



Offering help

Woodside college student's website
 is for families and friends of those with mental illness

Story by Barbara Wood | Photos by Michelle Le



Dr. Steven Adelsheim, director of community partnerships for Stanford's department of psychiatry and behavioral sciences, speaks with **Stacy Drazan**, the mother of Shelby and Mackenzie Drazan, outside the family's barn in Woodside. The two have been working on projects that include trying to start a mental and physical health clinic for adolescents.

Top, left: A photo of Shelby Drazan sits on the piano among other family photos.
Above: Mackenzie Drazan makes notes for her website, which aims to teach everyone about mental health. She lost her sister Shelby to suicide last year.

On the cover: Mackenzie Drazan in the Woodside barn where her family keeps their horses. She rides competitively on a national level, as did her sister.

In the months after Mackenzie Drazan lost her younger sister, Shelby, to suicide last year, the 20-year-old Woodside resident and Duke University sophomore says she learned a lot of things she wished she had known while her sister was still alive.

"When I was trying to help my sister," she says, it was "a very steep learning curve."

Shelby Drazan was 17 when she died in October 2014. Shelby had been diagnosed with severe depression and anxiety

and was struggling with an eating disorder, her sister says.

"It's hard to know even where to start," Mackenzie says. "It's hard to know how to be a sister, how to be a friend" to someone with a mental illness.

She decided a website would help her share what she's learned in the past year. The website, Teaching Everyone About Mental Health, or TEAM, is designed to help the family and friends of those

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RESOURCES

- TEAM Facebook page: facebook.com/teachingeveryoneaboutmentalhealth
- TEAM website: teachingeveryoneaboutmentalhealth.com
- Site that raises research funds: AIMformentalhealth.org
- Australian adolescent mental health program: headspace.org.au

Offering help

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with mental illness.

“Hopefully we can lower the learning curve for everybody else,” she says.

Mackenzie gathered information on the Internet and tried to make it easily accessible, so “everybody can get the information they need in a very concise manner that’s super user-friendly and not complicated,” she says. She wants the site to be “easy to understand, no big words, very much just as if I was having a conversation with someone,” she says, and filled with “really good information.”

The TEAM website, for example, lists “what are the right questions to ask” and what treatments are available for specific illnesses. One section has first-person stories from those who have struggled with everything from depression and alcohol addiction to body image problems or self-doubt. There are links to online mental health screenings and reviews of mental health professionals.

A section called “Help” has step-by-step instructions about situations, such what to do if someone is having a panic attack or a manic episode.

Other advice found on the website under “How-tos” includes ways to encourage a friend or family member to get help, or to help them to stay on their medication.

While Mackenzie put together most of the current version of the website herself, using a mashup of templates from Weebly, WordPress and Squarespace, she had a lot of help finding the content.

Last summer she interned at the Palo Alto Medical Founda-

tion with pediatrician Dr. Amy Heneghan, who introduced her to a number of professionals in the mental health field. They advised her on what was important to include on the TEAM site.

Friends who know how to code are now helping her to refine the website.

Mackenzie also speaks from personal experience with brain disorders. “I have ADD (attention deficit disorder) and I’m also dyslexic. These are things that I will live with forever,” she says. But the problems were diagnosed when she was in second grade and she learned to use tools for coping with them.

“Since I learned how to deal with it early on, it’s not been a barrier,” she says. The analogy she likes is: “I have two boat anchors dragging in the sand behind me, but I learned how to put them in wheelbarrows, so it’s a little bit easier to drag them along.”

She believes that those struggling with more serious mental health issues can also be helped to construct their own “wheelbarrows.”

Her mother, Stacy Drazan, is also supporting projects in the mental health field, including trying to locate adolescent psychiatry beds locally and looking at the possibility of starting an adolescent mental health/physical health center based on the Australian government’s centers called “headspace.”

When Shelby needed to be hospitalized, her mother says, she had to go to Mills Health Center in San Mateo because it has the closest adolescent psychiatric hospital beds. After missing a month of school, Shelby returned to Sacred Heart Prep and made up her missed academic work.



Mackenzie Drazan wears two bracelets with the name of her website, Teaching Everyone About Mental Health, or TEAM, which contains information for the friends and families of those struggling with mental illness.

“She was making a slow progress to coming back to herself,” Stacy Drazan says.

“She was still very active,” Mackenzie says. “If you saw her out in public, unless you knew her really well, you’d have no idea. But (she was) still hurting, so, so much.”

That summer Shelby attempted suicide, her mother says. Shelby then spent a month in a residential program in Southern California and once again “we seemed to have the real Shelby back,” Stacy Drazan says. Shelby was on medication and seeing a therapist, but also back at school, horseback riding competitively on a national level and applying to universities.

And then, just a day after seeing a therapist who noted she was doing well, and after a morning chat with her visiting grandparents about celebrating Christmas, “we lost her,” Stacy Drazan says.

“We only realized she was struggling a year before that,”

her mother says.

The Drazans say they hope talking publicly about what happened to Shelby will ease some of the stigma attached to mental illness.

“A lot of people are struggling,” Stacy Drazan says, “a lot of people especially in this area. We’ve got to help get rid of the stigma so that people can seek help, and earlier.”

“Seeking help earlier will also help so many people not to get to a critical place.”

The brain, she says, “really is just another organ in the body. It doesn’t help to tell someone to be happy. It’s like if you told someone to pick up a 100-pound weight with a broken arm. They couldn’t do it.”

Teaching young people more about mental health is important she says. “Some of it is developmental,” she says. “Understanding that it’s not something wrong with you, but a part of your development like other parts of your body — I think that gives you a stronger

place to work from.”

“The thing about mental health is, it completely ignores socioeconomic conditions,” Mackenzie Drazan says. “It’s totally blind to your race, your ethnicity.” Mental health disorders also are “applicable to everyone, and all ages as well,” she says.

More research is needed. “There’s a huge, huge, huge need for more funding in the field of mental health research,” she says. “Right now the field is like breast cancer was many, many years ago,” she says, with only limited types of treatment even though there are many variants of breast cancer, just as there are many variants of depression and other mental illnesses. “The researchers need to figure out what exactly is happening, so they can offer different treatments,” she says.

One organization the Drazans have supported is Carmel-based AIM for Mental Health, which raises money for the International Mental Health Research Organization.

Mackenzie says all of the work she has done on the website and in learning about mental health issues has inspired her to change her major from political science to an open-ended major where she can chart her own course of study. She plans to focus on subjects such as psychology, communication, technology and social media. “What I want to do,” she says, “is be the bridge” between research on mental health and “the real world” by figuring out how to get that information to the public.

“With one in four people struggling with a mental health condition,” almost everyone knows someone dealing with the issue,” Mackenzie says. “Everybody wants to talk about it — everybody’s just a little scared to talk about it.”

She hopes TEAM will make those conversations easier. ■

Mackenzie Drazan and one of the family’s horses in their Woodside barn. Mackenzie, a sophomore at Duke University, says she took her first horseback ride on her first birthday. She, her mother Stacy and sister Shelby all rode competitively on a national level and Mackenzie still competes.



Calendar

MEETINGS, MUSIC, THEATER, FAMILY ACTIVITIES AND SPECIAL EVENTS

Go to AlmanacNews.com/calendar to see more local calendar listings

Art Galleries

'Painting Local Beauty' New pastel and oil paintings of Monterey and San Francisco peninsulas and Bend, Oregon, by San Mateo artist Jan Prisco. Monday-Saturday, Nov. 2-30, 10:30 a.m.-4:30 p.m. Free. Portola Art Gallery, 75 Arbor Road, Menlo Park. Call 650-321-0220. www.portolaartgallery.com

Classes/Workshops

Introduction to Drawing Explore basics of drawing with pencil, ink and colored pencil. Mondays, Nov. 2-Dec. 7, 7-8:30 p.m. \$120 member; \$130 nonmember; \$25 drop in. Little House Activity Center, 800 Middle Ave., Menlo Park. Call 650-326-2025 ext. 242. www.penvol.org/littlehouse

Printmaking for Adults Peopleologie teaches simple printmaking techniques using items found in the home to create stationary, gift cards, wrapping paper and other items. Nov. 10, 7-8:30 p.m. Free. Menlo Park Library, 800 Alma St., Menlo Park. menlopark.org/library

Clubs/Meetings

Lifetree Cafe: 'The Heroin Addict Next Door' Hour-long conversations on societal impact of heroin addiction and whether a connection exists between early childhood trauma and self-destructive behavior. Nov. 4, 6:30-7:30 p.m.; Nov. 5, 9:15-10:15 a.m. Free. Bethany Lutheran Church, 1095 Cloud Ave., Menlo Park. Call 650-854-5897. facebook.com/LTCMenloPark

Lifetree Cafe: 'True or False: Everything Happens for a Reason' Hour-long conversations on whether everything really happens for a reason. Nov. 11, 6:30-7:30 p.m.; Nov. 12, 9:15-10:15 a.m. Free. Bethany Lutheran Church, 1095 Cloud Ave., Menlo Park. Call 650-854-5897. facebook.com/LTCMenloPark

Community Events

Veterans Day Celebration Peninsula Volunteers' Little House celebrates Veterans Day with speakers, music and food. Complimentary lunches for veterans and their families. RSVP requested. Nov. 11, 11:30 a.m.-1 p.m. \$10 general; free for veterans and their families. Little House Activity Center, 800 Middle Ave., Menlo Park. Call 650-326-2025 ext. 238. www.penvol.org/littlehouse/

Concerts

Veterans Day Band Concert In partnership with the Sequoia High School Alumni Association, the West Bay Community Band will play an evening of pops and patriotic music to honor those who have served in the military. Nov. 11, 7-9 p.m. \$10 in advance; \$15 at the door. Sequoia High School, Carrington Hall, 1201 Brewster Ave., Redwood City. Call 650-366-3173. www.westbaycommunityband.org

Exhibits

'Missing Persons' This diverse exhibition at the Cantor Arts Center — composed of around 50 photographs, prints, artist books

and historical ephemera — captures the loss of those made missing by time, death, disaster, politics or artistic composition. Wednesday-Monday, Nov. 11-March 21, 11 a.m.-5 p.m.; Thursday til 8 p.m. Free. Cantor Arts Center, 328 Lomita Drive, Stanford. museum.stanford.edu

Kids & Families

'Sleeping Beauty and the Beast' North Star Academy and San Carlos Children's Theater stage production of "Sleeping Beauty and the Beast," a comedic play that puts a new spin on classic fairy tales. Nov. 6 and 7, at 7 p.m.; Nov. 8, 1 p.m. 7-8:45 p.m. \$13 in advance; \$15 at the door. McKinley Auditorium, 400 Duane St., Redwood City. www.rcsdk8.net/northstar

Author JoAnne Wetzel Speaking in conversation with Caryn Yacowitz, JoAnne Wetzel discusses her new children's book, "Playing Juliet," which follows a 12-year-old girl who dreams of playing the heroine of Shakespeare's celebrated tragedy. Nov. 9, 7-8 p.m. Free. Kepler's Books, 1010 El Camino Real, Menlo Park. Call 650-324-4321. www.keplers.com/event/joanne-wetzel-conversation-caryn-yacowitz

Film

Romanian Film Festival Centering on the theme "Traveling Shots: Families beyond boundaries," the 5th edition of the Romanian Film Festival will hold two events at Stanford University, presenting films that spotlight individuals whose destinies are shaped by particularities of family and place. There will be panels with the filmmakers. Visit the website for more program and venue information. Nov. 5, 6:30 p.m. (Lathrop); Nov. 8, 1 p.m. (Cubberley). Free. Lathrop Library, Room 224, and Cubberley Auditorium, Stanford. Call 650-996-6609. www.rofilmfestival.com

Your Infinite World: 'A Smithsonian Tour through American History' This film series at Little House will take viewers on a tour of The Smithsonian — a repository of American history holding art, artifacts, scientific specimens and technology — led by Dr. Richard Kurin, historical under secretary. Tuesdays through Nov. 17, 1-3 p.m. \$5 one lecture. Little House Activity Center, 800 Middle Ave., Menlo Park. Call 650-326-2025 ext. 242. www.penvol.org/littlehouse

Health

Donor Sabbath Movie Screening To mark National Donor Sabbath, the Bay Area Association of Kidney Patients will hold a free screening of the movie "Perfect Strangers" and a discussion about kidney donations. The event is open to everyone, regardless of spiritual belief. Nov. 15, noon-3 p.m. Free. Trinity Episcopal Church, 330 Ravenswood Ave., Menlo Park. Call 650-323-2225. www.baakp.org

Food & Drink

Facebook Certified Farmers' Market Sundays, year-round, 10 a.m.-2 p.m. Free. Facebook Parking Lot, 1 Hacker Way, Menlo Park. www.facebook.com/events/1499866463665724/

'Holiday Jewel' theme for Filoli fundraiser

Filoli, the historic estate in Woodside, will hold its annual Holiday Tradition event from Nov. 27 through Dec. 5, with holiday music and decorations — and merchandise at the Holiday Boutique.

Local choral and performing groups will entertain.

This year's event ties in with Filoli's Centennial; the house was built from 1915 to 1917.

Holiday Traditions kicks off Friday evening, Nov. 27, with a party featuring live music, a charcuterie buffet, champagne and wine. Buffet lunches and evening bistro dining will be available with advance reservations during the week.

A children's party for ages 5 to 10, on Saturday, Dec. 5, will include a visit with Santa and



Photo by Darlene Hampton

Filoli's Holiday Traditions fundraising event begins Friday evening, Nov. 27, and runs through Dec. 5.

entertainment.

More than 700 volunteers are working with staff to create Holiday Traditions. Non-members may purchase tickets

by mail or by calling (650) 364-8300, ext.508.

Go to filoli.org for more information and to purchase tickets online.

Portola Valley Farmers' Market Thursdays, year-round, 2-5 p.m. (winter hours). Free. Portola Valley Farmers' Market, 765 Portola Road, Portola Valley. pvfarmersmarket.com

Live Music

Singer-songwriter Patrick Ames Patrick Ames will visit Freewheel Brewing Company every other Tuesday to share his laid-back, Bob Dylan-esque tunes. He also plays covers and is occasionally joined by a special guest. Sept. 8 and 22, Oct. 6 and 20, and Nov. 3 and 17, 7:15-9:30 p.m. Free. Freewheel Brewing Company, 3736 Florence St., Redwood City. www.patrickames.com

On Stage

'Clybourne Park' Palo Alto Players stage "Clybourne Park" by Bruce Norris, a 2012 play about race relations that follows two families moving into the same Chicago neighborhood, 50 years apart. The Nov. 6 performance will be a preview. Nov. 7-22, Thursday, 7:30 p.m.; Friday and Saturday, 8 p.m.; Sunday, 2 p.m. \$32-\$46. Lucie Stern Theatre, 1305 Middlefield Road, Palo Alto. Call 650-329-0891. www.paplayers.org

'Kiss Me, Kate' Broadway By The Bay performs classic musical "Kiss Me, Kate," which follows a musical production of Shakespeare's "The Taming of the Shrew," and the conflict between the director-producer-star and the leading actress. Nov. 6, 7, 14 and 21, 8 p.m.; Nov. 8, 14, 15 and 22, 2 p.m. \$47-\$69. Fox Theatre, 2215 Broadway, Redwood City. broadwaybythebay.org/kiss-me-kate/

'Morts pour la France' Freedom Arts will present the premiere performance of "Morts pour la France," an operatic tribute by local composer William Byron Webster to the historic role that France has played in advancing the cause of human freedom in France and America. Nov. 14, 7-9 p.m. \$30 in advance; \$40 at the door; \$15 student. Bethany Lutheran Church, 1095 Cloud Ave., Menlo Park. Call 650-491-9021. www.freedom-arts.com

'Working for the Mouse' In the coming-of-age tale "Working for the Mouse," playwright and performer Trevor Allen chronicles the life of a costumed performer at Disneyland. Nov. 6 and 7, 7 p.m.; Nov. 8, 2 p.m. \$20. Dragon Theatre, 2120 Broadway, Redwood City. Call 650-493-2006 ext. 2. www.dragonproductions.net/box-office/2015tickets/workingmouse.html

Sports

Authors Dave Newhouse and Gary Singh Dave Newhouse, a sports journalist and columnist formerly with the Oakland Tribune, and Gary Singh, a San Jose native and lifelong San Jose Earthquakes fan, share their books and talk about the early days of the San Francisco

49ers and the Earthquakes. Nov. 10, 7:30 p.m. Free. Kepler's Books, 1010 El Camino Real, Menlo Park. Call 650-324-4321. www.brownpapertickets.com/event/2221673

Jerry Rice book signing for '50 Years, 50 Moments' Famed football player Jerry Rice will make a stop at Kepler's Books to sign his book "50 Years, 50 Moments: The Most Unforgettable Plays in Super Bowl History," in which he breaks down the most iconic, strategic and record-breaking moments of the championship as it approaches its 50th anniversary. Nov. 4, 6:30 p.m. \$32.69 (includes a copy of the book). Kepler's Books, 1010 El Camino Real, Menlo Park. Call 650-324-4321. www.keplers.com/event/jerry-rice-book-signing

Lectures & Talks

'Julia Morgan in San Mateo County' The San Mateo County History Museum will welcome Karen McNeill, Ph.D., a widely respected expert on California architect Julia Morgan, who will give a talk focusing on the handful of buildings she designed on the Peninsula. Nov. 14, 1-2 p.m. \$6. San Mateo County History Museum, 2200 Broadway St., Redwood City. Call 650-299-0104. historysmc.org

'A Community Discussion of the Anti-Corruption Act' San Francisco Peninsula Chapter of Represent.Us., a national grassroots movement for all political persuasions focusing on breaking the connection between money and policy making, will host a talk on the organization and the American Anti-Corruption Act. Questions and discussion will follow. Nov. 7, 2-4 p.m. Free. Redwood Shores Library, Community Room, 399 Marine Parkway, Redwood City. Call 650-346-3571. www.facebook.com/RepresentUs.PeninsulaChapter

'Can the Paris UN Conference on Climate Change save the Planet?' San Mateo County Democracy for America will welcome speakers Drs. Christopher Field and Katharine Mach from the Carnegie Institution for Science. Field is a member of the Intergovernmental Panel on Climate Change and will give his perspective on the historic, upcoming conference. Nov. 4, 7-9 p.m. Free. Woodside Road United Methodist Church, 2000 Woodside Road, Redwood City. Call 650-766-2162. www.smcdfa.org

'Inner Strength and Kindness: Practices for a Wise Life' As part of Stanford's Contemplation by Design week, Jack Kornfield will speak about how a wise education includes the heart as well as the mind, and how training in compassion and mindfulness can foster emotional balance, increase focus, reduce stress, promote self-care and well-being, and more. Nov. 10, 7-8:30 p.m. Free. Stanford Memorial Church, 450 Serra Mall, Stanford. jackkornfield-cbd.eventbrite.com

Author Dan Olsen on 'The Lean Product Playbook' Dan Olsen, a product management expert and Stanford University alumnus, will discuss ideas from his new book "The Lean Product Playbook: How to Innovate with Minimum Viable Products and Rapid Customer Feedback," which lays out a step-by-step methodology for building successful products. Nov. 11, 7:30 p.m. Free. Kepler's Books, 1010 El Camino Real, Menlo Park. Call 650-324-4321. www.brownpapertickets.com/event/2253192

Author Elizabeth Tallent on 'Mendocino Fire' Elizabeth Tallent, an author and Stanford University English professor, will speak in conversation with Shannon Pufahl about Tallent's short story collection "Mendocino Fire: Stories" — her first new work in 20 years. Nov. 12, 7:30 p.m. Free. Kepler's Books, 1010 El Camino Real, Menlo Park. Call 650-324-4321. www.keplers.com/event/elizabeth-tallent-conversation-shannon-pufahl

Distinguished Speaker Series: Richard Williams Former U.S. ambassador Richard Williams will visit Little House to speak about his experiences in the U.S. Department of State, recalling adventures and pivotal moments while being an American diplomat to China leading up to a period of great change. Nov. 5, 2 p.m. Free. Little House Activity Center, 800 Middle Ave., Menlo Park. Call 650-326-2025 ext. 242. www.penvol.org/littlehouse

Enrique Chagoya on 'The Unpredictable Road to Creation' Enrique Chagoya, a professor in Stanford University's Department of Art & Art History, will discuss his own artistic process as it relates to themes in the Cantor Art Center's exhibition "Artists at Work." Nov. 18, 5:30-7 p.m. Free. Cantor Arts Center, 328 Lomita Drive, Stanford. museum.stanford.edu

Gretchen Diebenkorn Grant lecture Gretchen Diebenkorn Grant, the daughter of artist Richard Diebenkorn, will share insights and thoughts on the life and art of her father. The lecture is part of the programming surrounding the Cantor Art Center's special exhibition "Richard Diebenkorn: Sketchbooks Revealed." Nov. 4, 5:30-7 p.m. Free. Cubberley Auditorium, 485 Lasuen Mall, Stanford. museum.stanford.edu

Sibelius Festival Symposium Part of Stanford University's Sibelius Festival, this symposium will assemble thought-provoking voices speaking on the subjects of Jean Sibelius, his music and the history of its reception. It will place new scholarly ideas in the context of the music being performed at the festival throughout the weekend. Nov. 7, 1-4 p.m. Free. Bing Concert Hall, 327 Lasuen St., Stanford. Call 650-725-2694. web.stanford.edu/group/ssso/cgi-bin/wordpress/concerts/sibelius-festival/

★ CALENDAR HIGHLIGHTS

Woodside High School Holiday Boutique At this event held by the Woodside High School PTSA, 50 vendors will sell recycled license-plate gift items, fair trade skin care products, jewelry, kids items, healing stone jewelry, wood crafts and more. Nov. 14, 10 a.m.-3 p.m. \$1 admission. Woodside High School, 199 Churchill Ave., Woodside. woodsidehs-ptsa.org/event/holiday-boutique/

Preschool Fair Parents' Club of Palo Alto and Menlo Park holds annual preschool fair. About 40 local preschools and sponsors will be on hand. Experts will discuss how parents can find the best-fitting school for their child. Nov. 8, 11 a.m.-1 p.m. Free. Computer History Museum, 1401 N. Shoreline Blvd., Mountain View. pampclub.org/site/support/preschool-fair/

Science Night Menlo Park Library's Science Night features a portable planetarium from the Chabot Space & Science Center and opportunities for exploration provided by the Marine Science Institute, TechyKids and more. The free event is best suited for grade-school students up to adults. Nov. 5, 6:30-8:30 p.m. Free. Menlo Park Library, 800 Alma St., Menlo Park. Call 650-330-2501. menlopark.org/library

Singer-songwriter Michael McNevin Menlo Park Library hosts performance by Bay Area singer-songwriter Michael McNevin, a folk music veteran and six-time winner of the West Coast Songwriters Association "Song of The Year" award. Nov. 7, from 11 a.m.-noon. Free. Menlo Park City Council Chambers, 701 Laurel St., Menlo Park. menlopark.org/library

'Light & Shadow' by artist Mark Nardini For its November First Friday event, the Woodside Arts and Culture Committee will present "Light & Shadow," a presentation and demonstration by Bay Area artist Mark Nardini. Light refreshments will be served. Nov. 6, 7 p.m. Free. Woodside Independence Hall, 2955 Woodside Road, Woodside. woodsidedowntown.org/artsandculture/arts-culture-committee-events

RealEstate

Real Estate Matters

Menlo Park median home prices remain in the \$2 million range

By **Hadar Guibara**
Realtor, Sereno Group

The median price of a single-family home in Menlo Park was \$2,150,000 in September, making it the fifth month in a row and the 10th of the last 12 with prices above \$2 million.

Contrast that with the 12 months ending August 2014, when the median price never rose past \$1,975,000.

Little change in volume

Twenty-three homes sold in September, down from 33 in August and 37 in July. Sales for those same months in 2014 were 21, 34 and 47, respectively.

In 2015 through September, 245 homes sold in Menlo Park, for an average of 27.2 per month. The first nine months of 2014 totaled 256 sales, or 28.4 per month.

Taking into account expected winter dips and market seasonality, the sales volume has been remarkably steady here for more than two years. With interest rates staying low (for the time being) and pent-up buyer demand continuing into fall, the consensus is that

this current climate won't change any time soon.

Slight inventory dip

As to how many single-family homes are available for purchase, inventory levels have also been relatively consistent across the last two years, with some predictable decline in winter months and a spike we saw in the spring and summer of 2014.

Sixty-two homes were available for sale during September. The number was 71 in September 2014 and 87 in September two years ago. A total of 474 homes were on the market during the "hot" months from April to September 2014. This season of increased inventory wasn't repeated this year, when the number of available homes across those months fell to 375.

Fast sales are no surprise

So prices are increasing, and inventory is decreasing. What about the speed at which homes are selling? Nothing new here. Average days on the market (DOM) for single-family homes has been



Hadar Guibara

in the teens or low 20s for most of the last two years. Since January 2015, the average monthly DOM passed 21 only once, when it reached 27 in August.

An average of 31 days on the market, like we saw in May 2014 seems quite high to us. The 12 average days on the market last April seems about typical. The truth is, both of these numbers are exceedingly low when compared to a national average of three to five months on the market, depending on what market and time of year you're looking at.

Overall, the Menlo Park housing market is one of the strongest and most consistent in Silicon Valley. We'll keep an eye on the numbers as we move into a season where real estate activity tends to slow down in some communities but might not here.

Hadar Guibara is a Realtor with Sereno Group of Palo Alto. She can be reached at hadar@serenogroup.com.



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Portola Valley **\$5,500,000**
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Ginny Kavanaugh CalBRE #00884747 650.851.1961



Woodside **\$4,549,000**
Estate home on 5 acres w/ gorgeous ocean views. Chef's kitchen, spacious decks & tennis ct! 4 BR/3 full BA + 2 half
Valerie Trenter CalBRE #01367578 650.323.7751



Menlo Park **\$3,595,000**
855 Menlo Oaks. Stunning 0.55 acre lot | Sep FR | Walls of glass for great natural light | Pool. 3 BR/3 BA
Billy McNair CalBRE #01343603 650.324.4456



Menlo Park **\$3,275,000**
Beautifully built, this sun drenched home features quality craftsmanship inside and out. 4 BR/4.5 BA
Hossein Jalali CalBRE #01215831 650.323.7751



Portola Valley **\$3,250,000**
The 2.5+ acres offers a wonderful opportunity to remodel or build new. 177Favonio.com 3 BR/2 BA
Ginny Kavanaugh CalBRE #00884747 650.851.1961



Menlo Park **PENDING** **\$3,195,000**
235 Gloria Circ. Kitchen/great rm opens to backyard | 1 bed down + 3 up | Pool/spa | MP schools. 4 BR/3.5 BA
Billy McNair CalBRE #01343603 650.324.4456



Portola Valley **\$1,850,000**
1/3 ac plus approx. 600 sf IBD/IBA guest cottage. Open LR/DR with high ceilings. 3 BR/2 BA
Jean & Chris Isaacson CalBRE #00542342/01754233 650.851.2666



Menlo Park **\$1,099,998**
1050 Almanor Ave. Quaint cottage style home. Hardwood floors, newly painted inside. Award winning MP schools 2 BR/1 BA
Glenn Bartkowiak CalBRE #01934275 650.324.4456



Redwood City **\$979,000**
Beautiful vws from this private retreat! Peaceful 2/3 ac lot. Charming cabin w/hdwd flrs. 2 BR/2 BA
Buffy Bianchini CalBRE #00878979 650.851.2666



Santa Clara **\$958,000**
Desirable newer home set in a quiet cul-de-sac. Convenient to shopping, Hwy 101 & 880. 4 BR/2.5 BA
Gil Orah CalBRE #01355157 650.325.6161



San Mateo **\$898,888**
1351 Wayne Way. Very clean well appointed kitchen. Living areas have been updated w/ new crown molding. 2 BR/2.5 BA
Glenn Bartkowiak CalBRE #01934275 650.324.4456



East Palo Alto **\$850,000**
Stunning newer home Corner lot in East Palo Alto Gardens. Lots of features. Easy access to commute, shopping. 4 BR/3 BA
Jane Jones CalBRE #01847801 650.325.6161



San Jose **\$759,000**
Extra features & big lot End of the road privacy, remodeled kitchen & baths, bonus 4th bedroom, large sunroom 3 BR/2 BA
Gordon Ferguson CalBRE #01038260 650.325.6161



Menlo Park **\$650,000**
2140 Santa Cuz Ave A207. Popular IBD/IBTH unit at Menlo Commons. This unit overlooks pool & inner courtyard. 1 BR/1 BA
Beth Leathers CalBRE #01131116 650.324.4456

85 GREENOAKS DRIVE, ATHERTON

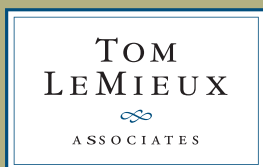
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- Superb new construction by Laurel Homes and Adcon Builders
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- 1-bedroom, 1-bath guest house
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- Pool and spa, heated loggia, fire pit, and barbecue center
- Solar power and electric car hookup
- Approximately .91 acre
- Excellent Menlo Park schools

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The ranch has three living areas, including several ranch houses (one dating back to the 1880s), a barn, stable and other outbuildings along with natural springs and a creek. Details at www.ranchbuyer.com.



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Striking Custom Home with Updated Amenities

Offering truly remarkable views that reach San Francisco Bay, this custom-built 4 bedroom, 3 bathroom home of 4,742 sq. ft. (per seller) features a hillside lot of 4.7 acres (per seller) and seamlessly blends Mid-Century Modern design with spacious living areas, original features, and updated amenities. The striking interior is outfitted with walls of glass, high ceilings, skylights, and dual-zone heating and cooling, while fine, light-filled spaces include a living/dining room ensemble with a fireplace, an airy master suite, and an immense bonus room. Fine features include a wine cellar, a large home office, and an oversized three-car garage, while outdoor highlights include a Zen-inspired gravel court and an expansive wraparound deck with a barbecue. Within this home's scenic Skywood setting, you will be just minutes from popular local attractions like Alice's Restaurant. Thornewood Open Space Preserve and Wunderlich County Park are also close by and provide inviting trails. Excellent schools include Ormondale Elementary (API 923), Corte Madera Middle (API 937), and Woodside High (buyer to verify eligibility).

For video tour & more photos, please visit:

www.155Sunrise.com



Ken DeLeon
CalBRE #01342140



Michael Repka
CalBRE #01854880

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 14700manuella.com
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 1465edgewood.com
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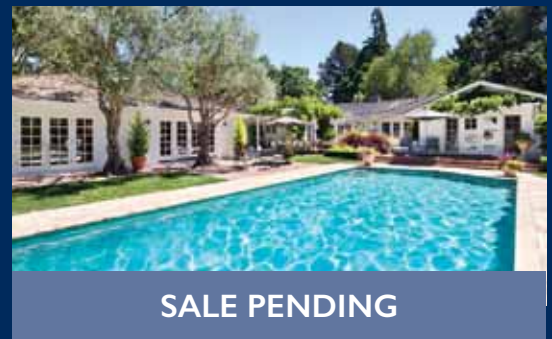


WEST OF THE ALAMEDA
 75 Reservoir Road, Atherton
 75reservoir.com
 Offered at \$11,800,000



Co-listed with Peter Giovannotto
 650.464.1403 | peterg@dreyfussir.com

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 183 Vista Verde Way, Portola Valley
 183vistaverde.com
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Atherton, CA 94027



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Offered At \$14,688,000 www.291AthertonAve.com

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APPOINTMENT ONLY



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\$20,700,000
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OPEN SUN 1:30-4:30



85 Greenoaks, Atherton

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6 BD / 5+ BA

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APPOINTMENT ONLY



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\$5,888,000
4 BD / 4 BA

Iconic Cape Cod Moderne! 2-story grand salon, all remodeled baths & kitchen, huge walk-in master closet, resort grounds & pool.

Geoffrey Nelson, 650.455.3735
geoffrey@geoffreynelson.com

OPEN SAT & SUN 1:30-4:30



180 Greenoaks, Atherton

\$5,300,000
3 BD / 2.5 BA

Main house plus 1BD/1BA guest house. Fully enclosed pool cabana. Updated and spacious ranch home in desirable Lindenwood.

Tom LeMieux, 650.465.7459
tom@tomlemieux.com

SOLD



59 Leon Way, Atherton

\$4,795,000
4 BD / 3 BA

Remodeled home in central Atherton, 4bd/3ba, plus 1bd/1ba guest house. Walk to downtown.

Tom LeMieux, 650.465.7459
tom@tomlemieux.com

APPOINTMENT ONLY



3665 Woodside Road, Woodside

\$4,400,000
3 BD / 2.5 BA / 2,120 SF

Sunny at lot in Woodside. 3.3 acres. Western Hill views.

Cashin Group, 650.465.7459
kristin@kcashinggroup.com

NAPA VALLEY



1677 Whitehall Lane, St. Helena

\$3,995,000
2 BD / 4 BA / 2,072 SF

Beautiful estate home w/ guest cottage. Wrapped in 40 acres of trees + gardens, pool & tennis court

Elliott Faxstein, 707.337.1125
elliott@winevalleyrealestate.com

GREAT LOCATION



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\$2,800,000
4 BD / 2.5 BA

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Cashin Group, 650.465.7459
kristin@kcashinggroup.com

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\$2,495,000
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Tom LeMieux, 650.465.7459
tom@tomlemieux.com

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\$2,100,000
3 BD / 3 BA

Bright and light Living Room with open space, updated kitchen. 24hr Security and doorman, on-site management, gym, pool.

Amy Sung, 650.468.4834
amy@amysung.com

NEW LISTING



950 Elsinore Drive, Palo Alto

\$1,998,000
3 BD / 2 BA

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Nick Granoski, 650.269.8556
nick@granoski.com

NEW LISTING



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\$868,000
2 BD / 2.5 BA

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Darcy Gamble, 650.380.9415

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115 Announcements

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210 Garage/Estate Sales

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Mountain View, 1331 San Domar Dr, Nov 7-8
Moving Sale - Treadmill, Weight Machine, Furniture, Garden Tools, Sewing Machine, and misc items...

Mountain View, 192 Murlagan Ave., Nov 7, 9 - 3
Palo Alto, 2580 Waverly Street, Nov. 7th 10:30-1:00

S'Clara: 958 Homestead; 11/7, 10-3 Veterans Craft Faire Fundraiser Buy American from Local Crafters and Support Veterans. 650-219-1041 EventsALA419@yahoo.com

245 Miscellaneous

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To apply, please mail resumes to B. Tsan, Coursera Inc. 381 E. Evelyn Avenue, Mountain View, California, 94041

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Technical Architecture Manager (RCRNA): Liaise with architects, technical teams, and leadership (both business and IT) across the customer's organization. Position may require travel to various, unanticipated locations. Telecommuting may be permitted.

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809 Shared Housing/ Rooms

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815 Rentals Wanted

Executive Seeks Rental

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825 Homes/Condos for Sale

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855 Real Estate Services

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529-2420



Public Notices

995 Fictitious Name Statement

FABULOUS NAILS

FICTITIOUS BUSINESS NAME STATEMENT

File No.: M-266940

The following person (persons) is (are)

doing business as:

Fabulous Nails, located at 2519 El

Camino Real, Redwood City, CA 94061,

San Mateo County.

Registered owner(s):

CHINH NGUYEN

1163 Morely Ct.

San Jose, CA 95122

VANG VAN HO

1163 Morely Ct.

San Jose, CA 95122

This business is conducted by: A General

Partnership.

The registrant commenced to transact

business under the fictitious business

name(s) listed above on N/A.

This statement was filed with the

County Clerk-Recorder of San Mateo

County on October 8, 2015.

(ALM Oct. 14, 21, 28, Nov. 4, 2015)

WOODHAVEN

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 266930

The following person (persons) is (are)

doing business as:

Woodhaven, located at 12565 La Honda

Rd., Redwood City, CA 94062, San Mateo

County; Mailing address: 148 La Honda

Rd., Woodside, CA 94062.

Registered owner(s):

LINDA FISCHMAN

23500 Cristo Rey Dr. #5186

Cupertino, CA 95014

STANLEY E. FISCHMAN

23500 Cristo Rey Dr. #5186

Cupertino, CA 95014

This business is conducted by: Married

Couple.

The registrant commenced to transact

business under the fictitious business

name(s) listed above on N/A.

This statement was filed with the

County Clerk-Recorder of San Mateo

County on October 7, 2015.

(ALM Oct. 28, Nov. 4, 11, 18, 2015)

CHINO AUTO WORK

FICTITIOUS BUSINESS NAME STATEMENT

File No.: M-266887

The following person (persons) is (are)

doing business as:

Chino Auto Work, located at 2905 Flood

Ave., Redwood City, CA 94063, San

Mateo County.

Registered owner(s):

JUANA SANDOVAL

491 2nd. Ave.

Redwood City, CA 94063

ALVARO VALDERRABANO

491 2nd. Ave.

Redwood City, CA 94063

This business is conducted by: A General

Partnership.

The registrant commenced to transact

business under the fictitious business

name(s) listed above on N/A.

This statement was filed with the

County Clerk-Recorder of San Mateo

County on October 5, 2015.

(ALM Oct. 28, Nov. 4, 11, 18, 2015)

WE HANDLE ALL YOUR LEGAL PUBLISHING NEEDS • Public Hearing Notice • Resolutions • Bid Notices • Notices of Petition to Administer Estate • Lien Sale • Trustee's Sale. THE ALMANAC. CALL 223-6578

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LEGAL
publishing needs

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- PUBLIC HEARING NOTICES
- TRUSTEE'S SALE
- RESOLUTIONS
- BID NOTICES
- LIEN SALE

PROTECT YOUR LEGAL RIGHTS

If it has been 5 years since you filed your Fictitious Business

Name Statement (your D.B.A.), you must file again to protect your legal rights. Check your records now to see if your D.B.A. expires this year. Then call the Almanac for assistance in refiling It's inexpensive and easy.



The Almanac
223-6578



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and

an opportunity for your ad to appear in *The Almanac*, the *Palo Alto Weekly*, and the *Mountain View Voice*.

Coldwell Banker

#1 IN CALIFORNIA



LOS ALTOS HILLS



ELAINE WHITE
650.566.5323
ewhite@cbtnorcal.com
CalBRE #01182467

14123 TRACY CT \$8,888,000
Stunning 7BD/6BA state of the art contemporary home on 1.3 ac, top custom details, pool, backs to greenbelt, au-pair unit, PA Schls. 14123TracyCt.com



WOODSIDE



VALERIE TRENTER
650.888.6930
valerie.trenter@cbtnorcal.com
CalBRE #01367578

12424 SKYLINE BLVD \$4,549,000
Estate home on 5 acres, gorgeous ocean views, sep studio, 7 car garage, chef's kitchen, master suite, tennis ct & spacious decks w/ amazing views.



MENLO PARK



**PAT MCDONNELL/
SOPHIE KIRK**
650.324.4456
CalBRE #01926896/ 01926401

60 POLITZER DR \$3,895,000
Beautifully landscaped w/ brick walkways & patios, sunny seating areas and places to play.



REDWOOD CITY



ERIKA DEMMA
650.740.2970
edemma@cbtnorcal.com
CalBRE #01230766

8 COLTON CT \$3,299,900
Prestigious gated enclave of Parkwood Estates in Emerald Hills. Private lot of over 1/2 ac with pool, pool house & sport court. 8BD/10BA



MENLO PARK



HOSSEIN JALALI
650.740.2233
hdjalali@cbtnorcal.com
CalBRE #01215831

865 MIDDLE AVE \$3,275,000
Beautifully designed and built, this sun drenched home features quality craftsmanship inside and out with exquisite architectural design details.



MENLO PARK



SUE CRAWFORD
650.207.8444
scrawford@cbtnorcal.com
CalBRE #00587710

35 HALLMARK CIR. PRICE UPON REQUEST
Spacious, three-level town home offers a remarkable opportunity. Two bedrooms, two and a half baths, den. Sep dining room. Over 2600 sq ft.



PORTOLA VALLEY



JEAN & CHRIS ISAACSON
650.352.3430
jisaacson@cbtnorcal.com
CalBRE #00542342/01754233

111 CARMEL WAY \$1,850,000
1/3 ac with 3BD/2BA home plus an approx. 600 sf 1BD/1BA guest cottage. Open LR/DR w/high ceilings, open kitchen & adjoining FR, stunning master suite.



MENLO PARK



LYN JASON COBB
650.324.4456
lynjason.cobb@cbtnorcal.com
CalBRE #01332535

204 RAVENSWOOD AVE \$1,650,000
Well located home near Menlo Park & Palo Alto. Blocks to the train. Very private. Large rooms, high ceilings, excellent floor plans & community pool.



WOODSIDE | OPEN SAT/SUN



MARGOT LOCKWOOD
650.400.2528
homes@margotlockwood.com
CalBRE #01017519

610 WOODSIDE WY \$1,395,000
This spacious home has an open floor plan w/decks & spa with views of western hills. Large 1BD/1BA with huge loft & lots of storage. Woodside Schools.

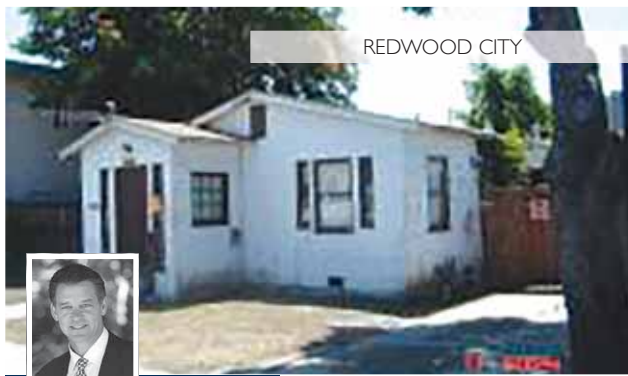


REDWOOD CITY | OPEN SAT/SUN 12:30-4:30PM



GIL ORAHA
650.889.0889
CalBRE #01355157

1031 HARRISON AVE \$968,000
Ranch style home in sought-after neighborhood. Fantastic opportunity to update, remodel, build new. Private yard w/veg beds. Easy access downtown RC.



REDWOOD CITY



PAUL SKRABO
650.619.8092
pskrabo@yahoo.com
CalBRE #00665727

1336 HANCOCK ST \$788,000
Well located commercial/residential zoned. Many permitted uses for this property. Existing home in poor condition.



MENLO PARK | MENLO COMMONS



BETH LEATHERS
650.324.4456
beth.leathers@cbtnorcal.com
CalBRE #01131116

2140 SANTA CRUZ AVE #A207 \$650,000
Popular one bedroom/one bath stretch unit at Menlo Commons. This unit overlooks pool and inner courtyard. HOA fee \$591/month



CaliforniaMoves.com

californiahome.me

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