ccpvw.org/carillon-preschool.html

Casa dei Bambini Preschool
457 College Ave., Palo Alto
- Age 2-K; multicultural Montessori preschool.
- 650-473-9401 / cdeib.com

Champions, Las Lomitas Elementary
299 Alameda de las Pulgas, Atherton
- After and before-school programs for K-6
- 650-250-3658 / bit.ly/AthertonChampions

Crescent Park Child Development Center
4161 Alma St., Palo Alto
- Ages 18 months to 5 years old
- 650-322-9668 / crescentparkpreschool.org

Family Connections
414th Ave., Redwood City
- A tuition-free parent participation preschool in East Palo Alto, Menlo Park and Redwood City for low-income families with children from newborns to age 5. Bilingual (Spanish) teachers.
- 669-237-8911 / familyconnections.org

GeoKids Early Childhood Development Center
345 Middlefield Road
- NAEYC-accredited cooperative childcare center and preschool for ages 3 months to 5 1/2 years. Play-based program located on the USGS campus.
- 650-329-4236 / geokids.org

Kirk House Preschool
1148 Johnson St.
- Development-oriented Christian program for ages 3 to 5.
- 650-323-8667 / kirkhousepreschool.org/menlopark

SOCCER

Menlo Atherton Adult Women’s Soccer
Recreation soccer league for women ages 23 and up. All skill levels welcome; games are held on Saturday and Monday, Tuesday and Thursday evenings at Burgess, Willow Oaks and Kelly parks.
- jamyers: 408-823-8198 / portalavalleysoccer.com

SOFTBALL

Menlo Park Adult Sports
Arrillaga Family Gymnasium, 600 Alma St.
- Multiple leagues (men’s and coed) playing 10 games a season, including playoffs. Games are played Mondays, Wednesdays-Thursdays, 6:30 p.m.

Redwood City Seniors Softball Club
3140 Bay Road, Redwood City
- Offers swimming and tennis lessons, personal training, youth and masters swim teams, junior tennis program and USTA teams.
- 650-854-3101 ext. 1000 / laderaaks.com

Alpine Hills Tennis & Swimming
4139 Alpine Road, Portola Valley
- Lessons, youth tennis program, masters swimming, water polo and more. In addition, the club has fitness programs, a basketball court and social events for all ages.
- 650-851-1591 / alpinehills.us

VOLLEYBALL

Arrillaga Family Gymnasium
600 Alma St.
- Drop-in volleyball on Tuesday, Thursday noon-2 p.m., $2 fee; Sunday, 6:30-9:30 p.m., $3 fee. A Girls Youth Volleyball League is also organized.
- 650-330-2220 / menlopark.org (search “youth sports”)

SPINNAKER SAILING CLUB
451 Seaport Court, Redwood City
- An American Sailing Association certified training facility, affiliated with the association since 1983. Classes in keelboat sailing and more; sailing club memberships; sailing vacations; youth summer programs, sailboat charters and team-building events.
- 650-363-1390 / spinnakersailing.com

WATER SPORTS

Menlo-Atherton Cooperative Nursery School
802 Middle Ave.
- Family-oriented swim, tennis and fitness club with two-year-round pools, six lighted tennis courts and a fitness center.

Ladera Oaks Swim, Tennis & Fitness
3249 Alpine Road, Portola Valley
- Membership; sailing vacations; youth and masters programs. Designed for toilet-trained children starting at age 3.
- 650-363-1390 / spinnakersailing.com

Members of the Lion Dance Association perform for children in front of the Woodside Library during the Lunar New Year. Photo by Magali Gauthier.
Playschool, Holbrook-Palmer
Holbrook-Palmer Park, 150 Atkins Ave., Atherton
- NAEYC-accredited preschool offering a variety of programs, including preschool, prekindergarten and a Mommy & Me program for children and caregivers starting at 18 months.
- 650-325-1623 / knoxplayschools.com

Robert’s School
641 Coleman Ave.
- Program based on philosophy of Piaget, Preschool, prekindergarten and young 5-year-olds.
- 650-322-3355 / therobertschool.com

Sacred Heart Schools
150 Valparaiso Ave., Atherton
- Montessori preschool and pre-K programs are offered for children ages 3 to 6.
- 650-322-1866 / shschools.org

Trinity School, Early Childhood Program
330 Ravenswood Ave.
- Episcopal private school runs a preschool program for ages 3 and 4 and a transitional kindergarten program for young 5-year-olds. Project and play-based curriculum.
- 650-322-2628 / trinity-mp.org

University Heights Montessori
2066 Avy Ave.
- Montessori preschool teaching children ages 2 to 6.
- 650-854-6993 / uhmmcc.com

Windmill Preschool
900 Portola Road, Portola Valley
- Play-based preschool run by board of parents. Programs for children ages 2 to 5.
- 650-851-0771 / windmillschool.com

Woodland School
360 La Cuesta Drive, Portola Valley
- Private school serving around 295 students offers a mixed-aged preschool and prekindergarten program for ages 3 and 4.
- 650-854-9065 / woodland-school.org

Woodside Parents’ Nursery School
3154 Woodside Road, Woodside
- Play-based curriculum focusing on social, emotional, cognitive, language and physical growth for ages 15 months to 4 years of age.
- 650-851-7112 / woodsideparents.org

Woodside Preschool
3195 Woodside Road, Woodside
- Child-centered preschool (2 years and 7 months) and prekindergarten (3 years and 9 months) classes held in the mornings, with optional extended care
- 650-851-1571 / woodsideschool.us/preschool

California Youth Symphony
441 California Ave., #5, Palo Alto
- Founded in 1952, the youth orchestra today has five programs serving the Peninsula, providing musical training and opportunities to perform at local venues.
- 650-325-6666 / cys.org

Cantabile Youth Singers of Silicon Valley
461 Orange Ave., Los Altos
- Established in 1994, Cantabile Youth Singers of Silicon Valley operates eight choirs serving singers first grade and up
- 650-424-1410 / cantabile.org

EPACenter
1950 Bay Road, East Palo Alto
- Newly opened youth arts center that gives everyone from ages 3 to 25 the opportunity to develop new talents in classes or gain experience in internships.
- 877-372-2787 / epacenter.org

Golden Gate Youth Orchestra
4055 Fabian Way, Palo Alto
- The award-winning GSYO guides orchestras and ensembles, made up of kindergarten to 12th-grade students from the Bay Area.
- 650-665-9046 / gyyo.org

Mannakin Theater & Dance
1841 Bay Road, East Palo Alto
- Providing dance lessons and performance opportunities to underserved families and youth in its first permanent East Palo Alto location
- 415-519-7171 / mannakindance.org

Palo Alto Chamber Orchestra
4000 Middlefield Road, #M1, Palo Alto
- This award-winning youth orchestra of string musicians is composed of five chamber music ensembles that practice weekly and learn to perform in public and private settings.
- 650-856-3848 / pacomusic.org

Palo Alto Children’s Theatre
1305 Middlefield Road, Palo Alto
- The Palo Alto Children’s Theatre serves the community through quality performing arts education experiences, including year-round embraces and performance opportunities, classes, camps and outreach programs. Productions include Main Stage and a Playhouse Series for children ages 2 to 6.
- 650-463-4930 / cityofpaloalto.org/childrenstheatre

Palo Alto Girls’ Softball
178-A Clinton St., Redwood City
- Girls is a Bay Area center for music education for boys and young men ages 7 to 18 who love to sing. The group performs frequently and tours abroad and throughout the U.S.
- 650-362-4425 / ragazzi.org

Alpine/ West Menlo Little League
325 Sharon Park Drive #544
- alpinelittleleague.com

American Youth Soccer Organization (AYSO) Region 25
- Soccer leagues for children in grades K-12 in Portola Valley, Woodside, La Honda, Ladera, Las Lomitas and Emerald Hills.
- ayso25reg@gmail.com / ayso.bluemoonero.com/region25

Menlo-Atherton Little League
1259 El Camino Real #130
- m-all.org

Menlo-Atherton Pop Warner Football
- Menlo-Atherton Vikings, ages 5 to 15; season runs August-November. Teams separated by size and age.
- mapopwarner.com

EMOYMAC
1445 Hudson St., Redwood City
- Sports programs with positive coaching for children ages 3 and up. Swim and kickboxing classes also available.
- 650-368-4168 / ymcavs.org/sequoia

Solo Aquatics
- Swim programs for athletes from age 5 through high school. Located at Burgess and Menlo-Atherton High School pools. Swimmers evaluated according to skill, performance and age.
- 650-851-9091 / soloaquatics.com

Stanford Soccer Club
- Competitive youth soccer for ages 8 to 18.
- stanfordsoccerclub.org

Menlo- Atherton Youth Lacrosse
- 650-690-0341 / menloathertonlacrosse.com

Menlo-Atherton Girls’ Softball
- Community-based league for ages 5 to 18.
- jgallart@menloatherton.com

Cubberley Community Center, Room J5, 4000 Middlefield Road, Palo Alto
- Competitive teams for boys and girls (U8-U18), and a youth development program for ages 4 to 9. Affiliated with the California Youth Soccer Association (CYSAA) and U.S. Club Soccer. Scholarships available.
- info@pasoccerclub.org / pasoccerclub.org/home/

PSV Union FC Academy
555 Bryant St., #437, Palo Alto
- PSV offers soccer teams and training for girls ages 3 to 18.
- psvunion.org

Redwood City 49er/Pop Warner Football and Cheer
- Pop Warner football and cheer teams based in Redwood City (ages 5 to 15).
- 650-216-7249 / rc49ers.net

 Sequoia YMCA
- Competitive teams for boys and girls ages 3 and up.
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- stanfordsoccerclub.org

Education

PUBLIC SCHOOLS

LAS LOMITAS ELEMENTARY SCHOOL DISTRICT
1011 Alschul Ave.
Superintendent: Beth Polito
- District operates two schools for children who live in parts of Menlo Park, Atherton, Woodside and unincorporated areas, including Ladera.

Board Members
Gautam Nadella, member, term ends 2022
Molly Finn, member, term ends 2022

Heather Hopkins, clerk, term ends 2022
Jason Morimoto, president, term ends 2024
Cynthia Saywell, vice president, term ends 2022

LAS Lomitas Elementary School
K-3
299 Alameda de las Pulgas, Atherton
- 650-854-5900 / ll-llesd-ca.schoolloop.com

La Entrada Middle School
4-8
2200 Sharon Road
- 650-854-3962 / le-llesd-ca.schoolloop.com

EMOYMAC
1445 Hudson St., Redwood City
- Sports programs with positive coaching for children ages 3 and up. Swim and kickboxing classes also available.
- 650-368-4168 / ymcavs.org/sequoia

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- 650-851-9091 / soloaquatics.com

Stanford Soccer Club
- Competitive youth soccer for ages 8 to 18.
- stanfordsoccerclub.org

MENLO PARK SCHOOL DISTRICT
181 Encinal Ave., Atherton
Superintendent: Erik Burmeister
- District operates five schools: Laurel (Upper and Lower campuses), Encinal and Oak Knoll elementary schools and Hillview Middle School. Spanish Immersion programs are available at Encinal and Laurel.

Board Members
Scott Saywell, president, term ends 2024
Francesca Segre, term ends 2024

Menlo-Atherton Youth Lacrosse
- 650-690-0341 / menloathertonlacrosse.com

Menlo-Atherton Girls’ Softball
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- stanfordsoccerclub.org

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NINO GAETANO
COMPASS

GAETANOGROUP@GMAIL.COM
Students construct a Rube Goldberg machine in their Green Academy physics class at Woodside High School in Woodside. Photo by Magali Gauthier.
**CHARTER SCHOOLS**

**East Palo Alto Academy**
Professional-development school with Stanford University School of Education
1050 Myrtle St., East Palo Alto  
• 650-839-8900 / epaahs.org

**Everest Public High School**
455 5th Ave., Redwood City  
• 650-366-1050 / everest.summitps.org

**Summit Preparatory Charter High School**
890 Broadway St., Redwood City  
• 650-556-1110 / summitprep.summitps.org

**PRIVATE SCHOOLS**

**Beechwood School**
50 Terminal Ave.  
KPrep-8; traditional/ Priority Admissions to Belle Haven and East Palo Alto.  
• 650-327-5052 / beechwoodschool.org

**Bowman International School**
4000 Terman Drive, Palo Alto  
K-8  
• 650-813-9131 / bowmanschool.org

**Castilleja School**
1310 Bryant St., Palo Alto  
6-12; girls, college prep  
• 650-328-3160 / castilleja.org

**Crystal Springs Uplands School**
400 Uplands Drive, Hillsborough  
6-12; coed, college prep  
• 650-342-4175 / www.csus.org

**Esther B. Clark School at Children’s Health Council**
650 Clark Way, Palo Alto  
7-16; academic program in therapeutic milieu  
• 650-688-3634 / chconline.org/ebc

**German International School of Silicon Valley (GISSV)**
310 Easy St., Mountain View  
• German/English  
• gissv.org

**The Girls’ Middle School**
3400 W. Bayshore Road, Palo Alto  
6-8; girls  
• girlsms.org

**Kehillah Jewish High School**
3900 Fabian Way, Palo Alto  
9-12; coed, college prep, Jewish  
• kehillah.org

**Keys School**
K-4: 2890 Middlefield Road, Palo Alto  
5-8: 3981 El Camino Real, Palo Alto  
K-8; coed  
• keyschool.org

**Lydian Academy**
815 El Camino Real  
6-12; one-on-one education  
• lydianacademy.com

**Menlo School**
50 Valparaiso Ave., Atherton  
6-12; coed, college prep  
• menloschool.org

**Mid-Peninsula High School**
1340 Willow Road  
9-12; coed, college prep  
• mid-pen.com

**Notre Dame High School**
1540 Ralston Ave., Belmont.  
9-12; Catholic, college prep, for young women  
• ndhsb.org

**Nativity Catholic School**
1250 Laurel St.  
Pre-K to 8; Catholic  
• nativityschool.com

**Peninsula School**
920 Peninsula Way  
Nursery and K-8; progressive  
• 650-325-1584 / peninsulahs.org

**Phillips Brooks School**
2245 Avy Ave.  
Preschool-5; coed  
• 650-854-4545 / phillipsbrooks.org

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a one-of-a-kind international education

- chinese | french | german
- preschool - 12th
- menlo park & palo alto campuses

**Silicon Valley International School**

inquire today at siliconvalleyinternational.org

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Continued from page 35

...Continued on page 40

The Menlo-Atherton High School varsity football team plays a game against Half Moon Bay High School. Courtesy Bob Dahlberg.
Proudly graduating a new generation of mental health professionals!

Palo Alto University is a non-profit university offering accredited bachelor’s, master’s, doctoral, and continuing education programs.

At the Forefront of Psychology & Counseling

www.PaloAltoU.edu
Emerson Montessori School

Nurturing tomorrow’s leaders

ACADEMIC EXCELLENCE

- Individualized, self-paced curriculum
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- Cultivation of thinking skills and personal values
- Year-round, full-day program for grades 1-8

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Palo Alto  (650) 424-1267
Pleasanton  (925) 485-5750

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HeadsUp! Montessori

- Year-round, full-day program for ages 0-6
- Individualized Montessori curriculum
- International curriculum (Chinese, Spanish)
- Cultivation of thinking skills & personal values
- Bilingual Chinese-English classroom option

CALL FOR A PRIVATE TOUR
Palo Alto  650-424-1221
San Jose  408-432-1644
Pleasanton  925-463-2885

www.headsup.org

YOUR WORLD

YOUR COMMUNITY

YOUR KEHILLAH

kehillah.org/welcome

A high school where you come as you are and contribute to something bigger.

Limited space remaining for the 2022-23 school year. Check for availability.
Together we change the lives of seniors in our community.

VISIT 1PVI.ORG FOR PROGRAMS NEAR YOU OR CALL (650) 272-5000.

Lifetime Enrichment at Little House
- Hybrid educational and cultural programs
- Arts and crafts
- Virtual travel series
- Technology assistance

Fitness Programs at Little House
- Hybrid Fitness classes
- Hybrid one-on-one personal training sessions

Meals on Wheels
- Nutritious home-delivered meals for qualified homebound individuals
- Contact-free delivery to your home
- Quarterly wellness checks

Adult Day Services at Rosener House
- Therapeutic activities for aging adults experiencing Alzheimer's, dementia, and other challenges
- Music Therapy, Trivia, Bingo, and more
- Respite for families and caregivers

RIDE PVI
- On-demand transportation to the doctor, dentist, grocery stores, PVI's senior center and pharmacies
- Affordable
- Short wait times
- No app needed

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**E D U C A T I O N**

Continued from page 36

- The Roberts School 641 Coleman Ave.
  Preschool, Pre-K, Young 5-year-olds; individualized attention, Piaget philosophy
  therobertsschool.com

- Sacred Heart Preparatory
  150 Valparaiso Ave., Atherton
  Pre-K to 12; coed, Catholic
  shschools.org

- Sand Hill School at Children’s Health Council
  650 Clark Way, Palo Alto
  2-8; language-based learning differences
  sandhillschool.org

- St. Raymond School
  1211 Arbor Road
  JK-8; Catholic
  straymond.org

- Synapse School
  3375 Edison Way
  Independent, Advanced Academic Curriculum, Six Seconds.
  K-8
  synapseschool.org

- Trinity School
  Preschool & transitional kindergarten:
  330 Ravenswood Ave.
  Elementary school & Main Office: 2650 Sand Hill Road
  Preschool-5; Episcopal, coed
  trinity-mp.org

- Waldorf School of the Peninsula
  Pre-K-Grade 5: 11311 Mora Drive, Los Altos
  Grades 6-12: 180 N. Rengstorff Ave., Mountain View
  Pre-K to 12; coed, developmentally-based experiential curriculum
  waldorfpninsula.org

- Woodland School
  360 La Cuesta Drive, Portola Valley
  Early childhood-8; coed
  woodland-school.org

- Woodside Priory School
  302 Portola Road, Portola Valley
  6-12; coed, college prep, Catholic/Benedictine, day and boarding school
  prioryca.org

**LANGUAGE PROGRAMS & ACADEMIC ENRICHMENT**

- Bay Area Arabic School
  310 Easy St., German International School of Silicon Valley campus, Mountain View
  baaschool.org

- Center for a New Generation at Belle Haven Community School
  415 Ivy Drive
  After-school and summer program run by the Boys & Girls Clubs of the Peninsula
  bellhaven.ravenswoodschools.org

**HOME SCHOOLING**

- Cana College
  4200 Farm Hill Blvd., Redwood City
  canadacollege.edu

**ADULT SCHOOLS & HIGHER EDUCATION**

- UC Berkeley Extension
  1301 Shoreway Road, Suite 400, Belmont
  extension.berkeley.edu

- Stanford University
  450 Jane Stanford Way, Stanford
  stanford.edu

- Palo Alto Medical Foundation (Sutter Health)
  795 El Camino Real, Palo Alto
  Primary and urgent care (drop-in).
  650-853-2958, urgent care / sutterhealth.org/pamf

- Peninsula Stroke Association
  3801 Miranda Ave., Bldg. 6, A-162, Palo Alto
  Monthly support groups for stroke survivors and caregivers.
  650-565-8485 / pacificstrokeassoc.org

- Planned Parenthood
  2497 El Camino Real, Redwood City
  Family planning and health services for women, men and teens; education, pregnancy testing, birth control, HIV testing and general health care.
  Services in English and Spanish
  650-503-7810 / plannedparenthood.org

- MayView Community Health Center (member of the Ravenswood Family Health Network)
  270 Grant Ave., Palo Alto
  Primary medical care for low-income individuals
  650-330-7400 / ravenswoodfhn.org

**SOCIAL SERVICES**

Services located in Menlo Park, unless otherwise noted.

**COVID-19 INFORMATION & EMERGENCY RESOURCES**

**COVID-19 Assistance Navigation hotline (CAN)**
- Free resource from the Fair Workplace Collaborative that connects residents to lawyers, information about unemployment applications, housing, food banks and financial aid
- 408-809-2124; scc-can-info@wpusa.org

**California Department of Public Health**
- COVID-19 health alerts, virus statistics, vaccine appointments, resources
  cdph.ca.gov/covid19

**Stanford Health Library**
- COVID-19, self-care and caregiver resources
  650-725-8400 / healthlibrary.stanford.edu

**COUNSELING/MENTAL HEALTH**

- Adolescent Counseling Services, Redwood City
  643 Bair Island Road, Suite 402
  On-campus and after-school counseling; substance-abuse treatment
  650-424-0852 / acs-teens.org

- Family and Children Services of Silicon Valley
  375 Cambridge Ave., Palo Alto
  Divorce support groups, child-abuse treatment, anger management and domestic violence offender treatment groups; substance-abuse treatment; LGBTQ youth services; support services for youth emancipating from foster care and victims of domestic violence
  650-326-6576 / fcservices.org

- Kara
  457 Kingsley Ave., Palo Alto
  Grief support
  650-321-5272 / kara-grief.org

- The La Selva Group
  4139 El Camino Way, Palo Alto (Part of Momentum for Mental Health)
  Various levels of care: psychiatry, residential (24-hour staffed) treatment, outpatient program, individual and group therapy, supportive housing, case management and after-care/ alumni services
  650-617-1759 / thelaselavgroup.com

**HEALTH & SUPPORT SERVICES**

- Arbor Free Clinic
  114 Fifth Ave., Redwood City
  Acute medical care for uninsured people in Santa Clara and San Mateo counties
  650-724-1332 / med.stanford.edu/arbor

- German International School of Silicon Valley (GISSV)
  310 Easy St., Mountain View
  German/English
  gissv.org

- Hwa Shin Bilingual Chinese School
  Held at various elementary and middle school campuses
  hwashinhschool.org

- Kumon Math and Reading Center
  2730 Middlefield Road, Palo Alto
  kumon.com/palo-alto

- Mathnasium
  605 Cambridge Ave., Suite A
  mathnasium.com/paloalto-menlopark

- Palo Alto School for Jewish Education (PASJE)
  Oshman Family Jewish Community Center, 3921 Fabian Way
  pasje.org

**HOME SCHOOLS**

- Bay Area Cancer Connections
  2335 El Camino Real, Palo Alto
  Support groups, counseling, nutrition workshops and more to people touched by breast or ovarian cancer
  650-326-6686; toll free 888-222-4401 / bccconnections.org

- Free At Last
  1796 Bay Road, East Palo Alto
  Helps community member with problems of addiction and the spread of communicable diseases, including HIV/AIDS and STDs; services include bilingual education and intervention, DUI classes, residential treatment, clean and sober living and outpatient services
  650-462-6999 / freeatlast.org

- Lucile Packard Children's Hospital Stanford
  725 Welch Road, Palo Alto
  Devoted to the care of children and expectant mothers
  650-497-8000 / stanfordchildrens.org

- Stanford Hospital & Clinics
  300 Pasteur Drive, Stanford
  Stanford Medical Group, 650-723-6028
  Stanford Family Practice, 650-723-6963
  Stanford Referral Center/ appointments, 877-254-3762
  Hospital operator, 650-723-4000
  stanfordhospital.org

- Menlo Medical Clinic
  1300 Crane St.
  Primary and specialty care
  650-498-6500 / bit.ly/MenloClinic

- Palo Alto Medical Foundation (Sutter Health)
  795 El Camino Real, Palo Alto
  Primary and urgent care (drop-in).
  650-853-2958, urgent care / sutterhealth.org/pamf

- Peninsula Stroke Association
  3801 Miranda Ave., Bldg. 6, A-162, Palo Alto
  Monthly support groups for stroke survivors and caregivers.
  650-565-8485 / pacificstrokeassoc.org

- Planned Parenthood
  2907 El Camino Real, Redwood City
  Family planning and health services for women, men and teens; education, pregnancy testing, birth control, HIV testing and general health care.
  Services in English and Spanish
  650-503-7810 / plannedparenthood.org

- MayView Community Health Center (member of the Ravenswood Family Health Network)
  270 Grant Ave., Palo Alto
  Primary medical care for low-income individuals
  650-330-7400 / ravenswoodfhn.org
SOCIAL SERVICES

Ecumenical Hunger Program
2411 Pulgas Ave., East Palo Alto
• Emergency food, clothing, household essentials, furniture, support programs and referral services to families in need. The nonprofit is open Monday-Thursday from 9 a.m. to noon and 2:30 to 5:30 p.m. for food distribution service and from 8 a.m. to 5 p.m. for donations. The nonprofit is closed on Friday, Saturday and Sunday. 650-323-7781 / ehpcares.org

Fair Oaks Community Center
2600 Middlefield Road, Redwood City
• Range of services for the Redwood City area community provided by Redwood City staff and nonprofit agencies
650-780-7500 / bit.ly/FairOaksCommunityCenter

Jewish Family and Children’s Services
Koret Family Resource Center, 200 Channing Ave., Palo Alto
• Counseling, elder-care consultation; home-care services, clinical services
650-688-3039 / jfcs.org

San Mateo County Child Protective Services
24-hour child abuse and neglect hotline
650-802-7922, 800-632-4615 / hsa.smcgov.org/child-protective-services

Second Harvest Food Bank of Santa Clara and San Mateo Counties
4001 N. First St. and 750 Currant Ave., San Jose
• Partners with hundreds of nonprofit agencies to provide food at more than 770 sites, including pantries, soup kitchens, shelters and after-school programs
800-984-3663 (food connection hotline); 408-266-8866 (San Jose center) / shfb.org

St. Anthony’s Padua Dining Room
3500 Middlefield Road
• Hot lunch program, grocery and clothing distribution, public-health services.
650-365-9664 / paduadiningroom.com

CITY & TOWNS

MENLO PARK

CIVIC CENTER
Laurel Street near Ravenswood Avenue. Burgess Park, which is located at the Civic Center, includes swimming pools and a locker room, baseball and soccer fields, a skate park and a gymnastics center.

CITY COUNCIL CHAMBERS
701 Laurel St. The Menlo Park City Council generally meets on the second and fourth Tuesdays of the month at 7 p.m. in the council chambers. Visit menlopark.org/citycouncil to view live footage of the meetings. Agendas, minutes and staff reports are posted on the city’s website at menlopark.org/agendacenter.

CITY STAFF
City Council: See Public Officials section.
Interim City Manager: Justin Murphy, 650-330-6610 / jcmurphy@menlopark.org
Executive Assistant to the City Manager: Nicole Casados, 650-330-6611 / ncasados@menlopark.org
City Attorney: Nira Doherty, 650-330-6610
City Clerk: Judi Herren, 650-330-6621 / jherren@menlopark.org
Police Chief: David Norris, 650-330-6322
Library and Community Services Director: Sean Reinhart, 650-330-6725 / sreinhart@menlopark.org
Acting Human Resources Manager: Kristen Strubbe, 650-330-6631
Public Works Director: Nikki Nagaya, 650-330-6781 / nnagaya@menlopark.org

PLANNING COMMISSIONERS
Andrew Barnes, term ends 2024, andrewbarnes210.com
Henry Riggs, term ends 2024, hriggs@comcast.net
Chris DeCardy, chair, term ends 2023, cdecardy@gmail.com
Michele Tate, term ends 2023, tetatemenlopark@gmail.com
Cynthia Harris, vice chair, term ends 2025, cynthiaruthharris@gmail.com
Linh Dan Do, term ends 2026, linhhdan@gmail.com
David Thomas, term ends 2026, davidthomas5412@gmail.com

The Planning Commission meets twice a month on Mondays (exact schedule varies) at 7 p.m.
Staff contact: Corinna Sandmeier, senior planner, csandmeier@menlopark.org / 650-330-6726

OTHER COMMISSIONS
Complete Streets Commission: Kevin Chen, acting senior transportation engineer, kchen@menlopark.org / 650-330-6748
Environmental Quality Commission: Rebecca Lucky, sustainability manager, rlucky@menlopark.org / 650-330-6765
Finance and Audit Committee: Marvin Davis, interim finance director, mvdavis@menlopark.org / 650-330-6628

Continued on page 42

www.AlmanacNews.com  Info Menlo • 41
MENLO PARK
1. Menlo Park Civic Center, Menlo Park Police Department, Menlo Park Library
2. Belle Haven Branch Library
3. Belle Haven Police Substation
4. Arrillaga Family Recreation Center
5. Burgess Pool
6. Post Office, Menlo Park Branch
7. Post Office, Oak Grove Station
8. Post Office, West Menlo Park Branch

ATHERTON
1. Atherton Town Hall, Post Office
2. Atherton Police Department
3. Atherton Library
4. Holbrook-Palmer Park

PORTOLA VALLEY
1. Portola Valley Town Center, Portola Valley Library

WOODSIDE
1. Woodside Town Hall, Post Office
2. Woodside Library

FIRE STATIONS
(see Public Officials section)
Menlo Park Fire Protection District
1. Station 1 - Middlefield Road, Menlo Park
2. Station 2 - University Avenue, East Palo Alto
3. Station 3 - Almendral Avenue, Atherton
4. Station 4 - Alameda de las Pulgas, Menlo Park
5. Station 5 - Fair Oaks Avenue, Menlo Park
6. Station 6 - Oak Grove Avenue, Menlo Park
7. Station 77 - Chilco Street, Menlo Park

Woodside Fire Protection District
1. Station 7 - Woodside Road, Woodside
2. Station 8 - Portola Road, Portola Valley
3. Skylonda Fire Station - Skyline Boulevard, Woodside

Garbage and Curbside Recycling Service is provided by Recology Waste Zero. Visit the website for more information.
- 650-595-3900 / recology.com

Historical Library, Menlo Park Library, lower level, 800 Alma St.
- 650-330-2522

CITY SERVICES
Library, 800 Alma St. 650-330-2501 / menlopark.org/library
- Reference: 650-330-2520 / mplref@plsinfo.org
- Circulation: 650-330-2501
- Children: 650-330-2530
- Project Read - Adult Literacy Program: 650-330-2525 / projectread@menlopark.org

Friends of the Library, 650-330-2521 / friendsmpl.org

Belle Haven Branch Library, 413 Ivy Drive. menlopark.org/library / 650-330-2540

Other Community Services
Fire Service is provided by the Menlo Park Fire Protection District.
- 911 (Emergency) / 650-688-8400 (Non-emergency)
- Fire Prevention Bureau: 650-688-8425

ATHERTON
TOWN HALL
80 Fair Oaks Lane It houses the offices of the city manager, city clerk and finance department, a branch post office and the police department. Across the street is the City Council Chambers.

TOWN STAFF
Town Council: See Public Officials section.
City Manager: George Rodericks, 650-752-0504 / grodericks@ci.atherton.ca.us
Police Chief: Steve McCulley, 650-752-0508 / smcculley@ci.atherton.ca.us
City Attorney: Mona Ebrahimi, 650-752-0546 / cityattorney@ci.atherton.ca.us
City Clerk and Deputy City Manager: Anthony Suber, 650-752-0529 / asuber@ci.atherton.ca.us
Public Works Department: Robert Ovadia, 650-752-0541 / rovadia@ci.atherton.ca.us

OTHER COMMUNITY SERVICES
Onetta M. Harris Community Centers, 100 Terminal Ave. Closed until 2023 for renovations.

Continued from page 44

Housing Commission: Adam Patterson, management analyst, apatterson@menlopark.org / 650-330-6625
Library Commission: Nick Szegda, assistant library services director, njszegda@menlopark.org / 650-330-2506

Parks & Recreation Commission: Nick Szegda, assistant library services director, njszegda@menlopark.org / 650-330-2506

CITY & TOWNS

www.AlmanacNews.com
Meet Your Area Experts
Atherton, Menlo Park, Palo Alto
Portola Valley, Redwood City
& Woodside

Karen Fryling & Rebecca Johnson
650.281.8752/650.438.2331
kfryling@intero.com/rjohnson@intero.com
RealTrends Top-Ranked Team for 2022
DRE #01326725/01332193
Visit me online: keykopintz.agent.intero.com
Keyko Pintz
650.224.9815
kpintz@intero.com
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Visit me online: keykopintz.agent.intero.com
Jessica Yau
650.283.9525
jyau@intero.com
Local to Global
用心為客戶做到最好！
DRE #01406732
Visit me online: JessicaYau.com

Doris Messina
650.248.6069
dmessina@intero.com
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DRE #01385521
Visit me online: DorisMessina.com

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650.400.3309
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Visit me online: daphne.agent.intero.com

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PORTOLA VALLEY

TOWN CENTER

765 Portola Road, Town Council and commissions meet in the renovated 1909 Historic Schoolhouse. The building and playing field complex at Town Center includes the Town Hall, library, a community hall and activity rooms. Open 8 a.m. to noon and 1-5 p.m. Monday through Friday.

Town Staff: 650-851-1700

Town Council: See Public Officials Section.

Town Manager: Jeremy Dennis, Ext. 215

Town Clerk: Melissa Thurman, Ext. 210

Planning & Building Director: Laura Russell, Ext. 218

Public Works Director: Howard Young, Ext. 214

Senior Development Review Technician: Carol Bork, Ext. 211

Development Review Technician II: CheyAnne Brown, Ext. 216

Assistant to Town Manager: Melvin Gaines, Ext. 222

Town Attorney: Cara Silver

PLANNING COMMISSION

Members: Jon Goulden, chair; Anne Kopf-Sill, vice chair; Jon Goulden; Judith Hasko; Craig Taylor, Nicholas Targ

The Planning Commission generally meets at 7 p.m. on the first and third Wednesdays of the month. Visit portolavalley.net for more information or contact the commission at planningcommission@portolavalley.net.

ARCHITECTURAL & SITE CONTROL COMMISSION

Members: Danna Breen, chair; Dave Ross, vice chair; Megan Koch; All Sill; Jane Wilson, Kenny Cheung. The commission generally meets at 4 p.m. on the second and fourth Mondays of the month. Visit portolavalley.net for more information or contact the commission at asc@portolavalley.net.

TOWN SERVICES

Police Services are provided by the San Mateo County Sheriff’s Office under contract. Hall of Justice and Records, 400 County Center, Redwood City

911 (Emergency) / 650-216-7676 (Non-emergency)

Fire Services. Fire protection and enforcement of codes are provided by the Woodside Fire Protection District. See Public Officials section for more information

911 (Emergency) / 650-851-1594 (Non-emergency)

woodsidefire.org

Garbage and Curbside Recycling Service are run by GreenWaste Recovery.

Administrative address: 1500 Berger Drive, San Jose; 8 a.m.-5 p.m.

650-568-9900 / customerservice@greenwaste.com / portola-valley

Town Center Classes, For more information, call Town Hall 650-851-1701 ext. 200 / frontdesk@portolavalley.net

Volunteer Committees For more info, go to “Town Government” link at portolavalley.net or call Town Hall at 650-851-1701

Bicycle, Pedestrian & Traffic Safety Committee

Cable & Utilities Undergrounding Committee

Conservation Committee

Cultural Arts Committee

Emergency Preparedness Committee

Finance Committee

Geologic Safety Committee

Historic Resources Committee

Nature & Science Committee

Open Space Acquisition Advisory Committee

Parks & Recreation Committee

Public Works Committee

Sustainability Committee

Trails And Paths Committee

Wildfire Preparedness Committee

Library, 765 Portola Road.

All San Mateo County Libraries are open with curbside services available

650-851-0560 / smcl.org

Friends of the Library, 650-851-0560

WOODSIDE

TOWN HALL

2955 Woodside Road, The building houses the town administrative offices and the Planning and Building Department. The Town Hall is open Monday through Thursday 8 a.m. to noon and 1 to 5 p.m.

650-851-6790 / townhall@woodsidetown.org / woodsidetown.org.

TOWN STAFF

Town Council: See Public Officials section.

Town Manager and Director of Finance: Kevin Bryant, 650-851-6790 / kbryant@woodsidetown.org

Town Attorney: Jean Savaree, 650-593-3117

Town Engineer/Director of Public Works: Sean Rose, 650-851-6790 / srose@woodsidetown.org

Town Clerk: Jennifer Li, 650-851-6790 / jli@woodsidetown.org

Planning Director: Jackie Young, 650-851-6790 / jyoung@woodsidetown.org

PLANNING COMMISSIONERS

Darrell Batchelder, District 1, term ends February 2024.

Marilyn Voelke, District 2, term ends February 2023.

Craig London, District 3, term ends February 2026.

Matt Garr, District 4, term ends February 2026.

Aydan Kutay, District 5, term ends February 2024.

Jim Bildner, District 6, term ends February 2023.

Virginia Dare, District 7, term ends February 2024.

The Planning Commission’s regular meetings are held 6 p.m. on the first and third Wednesdays of the month. For meeting agendas and more information, visit woodsidetown.org/bc-pc

ARCHITECTURAL & SITE REVIEW BOARD

The Architectural and Site Review Board is holding hybrid meetings, with attendance open to the public remotely and meeting in person at Town Hall, 2955 Woodside Road. The board generally meets at 4:30 p.m. on the first and third Mondays of the month.

Town Clerk, 650-851-6790

OTHER COMMITTEES

For more information about committees, contact the town clerk at jli@woodsidetown.org

Arts & Culture Committee

Audit Committee

Circulation Committee

Emergency Preparedness Committee

Environment: Open Space, Conservation and Sustainability Committee

History Committee

Livestock and Equestrian Heritage Committee

Public Safety Committee

Recreation Committee

Trails Committee

Volunteerism/Volunteer Liaison and Engagement

TOWN SERVICES

Police Services are provided by San Mateo County Sheriff’s Office under contract.

Hall of Justice and Records, 400 County Center, Redwood City, 94063

911 (Emergency) / 650-216-7676 (Non-emergency)

Fire Service fire protection and enforcement of codes are provided by the Woodside Fire Protection District. See Public Officials section for more info.

911 (Emergency) / 650-851-1594 (Non-emergency)

woodsidefire.org

Garbage and Curbside Recycling Service is run by GreenWaste Recovery. Visit the website for more information.

Administrative address: 610 E Gish Road, San Jose

8 a.m.-5 p.m.

Customer Service Line: 650-568-9900 / 408-283-4800

Library, 3140 Woodside Road

10 a.m. to 8 p.m. Monday-Thursday and 10 a.m. to 5 p.m. Friday-Sunday

650-851-0147 / smcl.org/locations/1W

Friends of the Library

650-851-0147

Woodside Branch of Redwood City

Post Office, 2995 Woodside Road, R200

Monday-Friday, 9:30 a.m.-5 p.m.

usps.com

INFO MENLO

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Bill Johnson

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Info Menlo contains some information about neighboring communities, but more complete details are in Info Mountain View and Info Palo Alto — available at Embarcadero Media, 450 Cambridge Ave., Palo Alto, as well as at local bookstores and other outlets.

Go to AlmanacNews.com for the latest news, A&E, Town square discussion forum, and much more.

The Almanac

450 Cambridge Avenue | Palo Alto, CA 94306

650-854-2626

www.AlmanacNews.com Info Menlo • 45
PUBLIC OFFICIALS

Editor's note: Some public meetings may be held virtually. Check status in advance of regularly scheduled meetings listed below.

TOWN OF ATHERTON
TOWN HALL
80 Fair Oaks Lane
• 650-752-0500 / ci.atherton.ca.us

COUNCIL MEMBERS
Bill Widmer, vice mayor, term ends November 2022, 650-400-9898 / bwidmer@ci.atherton.ca.us
Rick DeGolia, mayor, term ends November 2022, 650-793-2800, rdegolia@ci.atherton.ca.us
Diana Hawkins-Manuelian, term ends November 2024, 650-533-8830 / elizabeth@ci.atherton.ca.us
Bob Polito, term ends November 2022, rpolito@ci.atherton.ca.us
Elizabeth Lewis, mayor, term ends November 2022, 650-330-6610 / jicmurphy@menlopark.org

Meetings are held on the third Wednesday of the month at 6 p.m. Study sessions are held on the first Wednesday of the month at 4 p.m.
• 650-752-0529

TOWN STAFF
City Manager: George Rodericks, 650-752-0504 / grodericks@ci.atherton.ca.us
City Clerk and Deputy City Manager: Anthony Suber, 650-752-0529 / asuber@ci.atherton.ca.us
Police Chief: Steve McCulley, 650-752-0508 / smcculley@ci.atherton.ca.us

TOWN OF PORTOLA VALLEY
TOWN HALL
765 Portola Road, Portola Valley, 94028
• 650-851-1700
• towncenter@portolavalley.net / portolavalley.net

TOWN COUNCIL
Maryann Derwin, term ends November 2022, mderwin@portolavalley.net
Craig Hughes, mayor, term ends November 2022, chughes@portolavalley.net
Jeff Aaf, term ends November 2024, jaafis@portolavalley.net
John Richards, term ends November 2022, jrichards@portolavalley.net
Sarah Wernikoff, vice mayor, term ends November 2024, swernikoff@portolavalley.net

Meets at 7 p.m. on the second and fourth Wednesdays of the month in the Historic Schoolhouse at Town Center, 765 Portola Road. Check status of in-person meetings.

TOWN STAFF
Town Manager: Jeremy Dennis, 650-851-1700 ext. 215

The Town Council’s regular meetings begin at 7 p.m. on the second and fourth Tuesdays of the month at Independence Hall, Woodside and Whiskey Hill roads, Woodside.
• 650-851-6790

TOWN STAFF
Town Manager/Finance Director: Kevin Bryant, 650-851-1594 / kbryant@woodsidetown.org
Fire Chief: Ron Linder
Fire Stations:
• Headquarters station (Station 7): 3111 Woodside Road, Woodside, 650-851-1594
• Station 8: 135 Portola Road, Portola Valley, 650-851-1626
• Station 19: 4091 Jefferson Ave., Redwood City, 650-368-2155

STATE GOVERNMENT
SENATE
Josh Becker, (D-San Mateo), District 13
District Office: 1528 S. El Camino Real, Ste. 303, San Mateo, 94020
• 650-212-3313 / sen13.senate.ca.gov

ASSEMBLY
Marc Berman, (D-Palo Alto), District 24
District Office: 721 Colorado Ave., Suite 101, Palo Alto, 94303
• 650-324-2224 / a24.asmdc.org

SAN MATEO COUNTY GOVERNMENT
ADMINISTRATIVE OFFICES
400 County Center (entrance at corner of Hamilton Avenue and Bradford Street), Redwood City, 94063
• 650-363-4000 / smcgov.org

BOARD OF SUPERVISORS
Dave Pine, District 1, term ends January 2025, 650-363-4571
Carole Groom, District 2, term ends January 2023, 650-363-4568
Don Horsley, president, District 3, term ends January 2023, 650-363-4569

SPECIAL DISTRICTS
MID PENINSULA REGIONAL OPEN SPACE DISTRICT
5050 El Camino Real, Los Altos, 94022
• 650-691-1200 / openspace.org

GENERAL MANAGER: Ana Marla Ruiz

COMMUNITY COLLEGE DISTRICT
3401 CSM Drive, San Mateo, 94020
• 650-574-6550 / smccd.edu

CHANCELLOR: Michael Claire

SEQUOIA HEALTHCARE DISTRICT
525 Veterans Blvd., Redwood City, 94063
• 650-421-2155 / sequoiahealthcaredistrict.com

PAMELA KURTZMAN, CEO, 650-421-2155 ext. 202 / pkurtzman@sequoiahealthcaredistrict.com

SEWER DISTRICTS
West Bay Sanitary District, 500 Laurel St., Menlo Park, 94025
• 650-321-0384 / info@westbaysanitary.org / westbaysanitary.org

Menlo Park Firefighter- Paramedic Scott Stancil helps put firefighter gear on Joey, 7, at the Atherton National Night Out at Holbrook-Palmer Park on Aug. 2. Photo by Adam Pardee.
yn, Beth and Liliana are true Menlo Park-Atherton area natives, attended local schools, maintain strong connections and have an in depth knowledge of the area and its surroundings. They are dedicated to serve the community and their clients. A special synergy is created when knowledgeable, energetic and creative real estate professionals get together and do what they love to do.

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• The LJ Cobb Team’s primary area of practice are the sought-after counties of San Francisco, San Mateo and Santa Clara, typically referred to as “The Gateway to the Silicon Valley.” The LJ Cobb Team has a vast knowledge of these unique and diverse communities.

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• A Team with over 60 years of experience helping clients buy and sell homes.

<table>
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<tr>
<th>Active Listings</th>
<th>Recently Sold Listings</th>
<th>Recently Sold Listings</th>
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<tr>
<td>2140 Santa Cruz Ave, B106, Menlo Park</td>
<td>2140 Santa Cruz Ave, C306, Menlo Park</td>
<td>4123 Middlefield Rd, Palo Alto</td>
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<tr>
<td>245 Harvard Rd, San Mateo</td>
<td>2140 Santa Cruz Ave, D108, Menlo Park</td>
<td>6 Yarnall Pl, Redwood City</td>
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<tr>
<td>635 Illinois Ave, San Jose</td>
<td>2140 Santa Cruz Ave, E104, Menlo Park</td>
<td>1185 Foxchase Dr, San Jose</td>
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<tr>
<td>1642 Ralston Ave, Belmont</td>
<td>777 Woodland Ave, Menlo Park</td>
<td>700 Patrol Rd, Woodside</td>
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A real estate broker and attorney, Elaine has been involved in over 725 real estate transactions in 28 years. She is a trained negotiator and mediator and has extensive experience in remodeling and construction. She assists her clients in maximizing their sale proceeds and in remodeling their homes to best serve their needs. Elaine is in the top 1% of all Coldwell Banker agents, and has certifications in marketing, negotiation, and senior housing needs. Elaine was an instructor at Santa Clara University Law School, Cañada College and in the Stanford Continuing Studies Program and trains agents in ethics and other real estate concerns.