

Finding *calm* in the **storm**



The Almanac/Marjan Sadoughi

Psychologist Lynn Waelde developed the stress-reduction and relaxation techniques for parents and kids that will be taught in Menlo Park.

Local classes designed to reduce stress for both parents and their kids

Renee Batti

Almanac News Editor

Imagine walking into your freshly painted family room after coming home from work and discovering that the north wall of the room now bursts with an oversized encore of your son's latest preschool art project.

The nanny, you find, is dozing on the sofa, and your child is now choosing his next crayon to complete his masterpiece.

What do you do?

"In teaching effective parenting techniques, we always tell parents that, first of all, you've got to stay very calm ... and then tell the child what (he or she has) done wrong," says Lynn Waelde, a licensed clinical psychologist and associate professor of the Pacific Graduate

School of Psychology in Palo Alto.

"For many years I've been teaching this to grad students and parents, and one day I woke up and said, wait a minute, where's the part where we tell the parents *how* to remain calm?" she adds. "If your child has just crayoned the wall, it may be hard to remain calm."

From that metaphorical awakening, a new approach to teaching parents how to cope with the inevitable surprises and crises of family life was born.

"I realized that it was up to me ... and that before I go on teaching (parenting techniques) to graduate stu-

'For me, it's not enough that people come in the room and meditate and relax, and then lose that sense of relaxation as soon as they get in their car and get to a three-cycle stoplight.'

LYNN WAELDE

CLINICAL PSYCHOLOGIST

dents, we should actually do something to help the parents remain calm," she says.

A longtime teacher of stress-reduction and relaxation programs, Ms. Waelde subsequently developed a specialized program for parents that includes teaching techniques for calming the inner waters as a first step in

dealing with a parenting problem.

The program will be launched locally next week through the city of Menlo Park's recreation program. And a complimentary component will be a relaxation class for kids.

"Inner Resources for Parenting Stress," an eight-week class that begins Jan. 18 at the Burgess Recreation Center, will be conducted simultaneously with — but separately from — "Inner Resources for Kids."

"When both parent and child can be shown practices to manage stress in a fun and easy way, the result is a happier home," Ms. Waelde commented

in a written statement about the class. "At the end of the class, participants should see a marked difference in their family dynamic — (fewer) meltdowns, more harmony."

Although the classes are designed to be complimentary, parents can sign up for the adult class without enrolling a child in the other, which is designed for children ages 4 to 14. Children cannot be enrolled in the "Inner Resources for Kids" program, however, unless a parent signs up for the adult section.

Many of the techniques taught in the classes will be patterned on Ms. Waelde's work as director of the Inner Resources Center, a program of the Pacific Graduate

See **STRESS**, page 27



MENLO PARK...Stunning 3BD/2.5BA rebuilt home. Large gourmet kitchen opens to great room, separate dining/living room and den. Home features gorgeous finishes throughout, hardwood floors, impressive moldings, and natural stone. Private backyard complete with beautiful landscaping and patio.
JAMI ARAMI \$1,349,000



MENLO PARK...Great downtown location for this well-built and spacious duplex. Hardwood Floors, Fireplaces in Living Rooms and a great rental history. Perfect for owner to rent out one unit and occupy the other.
TOM BOEDDIKER \$1,295,000



PALO ALTO...Spacious 5 Bedroom home in Old Palo Alto. High ceilings and windows provide lots of light throughout the home. Family room off kitchen, 3 Fireplaces, A/C. Close to California Ave. Only 18 years old per Metrosan!
CAMILLE EDER \$2,399,900



PALO ALTO...Lovely Barrett & Hilp built home. 3 BR/2BA home w/large family room with corner fireplace. Custom designed swimmer's pool and spa with beautiful foliage and trees. Located minutes from lively Downtown Palo Alto and top rated Palo Alto schools.
JAN STROHECKER \$1,625,000

ATHERTON

Stunning 3 Bedroom/2 Bath home with views. Remodel or build new. This property has a pool and is priced to sell quickly.

STEVE GRAY \$2,750,000

CUPERTINO

This spacious 5BD/3BA home has been extensively remodeled. Gourmet kitchen, Custom baths, beautiful grounds include: garden and pool. Award winning Cupertino Schools!

SHELLIE FLETCHER \$1,499,000

EAST PALO ALTO

Clean and cozy 2BR/2BA, just painted inside and out. New carpet and blinds.

GORDANA WOLFMAN \$99,000

REDWOOD CITY

Spacious two bedroom home with refinished hardwood floors. Open kitchen leading to large backyard. Bonus room off one car garage. Excellent street and close to schools, parks and shopping.

BRENDAN ROYER \$749,000

SAN JOSE

Spacious home. 2BD/1BA added with separate entrance. Great for 2 family living.

SALLY KWOK \$799,000

Excellent location! Nicely updated duplex with newer appliances, carpet, fixtures, paint, front landscaping and more! Property is very private with fenced yard, separate patio and garage. Convenient to Hwys 85 & 17.

MARY JO MCCARTHY \$775,000

SAN MATEO

Charming 2BR/2BA recently remodeled, designer paint, granite countertops, newer kitchen cabinets, tile floor. European grade fixtures and porcelain floors in both baths.

BARBARA KLEM \$488,500

WOODSIDE

Dramatic tree top view lot on lower Patrol Road. Plans for a large house are in process, design review complete. Survey soils, geotech done. Build your dream home!

MATT SHANKS \$1,395,000



SAN GREGORIO...Turnkey home on the San Gregorio/La Honda border. 3BD/2BA. Open floor plan. Home orients to rear yard and views of hills. Running creek with water rights included.
JANET LAWSON BURR \$829,000



WOODSIDE...Private end of cul-de-sac location with Northern views to the bay and beyond. Rebuild or Remodel at this wonderful Woodside location. First time on market in 30 years! This 4+ bed retreat includes a Studio apartment and an additional 2-bed unit. Barn for up to 2 horses. Huddart Park is your closest neighbor. Woodside schools.
K. CASHIN / B. ROYER \$1,799,000



WOODSIDE...Large, beautiful shingled home with two bedrooms, two full baths and large office. The kitchen features granite counter tops and lots of room for entertaining. The living room has a wood burning fireplace. Most rooms enter out to large redwood decks giving the home an indoor/outdoor feel. Portola Valley Schools. Minutes to 280 and the town of Woodside.
DANA CAPPIELLO \$989,000



WOODSIDE...Exquisitely remodeled home set in the Redwoods. Two bedrooms, one and a half baths. Cherry cabinetry, all new appliances and granite countertops highlight the chef's kitchen. All new windows and lots of light. Beamed ceilings, hardwood floors, separate dining room. The large living room has a wood burning fireplace.
DANA CAPPIELLO \$898,000

1377 El Camino Real, Menlo Park (650) 614-3500
2989 Woodside Road, Woodside (650) 529-1000
400 Hamilton Avenue, Palo Alto (650) 853-7100
3130 Alpine Road, Portola Valley (650) 529-2900



496 First Street, Suite 100, Los Altos (650) 948-8050
300 El Camino Real, San Carlos (650) 598-4900
430 N. El Camino Real, San Mateo (650) 343-3700
1412 Chapin Avenue, Burlingame (650) 340-9688

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STRESS

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School of Psychology's training clinic (the Kurt and Barbara Gronowski Clinic in Los Altos).

The parenting class will use relaxation, breathing and meditation as techniques to put the brakes on stress as it arises, Ms. Waelde says. It's designed to teach parents skills that they can practice and, as time goes on and the skills become solid, call upon "in those stressful moments," she says.

"For me, it's not enough that people come in the room and meditate and relax, and then lose that sense of relaxation as soon as they get in their car and get to a three-cycle stoplight."

The techniques are designed to help parents — and anyone else in a stressful situation — "quiet down that little, worried voice in their heads" just as it begins to speak, Ms. Waelde says.

In the 90-minute classes, which will be led by PGSP doctoral students, "we'll spend some time in each group on how to use the techniques," Ms. Waelde explains. "It's not a group where you come and talk about your problems — it's not a therapy group."

"We talk to people about how to apply the techniques to the specific things they'd like to use them for. There's individual attention, to tailor the techniques to each person. It's not a one-size-fits-all."

Ms. Waelde likens learning, then practicing the techniques to what basketball players do when they practice dribbling and free-throws. "Does anyone wonder why those professional basketball players continue to throw that ball again and again?" she asks.

"They keep doing it because in the heat of the moment, they want that throw to be right there for them," she continues. "The reason you practice is because when you get in the game, you want to have your moves ready. You want to be warmed up and you want to be sharp."

Relaxing the kids

Ms. Waelde says the class for kids will use movement and creative activities to achieve its goals. "We have developed some very kid-



The Almanac/Marjan Sadoughi

Inner Resources Center facilitator Mary Jo Mortensen, from right, students Kim Chu and Rebecca Brackett, and facilitator Allison Penner participate in a recent body-breath awareness class at the Pacific Graduate School of Psychology.

friendly ways for children to learn how to focus and how to reduce their stress and how to be more self-aware; and we'll teach those things in a way that's age-appropriate for the kids, and at the same time the parents can go and have their own class," she says.

The clinic, she says, has had great success in teaching a form of meditation to kids in kindergarten and first grade. "Kids have really responded well," she notes.

In those classes, children engage in a short meditation first thing in the morning. She recalls one instructor telling her that, after one of the earliest meditation sessions, one of the "wiggly boys" approached the instructor and said: "Thank you. I didn't think I was going to be able to sit down and do my writing today, but now I know I can do it."

"We were just so pleased with that (success) that I thought, if we're going to offer this program for parents, why not for kids," Ms. Waelde says.

The emphasis in school on academics "is of the utmost importance," she notes, but there is also a healthy trend toward teaching life skills. "Being able to remain calm and focused is a very important life skill. A lot of things in life now for kids provide a lot of stimulation. They get stimulated by television, by video games, by classrooms with lots of other kids. But there's not too much to teach kids how to be calm and

focus and center themselves."

The resources within

Ms. Waelde has a doctorate in developmental child clinical psychology, and in addition to her position with the PGSP training clinic, she is a research associate with the VA Palo Alto Health Care System.

She has long been interested in the therapeutic uses of meditation and yoga, and she developed the techniques that will be used in the Menlo Park classes, calling the practices "Inner Resources." She uses that name, she says, because through many years of teaching programs in the community, "I saw that people develop a certain kind of inner strength — certain resources that they can call on in times of stress."

Class participants will be given a manual and a set of audio recordings designed to guide students in practicing at home the techniques they're taught in class, she says.

While the goal of the kids' class is for children to learn to focus — and have fun at the same time — Ms. Waelde says the adult class is designed to help parents accept that "you can't just make things happen just the way you want them to happen."

"But what you can do is change the way you deal with that, and change the way you feel about it. That's the purpose of this class — to help people surf the waves instead of getting smashed by them." ■

■ INFORMATION

Inner Resources classes begin next week

"Inner Resources for Parenting Stress" and "Inner Resources for Kids" (ages 4-14) will be held on Thursdays from 7 to 8:30 p.m., Jan. 18-March 15, at the Burgess Recreation Center in the Menlo Park Civic Center.

There will also be Monday night classes in Los Altos.

The class fees for Menlo Park residents are: \$128 for the adult class, with a \$25 materials fee; and \$53 for the children's class, with a \$10 materials fee. For nonresidents, the fees are \$172 and \$71, respectively.

For more information or to register, call the Menlo Park Community Services office at 330-2200, or log on at www.menlopark.org and click on the Activity Guide icon in the right column.

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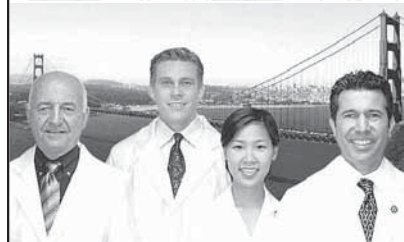
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Calendar

MEETINGS, MUSIC, THEATER, FAMILY ACTIVITIES AND SPECIAL EVENTS

Submitting your information

Information for Calendar listings must be submitted online. Please go to www.PaloAltoOnline.com, click on "Master Community Calendar," and then click on "Submit a listing." If you have questions, call Renee Meil at the Almanac, 854-2626. After hours, press zero and leave a message for Renee. **For more Calendar listings, go to PaloAltoOnline.com, and click on "Master Community Calendar."**

Classes/ Workshops

Effective Listening Workshop. Wednesdays, Jan. 10 and 17, 7-9 p.m. Learn how to avoid misunderstandings, reduce conflict and improve relationships. \$20. Menlo Park Presbyterian Church, 1177 University Dr., Menlo Park. Call 654-5869. www.menloparktm.org

Electrostatics. Students learn about static electricity, tribo-electricity, and the monumental discoveries of Michael Faraday. Each student builds an electroscope, a Leyden jar, and an

electrophorus. Experiments built in class can be taken home. Saturdays, Jan. 20, 27, and Feb. 10, 10 a.m.-noon. \$40 members/\$50 non-members. Museum of American Heritage, 351 Homer Ave., Palo Alto. Call 321-1004. www.moah.org

Mushroom Walks. Filoli Nature Docents will lead a discovery excursion along the hills at Filoli. Children under 12 not allowed. Jan. 6, 20 and 27, 10 a.m.-noon. \$10 members/\$15 non-members. Filoli, 86 Canada Road, Woodside. www.filoli.org

Yoga for Inner Peace and Well being. Discover inner peace of mind and body through yoga and meditation, and

other mindful movement. Jan. 10-March 7, 5:30-7 p.m. \$95. Little House, 800 Middle Ave., Menlo Park. Call 323-5532.

Concerts

Gregg Rolie Band, Malo plus La Ventana. Jan. 13, 7 p.m. \$35 advance/\$40 at the door. Fox Theatre, 2215 Broadway, Redwood City. Call 366-4119. www.foxdream.com

The Fortnightly Music Club Concert. Sun., Jan. 14, 8 p.m. Program will include works by Alkan, Chopin, Conrad, Kupferman and Khachaturian. Performers include Driskill-Smith, Lightburn, Chiu, piano; Barton-Helding, Cane, soprano; Campbell, mezzo; Mendelsohn, Jordan, tenor; Huang, clarinet; Chen, violin. Jan. 14, 8-10 p.m. Free. Palo Alto Art Center, 1313 Newell Road, Palo Alto. Call 522-8152. www.fortnightlymusicclub.org

Dance

Ballroom Dancing. Thursdays, through March 1, 7-9 p.m. \$7. Little House, 800 Middle Ave., Menlo Park. Call 326-2025. www.peninsulavolunteers.org

Outdoors

Mammal Tracking. Docents Keith Johnsgard and Caroline Decker will teach how to identify resident mammals. Leisurely hike, covers 2 fairly flat miles with extended stops in muddy areas. Appropriate for mature children. Meet at the Caltrans vista point. Jan. 14, 1-3:30 p.m. Free. Russian Ridge Open Space Preserve. www.openspace.org

Scenic Aerobic Hike. With docents Bernie Larkin and Stella Yang to visit a variety of District preserves. 3-5 mile, moderately paced aerobic outings. Meet at the Grizzly Flat trailhead. Jan. 10, 10 a.m.-noon. Free. Long Ridge Open Space Preserve. www.openspace.org

Winter at Rancho San Antonio. With docents Kevin Kilmer and Susan Peterson. A moderately-paced hike through the Deer Hollow Farm area and up the Rogue Valley Trail. Bring a lunch. Suitable for children with hiking experience that can complete 6.5 miles and a 1-mile climb. Jan. 14, 9:30 a.m.-2 p.m. Free. www.openspace.org

Exhibits

Art Exhibition. "Reflections" contemporary figurative paintings by local artist,

Laura Varich. Paintings are rendered using the "alla prima" technique. Through Feb. 2. Mike's Cafe, 150 Middlefield Road, Menlo Park. Call 321-3520.

Art in Action Library Show. Art in Action opens a 6-month long art show series featuring artwork from local students grades K-8. Through May 5. For a list of participating schools see website. Free. Art in Action, 3925 Bohannon Dr., Menlo Park. Call 566-8339. www.artinaction.org

"Classic and Timeless Toys." Palo Alto Sport Shop and Toy world and the Museum of American Heritage present "Classic and Timeless Toys," an exhibit featuring over 75 classic toys of the 20th century. Learn the history of toys and the story behind their inventions. Fridays-Sundays, through Jan. 28, 11 a.m.-4 p.m. Free. Museum of American Heritage, 351 Homer Ave., Palo Alto. Call 321-1004. www.moah.org

Multimedia Student Art Show. Original works of digital paintings, imaging and photography will on display through Jan. 20 by students. Mon.-Fri., 8 a.m.-6 p.m. Free. Canada College Main Theater Foyer, 4200 Farm Hill Blvd., Woodside. Call 306-3330. www.canadacollege.net/multimedia/

Visions of Dharma: Thai Contemporary Art. Exhibition highlights the work of two of Thailand's artists. Works are contemporary and explore a wide range of subjects and styles. Hours: Wed.-Sun., 11 a.m.-5 p.m.; Thu., 11 a.m.-8 p.m. Through March 4. Free. Cantor Arts Center, 328 Lomita Dr., Stanford. Call 723-3469. <http://museum.stanford.edu>

Kids & Families

"Oliver." Presented by Bay Area ETC's. Featuring the musical classics "I'd Do Anything"; "Where is Love?"; "Consider Yourself" and "Who Will Buy?" Thursdays-Sundays, Jan. 12-21, 2-7:30 p.m. \$15 adults/\$12 seniors/\$10 students. Bayside Performing Arts Center, 2025 Kehoe Dr., San Mateo. www.bayareaetc.org

Final Friday Flicks. Atherton Library presents a movie night for the family. Refreshments included. Call the library for monthly film title. Free. Atherton Library, 2 Dinkelspiel Station Lane, Atherton. Call 328-2422. www.smcl.org

Infant Storytime. For infants ages 0-18 months. Wednesdays, 10 a.m. Music, finger-plays, and puppets. Woodside Library, 3140 Woodside Road, Woodside.

Preschool storytime, "Stories From

the Past." Listen to "Nine for California" by Sonia Levitin, a story about life in the days of stagecoaches. Explore "Journey to Work exhibit" and ride in an old stagecoach. Jan. 12, 2-3 p.m. \$4 adults/\$2 seniors and students/kids under 5 free. San Mateo County History Museum, 2200 Broadway St., Redwood City. Call 299-0104.

Uncle Eye Musical Program. For children and their families. Jan. 11, 4:30-5:15 p.m. Free. Historic Schoolhouse, 765 Portola Road, Portola Valley. Call 851-0560. www.smcl.org

Film

"The Cup." Presented by students from Free Tibet Gunn High School. Jan. 12, 7:30-9:30 p.m. \$5. Spangenberg Theatre, 780 Arastradero Road, Palo Alto. Call 493-7388.

"Who Killed the Electric Car?" Film showing and discussion with actor Chelsea Sexton, Stanford University's Sarah Jain, and David Kirsch from the University of Maryland. Free and open to the public. Light snacks provided. Parking is free on campus after 4 p.m. Jan. 16, 5:30-8 p.m. Free. Cubberley Auditorium, 485 Lasuen Mall, Stanford. Call (858) 270-2911. HPST.stanford.edu/colloquia.html

Movies. Jan. 10: "A New Leaf." 1-8 p.m. \$1 members/\$2 non-members. Little House, 800 Middle Ave., Menlo Park. Call 326-2025. www.peninsulavolunteers.org

On Stage

"A Doll's House." The Helmers' intricately negotiated relationship begins to crumble over Christmas, 1959. Jan. 19-Feb. 4, Thu.-Sat., 8 p.m.; Sun., 2 p.m. \$10-\$25. Pear Avenue Theatre, 1220 Pear Ave., Mountain View. www.thepear.org

"Ambition Facing West." Presented by TheatreWorks. Playwright Anthony Clarvoe adapts his own family history in the exploration of the immigrant experience. Tuesdays, 7:30 p.m.; Wed.-Sat., 8 p.m.; Sun., 2 and 7 p.m. Jan. 17-Feb. 11; \$20-\$60. Mountain View Center for the Performing Arts, 500 Castro St., Mountain View. www.theatreworks.org

"Humble Boy" by Charlotte Jones. Comedy goes on a journey of garden variety through black holes, bee hives, and brilliance. Thu.-Sat., 8 p.m.; Sun., 2 p.m. Jan. 12-Feb. 4. Email tickets@dragonproductions.net for tickets. Cash and check only at door. \$13-\$25. Dragon Productions, 535 Alma St., Palo Alto. Call 493-2006. www.dragonproductions.net

Talks/Authors

"Are You a Wealthy Type." How to make good choices and take care of finances will be discussed with Jennifer Selby Long. Sat., Jan. 13, 9 a.m.-12:30 p.m. Members free/\$25 guests. Hilton Garden Inn, 2000 Bridgepointe Circle, Menlo Park. Call (415) 664-6542. www.baapt.org

History Museum Courthouse Docket. Author Rob Keil will discuss "Little Boxes: The Architecture of a Classic Mid-century Suburb." Keil's book and illustrated presentation highlight Henry Doelger's development of the Westlake area of Daly City. Jan. 13, 2-4 p.m. \$4 adults/\$2 seniors and students/kids under 5 free. San Mateo County History Museum, 2200 Broadway St., Redwood City. Call 299-0104.

NASA Research Park Exploration Lecture Series. Lecture by Space-walker/Astronaut Tom Jones Thu., Jan. 11, 7-9 p.m. Book signing after lecture: "Skywalking: An Astronaut's Memoir." Free. NASA Ames Research Center, Bldg. 943, Eagle Room, Mountain View. www.researchpark.arc.nasa.gov

Volunteers

Huddart Park Docents. Huddart Park's Friends program is in need of docents to lead young children on short hikes within Huddart Park a few weekday mornings during fall and spring. Training is provided. Through May 15. Huddart Park, 1100 Kings Mountain Road, Woodside. Call 529-0305.

YES Reading. Tutor volunteers needed for students who are reading below grade

TOWN OF WOODSIDE

2955 Woodside Road, Woodside, CA 94062

PLANNING COMMISSION AGENDA

January 17, 2007 • 7:30 PM

1. Ned & Karen Gihuly XSB2006-007
376 Mountain Home Court

Review of a proposed setback exception to place a spa 32 feet from the rear property line where a 50 foot setback is required.

2. Joseph Ross & Tracey LeClerc SCPC2006-007
1439 Portola Road

Review of a request to vacate a public utility easement at the subject property.

3. Balgobind Jaiswel CUP07-001
481 Kings Mountain Road

Review of a proposed conditional use permit per Woodside Municipal Code section 153.208 to reconstruct an existing bridge over a stream to provide access to the residence.

4. Review of a proposed text amendment to the Woodside Municipal Code section 153.137, "average ground slope," to determine General Plan consistency.

5. Review of a proposed text amendment to the Woodside Municipal Code section 153.138, "lot yield; slope-density standards," to determine General Plan consistency.

6. Review of a proposed text amendment to the Woodside Municipal Code section 153.005, the definition of "DETACHED STRUCTURE," to determine General Plan consistency.

All application materials are available for public review at the Woodside Planning and Building Counter, Woodside Town Hall, weekdays from 8:00-10:00AM and 1:00-3:00PM, or by appointment. For more information, contact the Woodside Planning and Building Department at (650) 851-6790.

TOWN OF WOODSIDE

INVITES APPLICATIONS FOR ARCHITECTURAL AND SITE REVIEW BOARD

The Architectural and Site Review Board reviews and makes recommendations to the Planning Director on residential, site design and commercial applications.

Meetings are held on the first and third Monday of each month, 4:30 p.m. Appointments are for a four-year term.

Interested residents may request information and applications Monday through Friday, 8:00 a.m. - 12 noon and 1:00-5:00 p.m. at Town Hall, 2955 Woodside Road, by telephone at (650) 851-6790, or through the Town's web site at www.woodsidetown.org. Deadline for applications is Friday, January 12, 2007, 5:00 p.m.

Talk: Looking at global problems, solutions

Jean-Francois Rischard, an economist and former World Bank vice president for Europe, will share his perspectives on current global problems and new methods to solve them during presentations Tuesday, Jan. 9, at Castilleja School in Palo Alto.

His talk at 7:30 p.m. in Castilleja's chapel is open to the community, but seating is limited. He will address Castilleja students and staff in the morning and run a workshop for upper school students.

Mr. Rischard, who lives in Paris, is the author of "High Noon: 20 Global Problems and 20 Years to Solve Them." He directs an initiative called the Accelerated Global Problem-Solving Project.

His visit to the Bay Area is sponsored by GeoHazards International, a Palo Alto nonprofit founded by seismologist and MacArthur Fellowship winner Brian Tucker to improve earthquake safety in developing regions.

Talk: Architecture of a classic suburb

The San Mateo County History Museum is bringing back "Courthouse Docket," a monthly series of presentations exploring different themes of local history.

At 11 a.m. Saturday, Jan. 13, author Rob Keil will give an illustrated presentation on his book, "Little Boxes: The Architecture of a Classic Midcentury Suburb," which focuses on Henry Doelger's development of the Westlake area of Daly City.

In the 1960s, Malvina Reynolds wrote the folk song, "Little Boxes" about the Westlake development. In the song, she describes "ticky-tacky" houses that "all look just the same." Mr. Keil argues that Westlake was actually one of America's largest and most architecturally distinctive postwar suburbs.

A life-long resident of West-

Continued from previous page

lake, Mr. Keil is a San Francisco-based art director and designer. He has created advertising campaigns, brochures and Web sites for several of America's largest home builders. Working with the History Guild of Daly City, he designed and wrote the Westlake section of the official Daly City history Web site.

NOTEBOOK

The program will be held in Courtroom A of the the San

Mateo County History Museum, located at 2200 Broadway in downtown Redwood City. Admission is \$4 for adults and \$2 for seniors and children under 6. Free for members.

A book signing follows the presentation. Visitors are invited to explore the history museum's new exhibit, "Living the California Dream," which highlights the county's large residential developments, including Westlake.

For more information, call 299-0104.

TOWN OF WOODSIDE

INVITES APPLICATIONS FOR PLANNING COMMISSION

Districts 2 and 6

The Planning Commission participates in the administration of the planning laws and policies of the Town. It is responsible for recommending ordinances and resolutions necessary to implement the General Plan to the Town Council. The Commission also conducts necessary public hearings to administer the planning laws and policies of the Town and acts upon applications for zoning amendments, conditional use permits, variances, subdivisions and other related functions as may be assigned by the Council.

The Commission makes recommendations to the Town Council regarding land use, reviews proposed development projects, and advises as to the overall development and maintenance of the General Plan of the Town.

The Planning Commission meets on the first and third Wednesday at 7:30 p.m.; Commissioners are appointed for a four-year term.

District 2 includes Cedar Acres, the area west of Albion Avenue to south of Olive Hill Lane, the Bear Gulch area, and the Kings Mountain Road area.

District 6 includes Greenways, Woodside Heights, Quail Meadows, and the area east of Cañada Road to beyond Dean Road, and east of Mountain Home/Manzanita Roads.

Interested residents may check residency requirements and request information and applications Monday through Friday, 8:00 a.m. - 12 noon and 1:00 - 5:00 p.m. at Town Hall, 2955 Woodside Road, or by telephone at (650) 851-6790. Applications can be obtained from the Town's web site at www.woodsidetown.org. Deadline for applications is Friday, January 12, 2007, 5:00 p.m.

TOWN OF WOODSIDE INVITES APPLICATIONS FOR COMMITTEES

BICYCLE COMMITTEE

Meets third Thursday of each month, 7:30 p.m.; appointed for two-year term.

The Committee advises and recommends to the Town Council on the policies for planning, developing, maintaining, and usage of Town's bikeways system.

CONSERVATION AND ENVIRONMENTAL HEALTH COMMITTEE

Meets fourth Monday of each month, 5:30 p.m.; appointed for two-year term.

The Committee advises and assists the Town Council, Planning Commission, and staff on conservation, open space, noise, public services and facilities as pertaining to the elements of the Town's General Plan.

LIVESTOCK AND ANIMAL CONTROL COMMITTEE

Meets fourth Wednesday of each month; 5:30 p.m.; appointed for two-year term.

The Committee advises the Planning Director on applications for commercial stable permits, dog kennel permits, and exception requests to the private stable regulations.

OPEN SPACE COMMITTEE

Meets fourth Thursday of each month, 4:30 p.m.; appointed for two-year term.

The Committee advises and assists the Town Council, Planning Commission and staff in implementing the policies and goals of the Open Space and Conservation elements of the General Plan, specifically with respect to acquisition and maintenance of conservation easements and open space preservation.

PUBLIC SAFETY COMMITTEE

Meets on call of Chair; appointed for two-year term.

The Committee advises the Town Council and staff on issues of community public safety, including police and fire services provided within the Town.

RECREATION COMMITTEE

Meets first Thursday of each month, 7:30 pm; appointed for three-year term.

The Committee guides the activities of the community recreation programs.

TRAILS COMMITTEE

Meets second Thursday of each month, 3:00 p.m.; appointed for two-year term.

The Committee reviews land divisions, subdivisions and conditional use permits for locations for equestrian, pedestrian and bicycle trails and makes recommendations to the staff and to the Planning Commission.

WOODSIDE HISTORY COMMITTEE

Meets first Thursday of each month, 9:30 a.m.; appointed for two-year term.

The Committee advises the Town Council and staff regarding actions, policies and plans relating to historic preservation.

Committees are volunteer positions and serve in an advisory capacity to the Town Council.

Interested residents may request information and applications Monday through Friday, 8:00 a.m. - 12 noon and 1:00-5:00 p.m. at Town Hall, 2955 Woodside Road, or telephone (650) 851-6790, or through the Town's web site at www.woodsidetown.org. Deadline for applications is Friday, January 12, 2007, 5:00 p.m.

Art Galleries

"Solace" Paintings by Jean-Marc Huss. Photo-realistic oil paintings of Thailand-based French artist Jean-Marc Huss on display Tue.-Sat., Jan. 11-Feb. 10; reception Thu., Jan. 11, 6-8 p.m. Free. Spur Projects, 888 Portola Road, Portola Valley. Call 529-2040. www.spurprojects.com

Inge Infante "Fields, New Col-lages." Through Feb. 25. Gallery hours: Thu.-Sun., 1-5 p.m. Free. 1870 Art Center, 1870 Ralston Ave., Belmont. Call 261-1086. www.1870artcenter.org

Auditions

Aurora Singers Auditions. Rehearsals Tuesdays. For information and auditions, call Dawn Reyen 365-6785.

JIM BYRNES, M.B.A. OF ALAIN PINEL REALTORS

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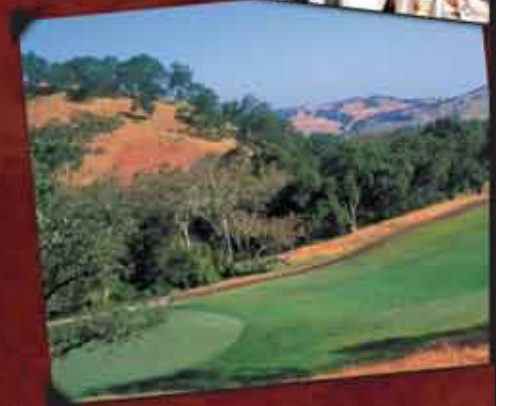


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FAIRWAY AND CITY LIGHT VIEWS ⁽¹⁾

CHAMPIONSHIP GOLF

EASY COMMUTE TO SAN JOSE
*and everything else you deserve
and want in your new home.*



Stunning, single story, single-family, executive homes boasting the designs and amenities you've waited your whole life to enjoy. The Highlands at Eagle Ridge Golf Club is a prestigious offering of twenty single-story luxury estate homes – located on the 17th fairway. Our championship golf course community is nestled at the base of the Santa Cruz Mountains in Gilroy – *just minutes from San Jose.*

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- 10,000 Sq. ft. Estate Lots

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(408) 847-1868

Take Hwy. 101 south to the Masten Ave. exit in Gilroy. Travel west on Masten about two miles, then turn left on Santa Teresa Blvd. Watch for the main entry to Eagle Ridge on your right, about 1/4 mile past Highway 152.

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HIGHLANDS
AT EAGLE RIDGE
GOLF CLUB



 (1) Most Plans

www.OrchardValleyHomes.com



PORTOLA VALLEY

75 Cheyenne Point

\$2,795,000

Fabulous cul-de-sac setting with sweeping views of Windy Hill! 4 bd/2.5 baths/ updated throughout w/random plank hardwood floors, decorator colors, wood beamed ceiling.



Celeste Henzel

650.529.8568
chenzel@camoves.com



ATHERTON

251 ATHERTON AVENUE

\$8,490,000

A private, sunny, open, level lot of 1.85 acres in prime West Atherton w/ MP schools. Existing home & cottage sold in present condition. Tennis ct, pool.

Tom LeMieux

650.323.7751



BELMONT

CHARMING BELMONT HOME!

\$749,000

3BR 1BA Freshly painted interior and refinished hardwood floors! Nice floorplan!

Erika Demma

650.323.7751

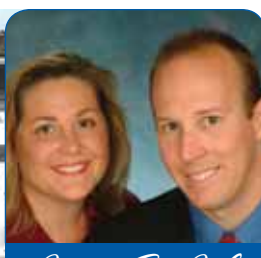


REDWOOD CITY

Coming Soon Near Atherton

\$939,000

3 BR 2 BA Gated home on a large lot steps from Atherton. Open & flowing floor plan. Updated kitchen & baths. Huge front yard w/big lawn. Pool. Sauna. Garden.



Janie & John Barman

650.759.1182
www.babblingbrook.com



WOODSIDE

Beautiful WDS Estate

\$2,995,000

4 BR 4 BA Located in serene setting on approx. 1 acre. High quality touches thru-out and top of the line appliances. 4BR all with full baths + bonus room.



John Conlon

650.888.3000
jconlon@woodside.com



PALO ALTO

5 BR 4 BA

\$7,900,000

Atherton Setting in heart of Classic Old Palo Alto on over half acre.



Hanna Shacham

650.752.0767
hshacham@cbsnorcal.com



PORTOLA VALLEY

Exquisitely Crafted

\$3,695,000

5br/4.5ba On approx. 1 acre with Windy Hill views. Gracious LR, formal DR, FR, library/study, designer kitchen, spacious MBRS & marble bath.



Ginny Kavanaugh

650.529.8570
gkavanaugh@camoves.com



Joe Kavanaugh

650.529.2060
joseph.kavanaugh@camoves.com

ATHERTON

OLD WORLD ELEGANCE

\$10,900,000

6 BR 7.5 BA Under construction French Country Manor by Bob Owen. Three levels w/ every amenity, cabana & pool on 1.1 private acre in prime West Atherton location

Tom LeMieux

650.323.7751

PRIVATE PARADISE

\$5,995,000

5 BR 8.5 BA Three-story, Mediterranean hm on a resort-like, gated lot in West Atherton. A sunny patio links the pool, spa & tennis court. Las Lomitas Schools.

Hugh Cornish

650.324.4456

ELEGANT HOME

\$5,495,000

4 BR 5.5 BA Classic French Normandy estate beautifully renovated and situated on approx .86 acre in prime Lindenwood location with pool and lush landscaping.

Jim McCahon

650.851.2666

PRICE REDUCTION!

\$4,875,000

6 BR 4 BA Atherton address, Woodside living on 7.5 private acres in a newer custom built Country French Estate with approx 7000 sq ft of living space.

Lyn Jason Cobb

650.324.4456

EAST PALO ALTO

PRICED TO SELL!

\$739,000

3 BR 2.5 BA 2 story home. Approx 6 years old in desirable area. University Square, vaulted living/dining room. Granite kitchen. Hardwood floors.

Amelia Middel

650.324.4456

BEST BUY!

\$680,000

3 BR 1 BA Magnificent home on large 7200+sf lot. Upgraded throughout, granite kitchen and bath. Designer colors. Must see!

Cristina Bliss

650.324.4456

WOODLAND CREEK

\$599,000

3 BR 2 BA Minutes to Downtown PA! Spacious private balcony/patio. Central AC & heat. Pool, Spa & Fitness Center. In-unit laundry. Secure underground parking.

Tom O'Dowd

650.324.4456

PRICED TO SELL!

\$574,500

3 BR 1 BA One car garage & carport. Good condition, close to 84 & 101. Living room with fireplace. Property to be sold as is condition.

Amelia Middel

650.324.4456

EAST PALO ALTO

WOODLAND CREEK!

\$549,000

2 BR 2 BA Minutes to Downtown PA! Spacious private balcony/patio. Central AC & heat. Pool, Spa & Fitness Center. In-unit laundry. Secure underground parking.

Tom O'Dowd

650.324.4456

WOODLAND CREEK!

\$389,000

1 BR 1 BA Minutes to Downtown PA! Spacious private balcony/patio. Central AC & heat. Pool, Spa & Fitness Center. In-unit laundry. Secure underground parking.

Tom O'Dowd

650.324.4456

MENLO PARK

TRANQUIL CREEK-SIDE

\$3,999,000

7 BR 2.5 BA Dutch colonial style w. study, family kitchen & formal dining rm. Oversized 2-car gar. Apx. 34,000sf lot. Owned by the same family for over 80 years!

Nancy Goldcamp

650.325.6161

NEW CONSTRUCTION

\$2,350,000

6 BR 4 BA One of a kind custom home built by J5 Development. Beautiful combination of modern amenities & old world charm.

Mandana Nejad

650.325.6161

BEAUTIFUL CRAFTSMAN

\$2,095,000

4 BR 3 BA Beautiful 2yr old craftsman in W. Menlo. Grand MBR. Chef's kitchen with butler's pantry. Formal living room & formal dining room. Las Lomitas schools. A must see!

Zach Trailer

650.325.6161

FABULOUS LOCATION!

\$1,995,000

4 BR 2.5 BA Large updated home with great floor plan. Sep FR. Large closets, lots of storage, hardwood floors, security system, dbl pane windows, eat in kitchen, separate dining room.

Lyn Jason Cobb

650.324.4456

PRICE REDUCTION!

\$1,699,000

4 BR 2.5 BA New price! French doors to rear gardens, Formal dining room, FR Kitchen Sunken living room, generous MBR suite. Attached 2 car garage. Las Lomitas Schools.

Elaine and Don

650.324.4456

NEW CONST. IN MENLO PARK

\$1,695,000

4BR/3.5BA on a 8000 sq.ft. lot and 3 car garage. Still time to pick some colors. Top of the line kitchen with huge family room. Must see! Call John today.

John Gerber

650.323.7751



MENLO PARK

FABULOUS LOCATION! **\$1,995,000**
4 BR 2.5 BA Large updated home with great floor plan. Sep FR. Large closets, lots of storage, hardwood flrs, security system, dbl pane windows, eat in kitchen, sep DR.
Lyn Jason Cobb **650.324.4456**



PALO ALTO

E OF THE PAST... **\$1,719,000**
4 BR 2.5 BA 1894 College Terrace Victorian with glowing stained glass window, gorgeous parlor; some updating, many original details; FK,FR, porch.
Sarah Elder **650.324.4456**



PORTOLA VALLEY

EXQUISITE LOCATION **\$2,149,000**
4br/2.5ba Delightful single-level home in quiet neighborhood, MBS w/fireplace & French doors w/private deck, views of Windy Hill, Excellent Portola Valley schools. V-Tour @ www.DeanAsborno.com
Dean Asborno **650.851.1961**



WOODSIDE

PEACE AND TRANQUILITY **\$6,500,000**
6 BR 4 BA Incredible views of western hills on 6 acres with fully remodeled home, guest house, pool and tennis court. Private, quiet location.
Ed Kahl **650.851.2666**

MENLO PARK

GREAT WEST MP HOME **\$1,295,000**
3 BR 2.5 BA Immaculate & wonderful hm in a grt schl district-Las Lomas. Very charming! Fully landscaped, tastefully remodeled. Close to shopping & restaurants.
Brenda Kim **650.324.4456**

1131 DEL NORTE **\$750,000**
2/1 units. Excellent opportunity. Recently remodeled. Great location near Onetta Harris Community Center. Drive by only.
Sharon Witte **650.325.6161**

BEAUTIFUL END UNIT CONDO **\$519,000**
2 BR 1 BA Small Complex with Balcony, 1 Car Garage, Stunning Hardwood Floors, Granite Bathroom, Fresh Paint, Pool, Easy Access to 101. A Must See!
Greg Stange **650.325.6161**

PALO ALTO

ATHERTON SETTING-OLD PA **\$7,900,000**
5 BR 4 BA Atherton Setting in heart of Classic Old Palo Alto on over half acre.
Hanna Shacham **650.324.4456**

PA BOTIQUE FACILITY **\$4,500,000**
Gorgeous 13 unit apartment bldg. Great location to Stanford & Downtown. Completely renovated & updated. Carports, coin laundry & more. Call agent to view
David & Veronica Rudick **650.325.6161**

A GLIMPSE OF THE PAST... **\$1,719,000**
4 BR 2.5 BA 1894 College Terrace Victorian with glowing stained glass window, gorgeous parlor; some updating, many original details; FK, FR, porch.
Sarah Elder **650.324.4456**

DOWNTOWN PA LUXURY! **\$1,395,000**
2 BR 2.5 BA Gorgeous! Large and elegantly appointed executive townhome. Gourmet Kitchen, Hardwood Floors, formal dining room, FP, garage parking, patios, storage.
Rod Creason **650.325.6161**

601 WEBSTER ST **\$1,350,000**
Rare 3 unit building in heart of downtown Palo Alto. Charming detail, hardwood floors, large two car garage. Keep as income prop or convert back to SFR. Appt only
Zach Trailer **650.325.6161**

PORTOLA VALLEY

FABULOUS NEW CONSTRUCTION **\$6,995,000**
5 BR 4 BA FABULOUS NEW CONSTRUCTION! Stunning new contemporary home offers magnificent mountain and valley views. TO BE COMPLETED BY THE END OF 2007.
Hanna Shacham **650.324.4456**

INVITING OASIS! **\$2,275,000**
4 BR 3.5 BA Inspiring bay & hill views, great floorplan w/granite eat-in Kit & 2 master suites, office. Useable, approx 1-ac w/patio, gardens & oaks on cul-de-sac.
Celeste Henzel **650.851.1961**

CLEAN MODEST HOME **\$1,750,000**
3 BR 3 BA Spectacular views of Western Hills. One acre with hardwood floors, and great room with fireplace. Ready to remodel or rebuild.
Berdine Jernigan/Heidi Johnson **650.851.2666**

APPROX .83 ACRE LOT **\$750,000**
A dramatic setting on approx .83 acres. Terrific views of mountains & valley. Have plans for a 3964 sqft home. Great opportunity to build your dream home!
Beatrice Goodman **650.324.4456**

REDWOOD CITY

FABULOUS HOME BORDERS AT **\$1,249,000**
Elegant L/R, gourmet kitchen w/center island, 4 spacious BR/3BA, exquisite master suite, lovely landscaped backyard. See vtour at www.kerincholas.com
Keri Nicholas **650.323.7751**

WELL-MAINTAINED HOME! **\$788,000**
2 BR 1 BA Updated kitchen & bath, beautiful hardwood floors, huge backyard. Bonus room, inside laundry with Washer & Dryer included. Unlimited potential!
Lyn Jason Cobb **650.324.4456**

WOODSIDE

LE SOLEIL **\$28,000,000**
6 BR 4 BA A rare estate offering 1920's French Chateau on 5 ac of fully landscaped grounds with pool & tennis facilities. Completely restored & recently decorated.
Scott Dancer **650.851.2666**

WOODSIDE

HEART OF WOODSIDE **\$7,950,000**
4 BR 4.5 BA Located on a tranquil, private knoll, this beautiful French chateau radiates with warmth and elegance. Ultimate 3 ac. location with sunny pool.
Thomas Dallas **650.851.2666**

HIDDEN VALLEY ESTATE **\$7,950,000**
4 BR 4.5 BA Masterful design on approx. 3 1/2 acre, premium amenities throughout, separate studio/playroom with full bath & exercise room plus pony barn/art studio.
Ginny & Joe Kavanaugh **650.851.1961**

ESTATE BUILDING SITE **\$5,995,000**
5 BR 4 BA Remodel or rebuild. Approx. 4.6 acres of gently rolling meadows with views of Western Hills. Just minutes from WDS village and major commute routes.
Scott Dancer **650.851.2666**

REMARKABLE 3+ AC PROPERTY **\$5,950,000**
Remarkable opportunity for dream hm. Slightly sloped up from road for privacy. Tranquil grounds w/heritage oaks, redwds & meadows.
Hanna Shacham **650.324.4456**

TUSCAN ESTATE - A GEM! **\$5,250,000**
4 BR 4 BA An easy stroll from Roberts & Woodside Elementary, this exquisite home blends tranquility and convenience.
Ed Kahl **650.851.2666**

RARE INVESTMENT OPP. **\$5,250,000**
4 BR 2 BA Purchase over 6 acres of prime Woodside land located on "The Gold Coast", prestigious Mtn Hm Rd. 2 separate lots. Lot "B". Seller will carry \$4m!
Thomas Dallas **650.851.2666**

TOWN & COUNTRY LIVING **\$5,200,000**
3 BR 4.5 BA In one of Woodside's best locations, "On A Lark Farm" spreads out over approx. 3.75 level acres with a luxurious home & separate equestrian facilities.
Ed Kahl **650.851.2666**

COUNTRY CAPE COD CHARM **\$4,395,000**
4 BR 4 BA Total remodel/expanded w/hdwd flrs, FR drs, gorgeous mstr suite, library could be bdrm #5. Vineyard, 2 stall barn, pool/spa w/remod cabana. Views!
Barbara Piuma/Tom Stafford **650.851.2666**

DRY STACK ROCK WALLS **\$3,550,000**
4 BR 3 BA House rebuilt by owner, not yet lived in. New construction throughout, fully irrigated & groomed acreage. Cozy hearth rm/gourmet kitchen.
Judith Beisler **650.851.2666**

WOODSIDE

GORGEOUS WESTERN VIEWS **\$2,935,000**
3 BR 3 BA Private 3.5+ usable acres located in town & near commute routes. Additional 3 bonus rooms. PV schools.
Steven Lessard **650.851.2666**

PRIVATE 6+ AC SITE **\$2,600,000**
3 BR 2 BA Spectacular view property on approx. 6+ acres w/3 bdrm hm & vineyard.
Jim McCahon **650.851.2666**

CENTRAL WOODSIDE **\$2,600,000**
3 BR 3.5 BA Custom built home close to town & schools. Guest house suite w/outdoor fp, high cathedral ceilings throughout, gourmet kitchen, hdwd flrs, & LR w/fp.
Tammy Tiscornia-Cole **650.851.2666**

FORESTED RETREAT **\$899,000**
3 BR 3 BA 5 ac (mol) serene & forested. 3 near new cabins, located off Hwy. 9 near Skyline Bl. Birdseye ocean view. Timber value. 1 chapel w/sauna & guest bed.
Bonnie Rapley **650.851.2666**

OUR LOCAL OFFICES

MENLO PARK - EL CAMINO
650.324.4456

MENLO PARK - SANTA CRUZ
650.323.7751

PALO ALTO - DOWNTOWN
650.325.6161

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752.0810

• MARK LARSEN
WOODSIDE/PORTOLA VALLEY
851.7438

• CAROLINE WOLF & ELIZABETH EVERITT
245 LYTTON AVE, PALO ALTO
752.0809 & 752.0810

• KRISTEN EMERY
2754 MIDDLEFIELD ROAD, PALO ALTO
328.5211



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PUBLIC NOTICES

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 209920

The following person (persons) have abandoned the use of the fictitious business name IT'S YOUR TIME. Located at 1000 Park Place, Suite S, San Mateo, CA 94403-7110.

The fictitious business name referred to above was filed in County on September 30, 2005.

This Business was conducted by an Individual: SANDY E. RIVERS, 1000 Park Place, Suite S, San Mateo, CA 94403-7110.

This statement was filed with the County Clerk of San Mateo on January 2, 2007.

(ENDORSED) FILED In the office of the County Clerk recorder of San Mateo County, Calif. on January 2, 2007. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 31, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217583

The following person(s) is (are) doing business as: NUTMEG KITCHENS PERSONAL CHEFFING, 145 Portola Road, Portola Valley, CA 94028.

This business is conducted by an Individual: MARGARET REILLY MACKENZIE, 145 Portola Road, Portola Valley, CA 94028.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 11, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 31, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217902

The following person(s) is (are) doing business as: MASTERING GOD'S WORD, 426 Edgewood Road, San Mateo, CA 94402.

This business is conducted by a Corporation: MASTERING GOD'S WORD, California.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California January 3, 2007. WARREN SLOCUM, County Clerk by Patricia Fischbach, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 31, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217859

The following person(s) is (are) doing business as: STRANDBERG ASSOCIATES, LLC., 348 Concord Drive, Menlo Park, CA 94025.

This business is conducted by a Limited Liability Company: STRANDBERG ASSOCIATES, LLC., 348 Concord Drive, Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on December 1, 2006.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 29, 2006. WARREN SLOCUM, County Clerk by Patricia Fischbach, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 31, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217837

The following person(s) is (are) doing business as: DENTAL IMPLANT SERVICES, 2125 Prospect Street, Menlo Park, CA 94025.

This business is conducted by an Individual: PHILIP JAMES WILLIAMS, 2125 Prospect Street, Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on December 28, 2006.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 28, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 31, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217779

The following person(s) is (are) doing business as: THE ROLLING TACOS, Longs So. Spruce, So. San Francisco, CA 94080.

This business is conducted by an Individual: JAVIER MENDOZA, 108 Adrian Avenue, So. San Francisco, CA 94080.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 22, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 3, 10, 17, 24, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217703

The following person(s) is (are) doing business as: YI-HE GARDEN, 420 Broadway, Millbrae, CA 94030.

This business is conducted by a Corporation: YI-HE GARDEN CORP., 420 Broadway, Millbrae, CA 94030.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 19, 2006. WARREN SLOCUM, County Clerk by Patricia Fischbach, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 3, 10, 17, 24, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217732

The following person(s) is (are) doing business as: INDIGO WEST, 2420 Sharon Oaks Drive, Menlo Park, CA 94025.

This business is conducted by Individuals - Husband and Wife: (1) MOLLY WESTRATE, 2420 Sharon Oaks Drive, Menlo Park, CA 94025, (2) STEPHEN B. WESTRATE, 2420 Sharon Oaks Drive, Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 20, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 3, 10, 17, 24, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217578

The following person(s) is (are) doing business as: MONKEY LAB'S RADIO, 1026 Middle Avenue, #B, Menlo Park, CA 94025.

This business is conducted by an Individual: ERIK BARCELO, 1026 Middle Avenue, #B, Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on December 7, 2006.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 8, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 27, 2006, January 3, 10, 17, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217585

The following person(s) is (are) doing business as: (1) J.V. & ASSOCIATES, INC., (2) JVA.COM, (3) JVUNDERONEROOF.COM, (4) BUYFOR5K.COM, (5) TEAMJV.COM, (6) J.V. & ASSOCIATES, INC., (7) J.V. & ASSOC, (8) JVA, 50 Edgewood Road, Redwood City, CA 94062.

This business is conducted by a Corporation: J.V. & ASSOCIATES, INC., 50 Edgewood Road, Redwood City, CA 94062.

The registrant commenced to transact business under the fictitious business name or names listed above on April 9, 1998.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 11, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 27, 2006, January 3, 10, 17, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217599

The following person(s) is (are) doing business as: SIMPSON FAMILY BARBER SHOP, 1181 El Camino Real, Menlo Park, CA 94025.

This business is conducted by an Individual: LAURA HAPHUNG, 3275 Sagewood Lane, San Jose, CA 95132.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 11, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 27, 2006, January 3, 10, 17, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217484

The following person(s) is (are) doing business as: ALPHA GRANITE AND MARBLE, 454 So. Airport Blvd., South San Francisco, CA 94080; 1145 Palomar Drive, Redwood City, CA 94062.

This business is conducted by an Individual: EMILE KISHEK, 1145 Palomar Drive, Redwood City, CA 94062.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 5, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 27, 2006, January 3, 10, 17, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217553

The following person(s) is (are) doing business as: UMBEL DESIGN, 1028 Marcussen Drive, Menlo Park, CA 94025.

This business is conducted by an Individual: JANICE ELLIOTT, 1028 Marcussen Drive, Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on November 28, 2006.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 8, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 27, 2006, January 3, 10, 17, 2007.

FILING YOUR FICTITIOUS BUSINESS NAME STATEMENT? We Offer Professional Help. COUNTRY ALMANAC • 854-2626.

Public Notices
continued on Page 39



NOTICE OF PUBLIC MEETING AND NOTICE OF PUBLIC HEARING CITY OF MENLO PARK PLANNING COMMISSION MEETING OF JANUARY 22, 2007

NOTICE IS HEREBY GIVEN that the Planning Commission of the City of Menlo Park, California, is scheduled to review the following items:

The following items require a Notice of Public Meeting or Public Hearing:

Use Permit/Phil Giurlani/531 Pope Street: Request for a use permit to demolish two existing single-story residential structures and construct a new two-story, single-family residence and detached accessory building on a substandard lot with regard to lot width in the R-1-U (Single Family Urban) zoning district.

Use Permit, Architectural Control, and Tentative Subdivision Map/Joe Colonna/1906 El Camino Real: Request for a use permit, architectural control, and tentative subdivision map to demolish an existing one-story 5,750-square-foot commercial building and construct a new two-story 10,000 square foot office building for medical/dental use and related site improvements. The application includes a request for a tentative map to subdivide one parcel into five commercial condominium airspaces and a parking reduction to reduce the amount of required parking to 50 spaces based on the proposed uses where 60 parking spaces would otherwise be required in the C-4 (General Commercial applicable to El Camino Real) zoning district.

Use Permit and Variance/Chris and Kristine Ball/555 Morey Drive: Request for a use permit for first and second story additions to an existing single-story, nonconforming residence that would exceed 50 percent of the replacement cost of the existing structure in a 12-month period, and would increase the floor area by more than 50 percent on a substandard lot with regard to lot size, width, and depth, in the R-1-U (Single-Family Urban) zoning district. Request for a variance to allow the first and second story additions to encroach seven inches into the right side setback.

Use Permit/1010 Hamilton Court/Conor Medsystems: Request for a use permit for the use and storage of hazardous materials in the M-2 (General Industrial) zoning district.

Use Permit and Architectural Control/1394 Hamilton Avenue/Conor Medsystems: Request for a use permit and architectural control for the use and storage of hazardous materials and the construction of an addition to an existing industrial building in the M-2 (General Industrial) zoning district.

Use Permit and Architectural Review/Todd Edwards/1142 Crane Street: Request for a use permit for a ground floor personal service establishment in the C-3 (Central Commercial) zoning district and architectural control for alterations to the front building elevation.

Use Permit/Stamley F. Nielsen/442 Gilbert Avenue: Request for a use permit to construct a new two-story, single-family residence on a substandard lot with regard to lot width in the R-1-U (Single Family Urban) zoning district.


Use Permit/Manou Movassate/1085 Trinity Drive: Request for a use permit for excavation into the required front setback for a new driveway associated with the development of a new two-story, single-family residence on a standard lot in the R-E-S (Residential Estate Suburban) zoning district.

NOTICE IS HEREBY FURTHER GIVEN that said Planning Commission will hold a public hearing on these items in the Council Chambers of the City of Menlo Park, located at 701 Laurel Street, Menlo Park, on Monday, January 22, 2007, 7:00 p.m. or as near as possible thereafter, at which time and place interested persons may appear and be heard thereon. If you challenge these items in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City of Menlo Park at, or prior to, the public hearing.

Documents related to these items may be inspected by the public on weekdays between the hours of 7:30 a.m. and 5:30 p.m. Monday through Thursday and 8:00 a.m. to 5:00 p.m. on Friday, with alternate Fridays closed, at the Department of Community Development, 701 Laurel Street, Menlo Park. Please note that the items listed are only the agenda items that require a public hearing. Please call the Planning Division if there are any questions and/or for complete agenda information (650) 330-6702.

DATED: January 4, 2007
Justin Murphy, Development Services Manager
Menlo Park Planning Commission
Visit our Web site for Planning Commission public hearing, agenda, and staff report information: www.menlopark.org
Published in The Country Almanac on January 10, 2007.

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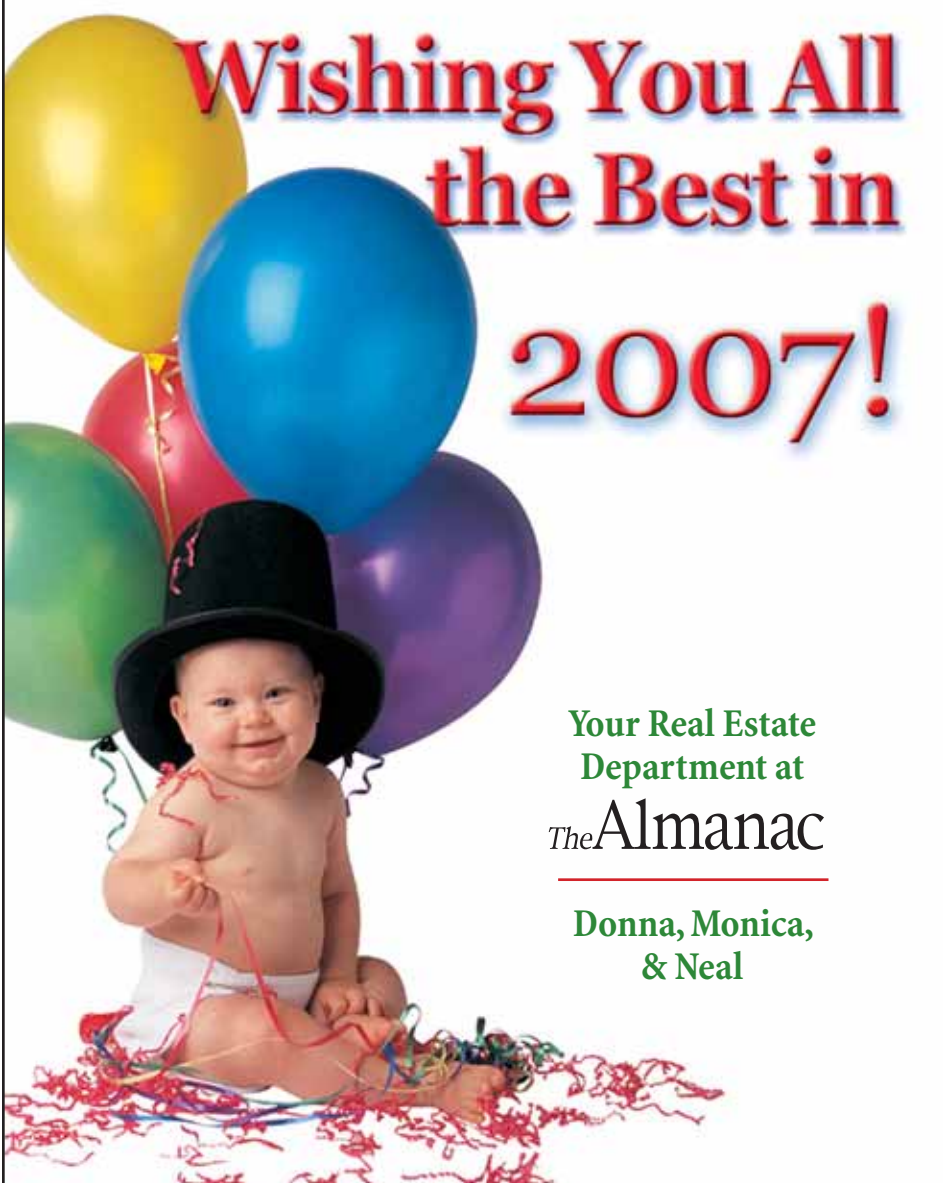



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Bulletin Board

115 Announcements

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Diversity

in the Alternative Press: The Academy for Alternative Journalism, established by papers like this one to promote diversity in the alternative press, seeks talented journalists and students (college seniors and up) for a paid summer writing program at Northwestern University's Medill School of Journalism. The eight-week program (June 17 - August 12, 2007) aims to recruit talented candidates from diverse backgrounds and train them in magazine-style feature writing. Ten participants will be chosen and paid \$3,000 plus housing and travel allowances. For information and an application visit <http://www.altjournalism.org> <http://www.altjournalism.org>. You may also email us at altacademy@northwestern.edu. Applications must be postmarked by February 9, 2007. Northwestern University is an equal opportunity educator and employer. (AAN CAN)

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140 Lost & Found

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145 Non-Profits Needs

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PUBLIC NOTICES

Public Notices

continued from Page 34

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217731

The following person(s) is (are) doing business as: E.L. GOLDBERG & ASSOCIATES, 950 Siskiyou Drive, Menlo Park, CA 94025.

This business is conducted by an Individual: EDITH GOLDBERG, 950 Siskiyou Drive, Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on December 12, 2001.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California December 20, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 27, 2006, January 3, 10, 17, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217367

The following person(s) is (are) doing business as: CYPRESS INVESTMENTS, 3000 Sand Hill Road, Building 1, Suite 250, Menlo Park, CA 94025.

This business is conducted by a Corporation: DAVID BIDER, INC., Menlo Park, CA 94025.

The registrant commenced to transact business under the fictitious business name or names listed above on March 10, 2000.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California November 28, 2006. WARREN SLOCUM, County Clerk by Patricia Fischbach, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 20, 27, 2006, January 3, 10, 2007.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 217293

The following person(s) is (are) doing business as: MILLBRAE TERRACE, 496 Richmond Drive, Millbrae, CA 94030.

This business is conducted by an Individual: SHOLY MALEKSALEHI TRUT, 11910 Walbrook Drive, Saratoga, CA 95070.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

(ENDORSED) FILED In the Office of the County Clerk Recorder of San Mateo County California November 21, 2006. WARREN SLOCUM, County Clerk by Patricia Fischbach, Deputy Clerk.

Published in THE COUNTRY ALMANAC on December 20, 27, 2006, January 3, 10, 2007.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

NATALIA REYES SANDOVAL
CASE NUMBER CIV459691

SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN MATEO
TO ALL INTERESTED PERSONS:
Petitioner: ALEJANDRINA SANDOVAL and JOSUE REYES has filed a petition with this court for a decree changing name as follows:

NATALIA REYES SANDOVAL to NATALIA REYES.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted on February 7, 2007 at 9:00a.m., Dept. 21, Room 2E, located at 400 County Center, Redwood City, CA 94063.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in The Almanac, a newspaper of general circulation printed in the County of San Mateo.

Dated: December 20, 2006

Robert D. Foiles

Judge of the Superior Court

ENDORSED FILED In San Mateo County on December 20, 2006. Clerk of the Superior Court by Jennifer Baxter, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 3, 10, 17, 24, 2007.

PUBLIC NOTICE - LIEN SALE ALL ABOARD MINI STORAGE 1520 WILLOW ROAD, MENLO PARK CALIFORNIA, 94025-1417

Notice is hereby given, pursuant to sections 21700-21716 of the California Business and Professions Code, known as the California Self-Service Storage Facility Act, that the undersigned, ALL ABOARD MINI STORAGE, will sell at public auction on January 18, 2007 at 1:30 p.m. at 1520 Willow Road, Menlo Park, California, 94025 the following personal property, household goods, business property and/or vehicle to wit:

Space # / Name / Items:
Space #141 - Malia Koleli Likio, aka Malia Likio, aka Malia, aka Malia K. Likio - Lamps, toys, clothing, boxes, bags, suitcase.

Space #297 - Gary Anthony Joseph Parker, aka Gary Parker, aka G.P. - Boxes, bags, sleeping bag, misc.

Space #540 - Jorge A. Chavez Duran, aka Jorge A. Chavez-Duran, aka Jorge A. Chavez, aka J.C. - TV, entertainment center, boxes, dresser, chest of drawers, misc household.

Space #635 - Franklin James Arrington, aka Franklin Arrington, aka FA., aka, FR Arrington - Clothing, boxes, misc., bags.

Said sale is for the purpose of satisfying lien of the undersigned for storage fees, advertising and lien costs. The undersigned reserves the right to refuse any and all bids. All rights to damages by reason of a deficiency on this resale and incidental damages, and any and all other appropriate remedies are hereby reserved.

Dated this 22nd day of December, 2006
James O'Brien Auctions
State License Bond #158525941
(951) 681-4113

By: /s/ P. Knappenberger, Agent for Owner

Published in THE COUNTRY ALMANAC on January 3, 10, 2007.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 184457

The following person (persons) have abandoned the use of the fictitious business name LARENE ENTERPRISES. Located at 46 Tunitas Creek Road, Woodside, CA 94062.

The fictitious business name referred to above was filed in County on January 2002.

This Business was conducted by an Individual: LARENE E. LEWIS, 46 Tunitas Creek Road, Woodside, CA 94062.

This statement was filed with the County Clerk of San Mateo on December 5, 2006.

(ENDORSED) FILED in the office of the County Clerk recorder of San Mateo County, Calif. on December 5, 2006. WARREN SLOCUM, County Clerk by Madeleine Bruley, Deputy Clerk.

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 31, 2007.

TSG No.: 3076591 TS No.: 20069019203882 FHA/VA/PMI No.: Notice Of Trustee's Sale

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/2/2005 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 1/30/2007 at 12:30 PM First American Loanstar Trustee Services, as duly appointed Trustee under and pursuant to Deed of Trust recorded 09/12/2005, as Instrument No. 2005-1537388, in book , page . of Official Records in the office of the County Recorder of San Mateo County, State of California. Executed by: Byron Johnson, a married man as his sole and separate property, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924(b), (payable at time of sale in lawful money of the United States) At the Marshall St. entrance to the Hall of Justice and Records, 400 County Center, Redwood City, CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: As more fully described in the above mentioned Deed of Trust APN# 062-091-210-5 The street address and other common designation, if any, of the real property described above is purported to be: 1163 Madera Avenue , Menlo Park, CA 94025 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$453,802.89 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. Date: 1/10/2007 First American Title Insurance Company First American LoanStar Trustee Services 3 First American Way Santa Ana, CA 92707 First American Loanstar Trustee Services may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. Original document signed by Authorized Agent Teresa Marianos - For Trustee's Sale Information Please Call (714) 573-1965 P269327 1/10, 1/17, 01/24/2007

Published in THE COUNTRY ALMANAC on January 10, 17, 24, 2007.



NOTICE OF PUBLIC HEARING

NOTICE OF HEARING UNDER RESOLUTION NO. 5716

DECLARING THE INTENTION OF THE CITY COUNCIL OF MENLO PARK TO ABANDON THE PUBLIC UTILITY EASEMENT CROSSING THE REAR SIX FEET OF LOTS 8, 9, 10, 11, and C AND EXTENDING INTO THE CENTER OF LOT 10 OF THE HERITAGE OAKS MAJOR SUBDIVISION LOCATED AT 996-1002 WILLOW ROAD

NOTICE IS HEREBY GIVEN, that the City Council of the City of Menlo Park did, on November 28, 2006, pass and adopt Resolution No. 5716 under and pursuant to the provisions of the "Public Streets, Highways and Service Easements Vacation Law" (Section 8300, et seq., Streets and Highways Code), declaring its intention to vacate and abandon the public utility easement crossing the rear six feet of lots 8, 9, 10, 11, and C and extending into the center of lot 10 of the Heritage Oaks Major Subdivision located at 996-1002 Willow Road as shown on Exhibit A.

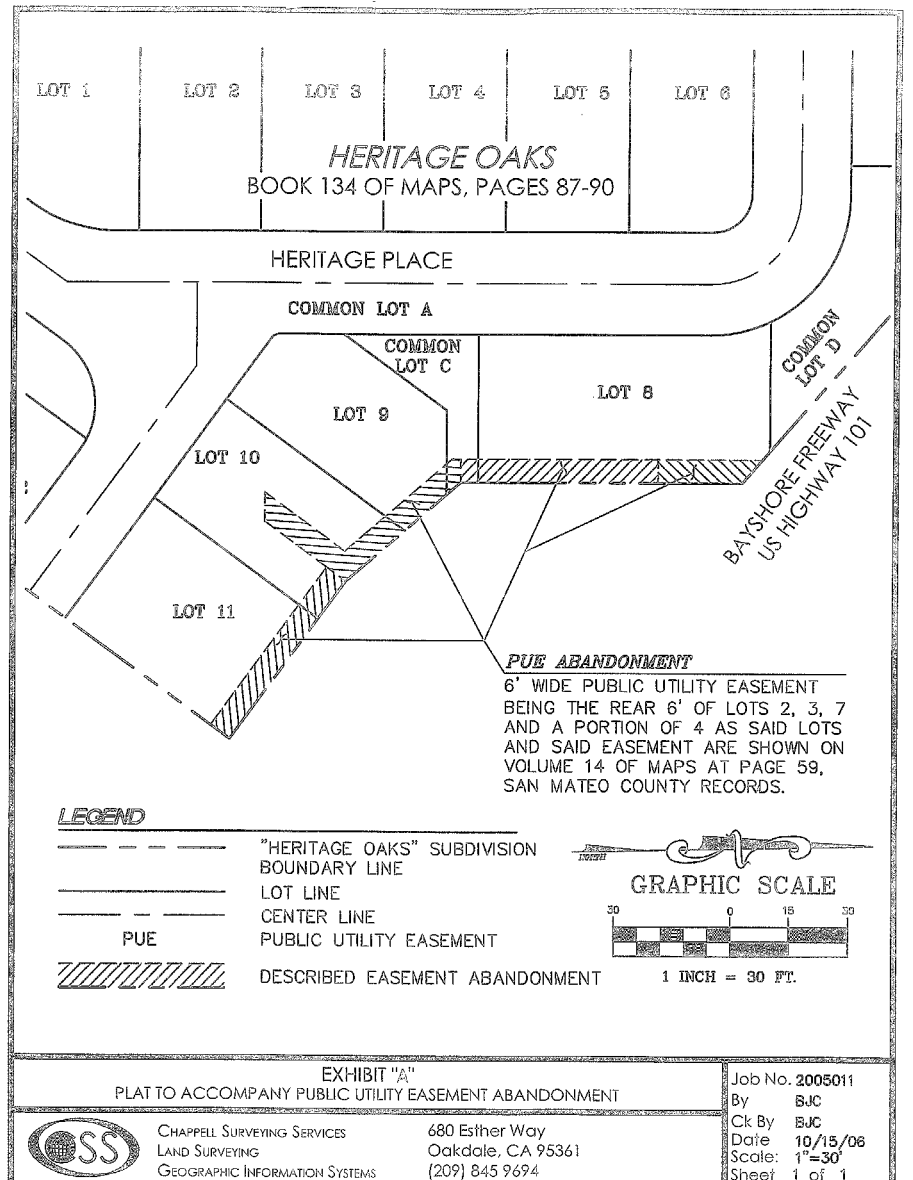
NOTICE IS HEREBY FURTHER GIVEN, that in Resolution No. 5716 said City Council did fix Tuesday, the 23rd day of January, 2007, at 7:00 p.m., of said day, at the Menlo Park City Council Chambers, Civic Center at 701 Laurel Street, Menlo Park, California, as the date, time and place of hearing respecting said proposed abandonment of said portion of the public utility easement at 996-1002 Willow Rd, and

NOTICE IS ACCORDINGLY HEREBY GIVEN, that on said date and at said time and place of the Public Hearing aforementioned, all persons interested in or objecting to the proposed vacation and abandonment may appear and present objections to said proposed vacation and abandonment and submit evidence in support thereof, under and pursuant to the provisions of Section 8300, et. seq., Streets and Highways Code, "Public Streets, Highways and Service Easements Vacation Law".

Reference is hereby made to Resolution No. 5716 and the plat respecting said proposed vacation and abandonment of the PUE at 996-1002 Willow Road, as described above, on file in the office of the City Clerk of the City of Menlo Park, Civic Center, Menlo Park, California, for further particulars, and that said Resolution and plat are hereby incorporated herein and made a part of this Notice.

Silvia M. Vonderlinden, City Clerk

Published in THE COUNTRY ALMANAC on January 3,10, 2007.



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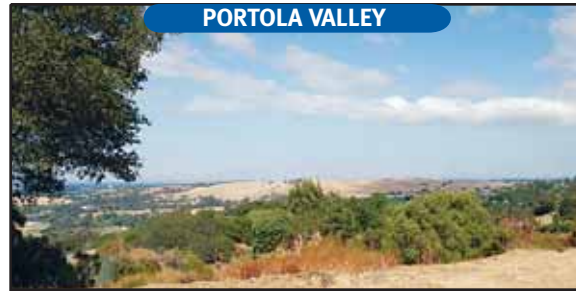
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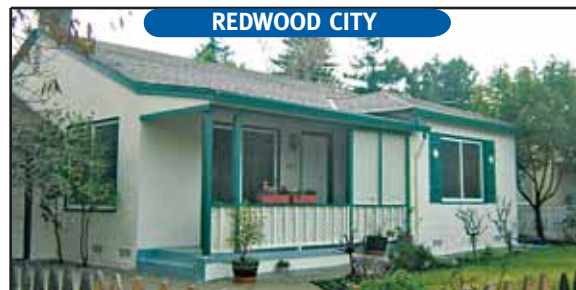
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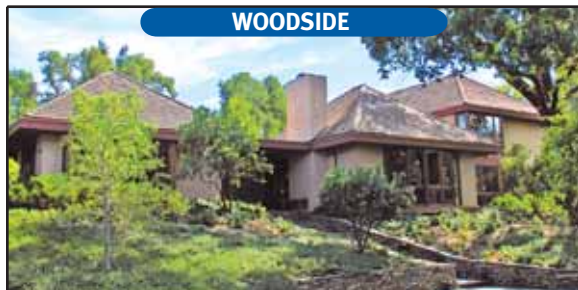
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